

THE RELATION BETWEEN EXECUTIVE FUNCTIONING AND DRIVING ERRORSIN A SAMPLE OF YOUNG NOVICE DRIVERS WITH AN AUTISM SPECTRUM DISORDER Verer Ross. Ellen M. Joneen. Marieen Varvuchelen. Kris Brits, Giovanni Vanroelen. Irene Malta

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### Driving $\rightarrow$ autonomy

ASD: Difficulties with autonomy

- Driving contributes to independence Driving allows development/maintenance of social and work-related contacts
  - People with ASD depend highly on friends and family for their transportation





# Driving: complex & goal-oriented

Different tasks

- Parallel
- Switching
- E.g., shifting, steering, changing lanes, ...

In a dynamic environment

With risk of distraction

- Passenger
- Phone
- ...



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#### ......

Driving: complex & goal-oriented

Unknown routes and complex driving environments



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# Driving: complex & goal-oriented

Sudden changes in the environment E.g., traffic density, weather conditions





#### Driver error



Errors  $\rightarrow$  by-products of EF (e.g., information processing)

Young novice drivers → more driver errors



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## Driver error taxonomy

Underlying mechanism	Example		
Action	Press the accelerator instead of brake, following		
	too close		
Cognition and decision-making	Wrongly assume a vehicle will not enter path,		
	misjudge speed of oncoming vehicle		
Observation	Fail to observe offside mirror when changing		
	lanes, fail to observe appropriate area		
Information retrieval	Misread road sign, only retrieve part of		
	information required		
Violation	Intentionally speed, overtake on the inside		

# Executive functioning

Executive functions (EFs) enable to flexibly perform goal-directed actions

	Executive functions (work together in various combinations)			ations)	
Activation	Focus	Effort	Emotion	Memory	Action
Organizing, prioritizing, and activating to work	Focusing, sustaining, and shifting attention to tasks	Regulating alertness, sustaining effort, and processing speed	Managing frustration and modulating emotions	Utilizing working memory and accessing recall	Monitoring and self- regulating action

Brown, T.E. (2001). Manual for Attention Deficit Disorder Scales for Children and Adolescents

#### Possible EF dysfunctions in ASD



# Executive functioning

Previous research has related EFs to driving



# Objectives

Increased driver errors in ASD?

EF difficulties in driving-related EF in ASD?

Relation driving-related EF and driver errors?

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# Participants

19 novices with ASD

21 typically developing novices

Aged 17-25

Maximum 2 years of driving experience

Driving simulator





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### 14 Driving measures

...

Collisions (number) Brake reaction time Mean time to collision Speed exceedance (number, value, time) Centre line crossings (number, value, time) Red-light running (number)

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# Example: road hazards



### Covariates/predictors

Sex Driving experience Inhibition UFOV Working memory

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# Executive functioning tasks



## Differences in performance

Little for driving

Only sum of collision  $\rightarrow$  marginal p,09; ASD worse

#### EF

Inhibition  $\rightarrow$  no difference

UFOV  $\rightarrow$  p ,02; ASD worse

WM  $\rightarrow$  p ,01; ASD worse

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# Underlying mechanisms ASD group





# Limitations

Small N  $\rightarrow$  could have lowered significance levels

Driving simulation validity and fidelity

Not able to distinguish workload/stress



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# Conclusions and implications

No obvious differences in driving performance

Dual processes Reliance on EF differs (and more in ASD)

Less risk in ASD males!?

Despite limitations, interesting preliminary results





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