

# EVALUATING FITNESS TO DRIVE IN ELDERLY WITH SUBJECTIVE COGNITIVE DECLINE

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## Medical doctors (MDs)

- are often asked for their advice in driver fitness issues in elderly patients
- opinions are important for elderly deciding to resume/cease driving.
- are reluctant to advice their patient confronted with age-related functional changes
  - scared to harm patient-caregiver relationship
  - lacking objective assessments instruments.

Therefore, referrals for fitness to drive evaluations are high.

These comprehensive screenings are stressful for elderly and costly for society. A more detailed functional assessment screening might reduce the need for full fitness to drive assessments.



## Screening set of functional ability tests (visual, motor, cognitive) predictive of on-road driving ability

### ASSESSMENT OF FUNCTIONAL ABILITIES



### ON-ROAD DRIVING (mimicking legal fitness to drive procedure)



## ON-ROAD TEST

34 102

65% **PASS** **FAIL** 35%

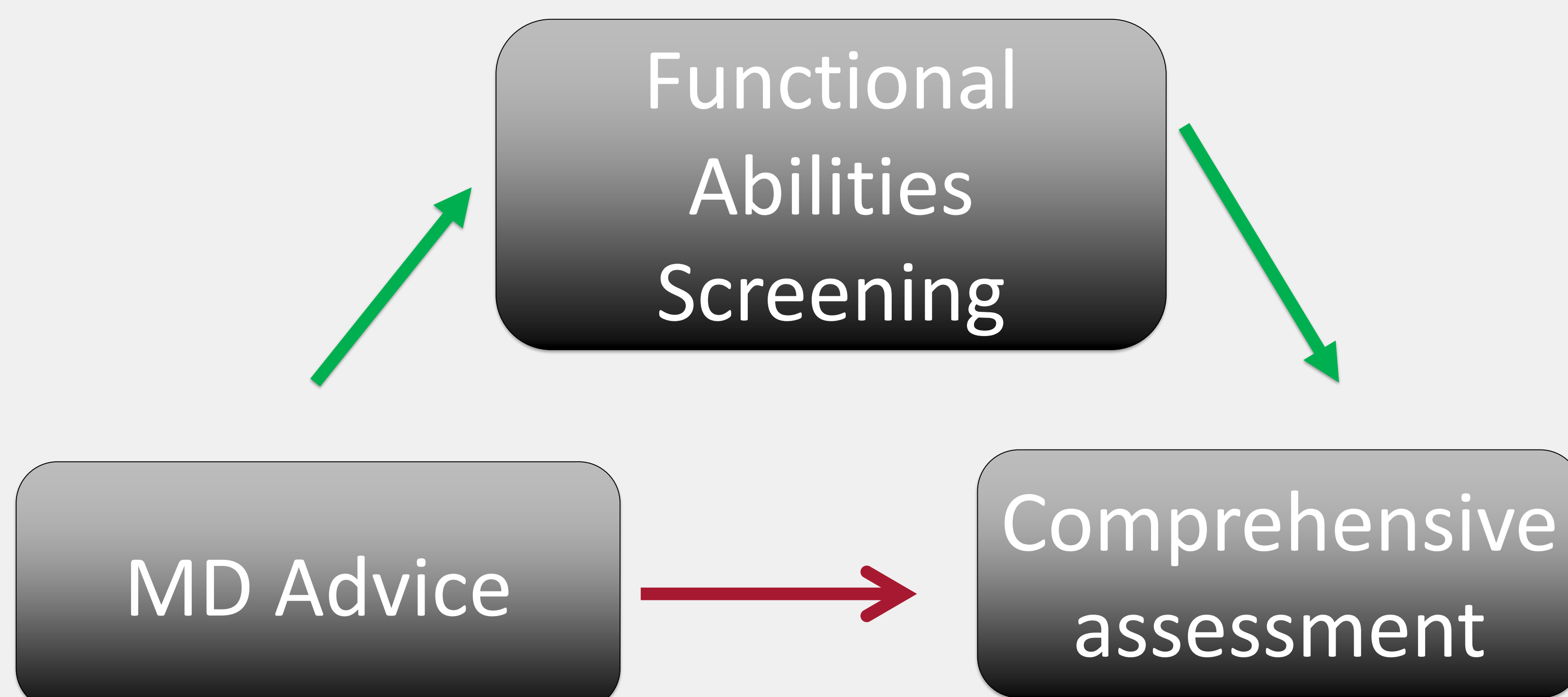
## BEST PREDICTORS OF FITNESS TO DRIVE

Snellen chart  
Functional Reach Test  
Stroke Driver Screening Assessment

Visual acuity  
Balance/Flexibility  
Knowledge of Road Signs

## FUTURE

- 3-tiered assessment system
- Economic benefit for society
- Personal benefit for the older driver: less stressful evaluation
- Detailed individual functional assessment
- Personalized Driver Training?



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