

Histamine-mediated potentiation of transient receptor potential (TRP) ankyrin 1 and TRP vanilloid 4 signaling in submucosal neurons in patients with irritable bowel syndrome

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Balemans, D; Aguilera-Lizarraga, J; Florens, M V; Jain, P; Denadai-Souza, A; Viola, M F; AGUIAR ALPIZAR, Yeranddy; Van Der Merwe, S; Vanden Berghe, P; Talavera, K; Vanner, S; Wouters, M M & Boeckxstaens, G E (2019) Histamine-mediated potentiation of transient receptor potential (TRP) ankyrin 1 and TRP vanilloid 4 signaling in submucosal neurons in patients with irritable bowel syndrome. In: American journal of physiology. Gastrointestinal and liver physiology, 316 (3) , p. G338-G349 -G349.

DOI: 10.1152/ajpgi.00116.2018

Handle: <http://hdl.handle.net/1942/30194>

1 **Histamine-mediated potentiation of TRPA1 and TRPV4 signaling in**
2 **submucosal neurons in IBS patients**

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4 **Running head: Histamine-mediated TRPA1 and TRPV4 sensitization in IBS**

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26

27 **Abstract**

28 Previously, we showed histamine-mediated sensitization of TRP vanilloid 1 (TRPV1) in
29 patients with irritable bowel syndrome (IBS). Sensitization of TRP ankyrin 1 (TRPA1) and TRP
30 vanilloid 4 (TRPV4) are also involved in aberrant pain perception in preclinical models of
31 somatic pain. Here, we hypothesize that in parallel with TRPV1, histamine sensitizes TRPA1
32 and TRPV4, contributing to increased visceral pain in patients with IBS. Rectal biopsies were
33 collected from IBS patients and healthy subjects (HS) to study neuronal sensitivity to TRPA1
34 and TRPV4 agonists (cinnamaldehyde and GSK1016790A) using intracellular Ca²⁺ imaging. In
35 addition, the effect of supernatants of rectal biopsies on IBS patients and HS was assessed
36 on TRPA1 and TRPV4 responses in murine dorsal root ganglia (DRG) sensory neurons. Finally,
37 we evaluated the role of histamine and histamine 1 receptor (H₁R) in TRPA1 and TRPV4
38 sensitization. Application of TRPA1 and TRPV4 agonists evoked significantly higher peak
39 amplitudes and percentage of responding submucosal neurons in biopsies of IBS patients
40 compared to HS. In HS, pretreatment with histamine significantly increased the Ca²⁺
41 responses to cinnamaldehyde and GSK1016790A, an effect prevented by H₁R antagonism.
42 IBS supernatants, but not of HS, sensitized TRPA1 and TRPV4 on DRG neurons. This effect
43 was reproduced by histamine and prevented by H₁R antagonism. We demonstrate that the
44 mucosal microenvironment in IBS contains mediators, such as histamine, which sensitize
45 TRPV4 and TRPA1 via H₁R activation, most likely contributing to increased visceral pain
46 perception in IBS. These data further underscore H₁R antagonism as potential treatment for
47 IBS.

48

49 **Key words:** TRP channels; sensitization; histamine 1 receptor, visceral hypersensitivity

50

51 **New and Noteworthy**

52 We provide evidence for histamine-mediated TRPA1 and TRPV4 sensitization in IBS via
53 histamine 1 receptor activation, most likely contributing to increased visceral pain
54 perception. Our results reveal a general role of sensory TRP channels as histamine effectors
55 in the pathophysiology of IBS, and provide novel mechanistic insights into the therapeutic
56 potential of H₁R antagonism in IBS.

57

58 **Introduction**

59 Irritable bowel syndrome (IBS) is the most frequently diagnosed disorder by
60 gastroenterologists worldwide, affecting over 10% of the western population (19). IBS is a
61 functional gastrointestinal disorder characterized by recurrent abdominal pain or discomfort
62 associated with altered defecation pattern in the absence of an organic cause (33). Visceral
63 hypersensitivity (VHS) or aberrant pain perception is present in up to 60% of the patients
64 and represents one of the hallmarks of IBS (9, 25, 30). The underlying pathophysiological
65 mechanism of VHS is however not fully understood.

66 Upregulation and/or sensitization of nociceptors, in particular of transient receptor potential
67 (TRP) channels, is recognized to play a major role in somatic pain (29, 31). For example,
68 potentiation of TRP vanilloid 1 (TRPV1), TRP vanilloid 4 (TRPV4) and TRP ankyrin 1 (TRPA1)
69 induces mechanical and thermal hyperalgesia in mice treated with the chemotherapeutic
70 drug paclitaxel (15). Furthermore, TRPV4 sensitization and upregulation in trigeminal
71 sensory neurons was described in an inflammatory model of temporomandibular joint pain
72 (14). In parallel to their role in somatic pain perception, altered TRP channel function is also
73 recognized as an important mechanism underlying aberrant visceral pain (20). Especially
74 TRPV1, the capsaicin receptor, has repeatedly been shown to be involved in VHS. TRPV1
75 expression is increased in preclinical models of VHS (1, 32), while sensitivity to colorectal
76 distention is decreased by TRPV1 antagonists (41, 42) and reduced in *Trpv1* knock-out mice
77 (23).

78 Similar to TRPV1, evidence is accumulating supporting an important role for TRPV4 in
79 visceral pain. TRPV4 can be activated by mechanical force, osmotic pressure or innocuous
80 temperature (27-34°C). Intracolonic infusion of supernatants from IBS biopsies, but not from

81 healthy subjects (HS), induced VHS in mice, while knockdown of TRPV4 inhibited this
82 hypersensitivity (13). Furthermore, human serosal nociceptor mechanosensitivity is
83 attenuated by application of the TRPV4 antagonist HC067047, further underscoring the
84 potential role of TRPV4 in visceral pain perception (27). Along the same line, TRPA1 is
85 suggested to play a role in visceral pain in preclinical models (7, 10, 16). TRPA1 is activated
86 by cold, pungent compounds such as allyl isothiocyanate (AITC), and mechanical distention.
87 Intracolonic administration of AITC in rodents results in an increased visceromotor response,
88 which is absent in *Trpa1* knock-out mice (7, 10, 16). Taken together, these data demonstrate
89 that TRPA1 and TRPV4 are involved in VHS.

90 Altered TRP channel function can be induced by several pro-inflammatory factors, including
91 mast cell mediators that play an important role in IBS (3, 5, 20). Previously, we showed that
92 sensitization of TRPV1 in rectal submucosal neurons of IBS patients was produced by the
93 mast cell mediator histamine via activation of histamine 1 receptor (H₁R) (4, 44).
94 Furthermore, treatment of IBS patients with the H₁R antagonist ebastine resulted in
95 significant improvement of abdominal pain (44) suggesting that H₁R-mediated sensitization
96 of TRPV1 and possibly other TRP channels underlies increased abdominal pain in IBS. In line
97 with this, histamine can also sensitize TRPV4 both *in vitro* and *in vivo* resulting in VHS in mice
98 (12). Although submucosal neurons are not involved in visceral pain perception, it should be
99 emphasized that visceral afferent sensory neurons reside in the same environment and thus
100 will be exposed to the same environmental triggers. Therefore, evaluation of submucosal
101 neurons in biopsies indirectly support a role for neuronal sensitization in IBS. To date, human
102 data supporting a role for histamine-driven TRPA1 and TRPV4 potentiation in IBS patients is
103 however lacking.

104 Based on the data above, we hypothesized that histamine-induced TRPA1 and TRPV4
105 sensitization, in parallel to TRPV1, could be involved in VHS in patients with IBS, thereby
106 explaining the previously reported beneficial effect of the H₁R antagonist ebastine in IBS
107 (44). To test this, we compared the response of IBS and HS rectal submucosal neurons to
108 TRPA1 and TRPV4 agonists. Moreover, we assessed the ability of histamine and IBS biopsy
109 supernatants to sensitize these TRP channels in primary cultured murine dorsal root ganglion
110 (DRG) neurons.

111

112 **Materials and Methods**

113 Study subjects: Healthy subjects (HS, n=38, median age=24 years, IQR=23-47, 21F) were
114 recruited by public advertisement, were free of abdominal symptoms, had no history of
115 gastrointestinal disease, no previous gastrointestinal surgery and were not on
116 gastrointestinal medication. IBS patients (n=39, median age=31 years, IQR=24-53, 30F) were
117 recruited from the outpatient clinic of the University Hospital Leuven and had to fulfill the
118 ROME III criteria for IBS. All participants were invited to undergo a proctoscopy to collect
119 rectal biopsies. Not every subject participated to all sub-protocols described below. Ethical
120 committee of the University Hospitals Leuven approved the protocols (ref. S55484).
121 Informed consent was obtained from all participants.

122 Rectal proctoscopy and biopsy preparation: During the rectal proctoscopy, biopsies were
123 taken by experienced endoscopists using standard biopsy forceps (single-use biopsy forceps
124 without pin; Onis, Lasne, Belgium). After collection, biopsies were immediately immersed in
125 ice-cold (4°C) Krebs solution (in mM: 120.9 NaCl, 5.9 KCl, 1.2 MgCl₂, 2.5 CaCl₂, 11.5 glucose,
126 14.4 NaHCO₃ and 1.2 NaH₂PO₄) previously oxygenated (95% oxygen/5% carbon dioxide), and
127 kept on ice for transport. Biopsies were subsequently carefully stretched and pinned flat in a

128 Sylgard-lined Petri dish and dissected under a stereomicroscope while continuously perfused
129 with oxygenated (95% oxygen/5% carbon dioxide) ice-cold Krebs solution. The inner
130 submucous layer was carefully removed from the mucosa using watchmaker's forceps. Then,
131 the tissue was gently stretched and pinned flat in a special recording chamber (own design)
132 in which in and outflow volume could be tightly controlled.

133 Ca²⁺ imaging of human submucosal neurons: Submucosal plexuses were loaded with 1 μ M
134 Fluo-4 AM (Molecular Probes, Invitrogen, Merelbeke, Belgium) to perform intracellular Ca²⁺
135 imaging as previously described (17, 44). Next, the recording chamber was mounted onto an
136 upright Zeiss Examiner microscope equipped with a 20 \times (NA 1) water dipping lens and
137 coupled to a monochromator (Poly V) and cooled CCD camera (Imago QE) both from TILL
138 Photonics (Gräfelfing, Germany). A gravity-fed perfusion system ensured continuous and
139 constant perfusion (1 mL/min) of the preparation with 95% oxygen/5% carbon dioxide-
140 gassed Krebs solution (at room temperature) and excess solution was removed via a
141 peristaltic suction pump, which kept the experimental volume constant (3 mL). Fluo-4 was
142 excited at 475 nm, and its fluorescence emission was collected at 525/50 nm. Images were
143 acquired at 2 Hz and collected by TillVision software (TILL Photonics, Oberhausen, Germany).
144 Data were analyzed by custom-written macros in IGOR PRO (Wavemetrics, Lake Oswego,
145 Oregon, USA). Neurons within ganglia were selected based on Fluo-4 signal and morphology
146 (big round shape, surrounded by glial cells and enclosed within nerve fibers). These were
147 only included in the analysis when a sharp Ca²⁺ response was displayed after perfusion with
148 high-K⁺ concentration (75nM) (Figure 1A, B). Thus, any other intra-ganglionic non-neuronal
149 cell was excluded. Moreover, neurons over- or under-lapped by a nerve fiber or blood
150 vessels were excluded to avoid non-specific Ca²⁺. Regions of interest were drawn over each

151 neuron, fluorescence intensity was normalized to the basal fluorescence at the onset of the
152 recording for each region of interest and peaks were analyzed. Background auto-
153 fluorescence and the bleaching was thereof corrected using a Runge-Kutta iterative
154 deconvolution algorithm assuming monoexponential fluorescence decay. Fluorescence
155 intensities were normalized and expressed as a $\Delta F/F_0$ ratio (F_0 = baseline fluorescence) and
156 percentage of responsive neurons.

157 The responses of HS and IBS submucosal neurons to the TRPA1 agonist cinnamaldehyde (CA;
158 10 nM and 1 μ M; Sigma-Aldrich, Diegem, Belgium) and to the TRPV4 agonist GSK1016790A
159 (0.1 and 1 nM; Sigma-Aldrich) were compared. The perfusion rate was 1 mL/min for 5
160 seconds. In addition, we evaluated the effects of 10min and overnight pre-incubation with
161 10-100 μ M histamine (Sigma-Aldrich) on the responses of HS submucosal neurons to CA (10
162 nM) and GSK1016790A (0.1 nM). Finally, we also evaluated the TRPA1- and TRPV4-mediated
163 responses after pre-incubation with 10 μ M histamine combined with 1 μ M pyrillamine
164 (Sigma-Aldrich) in HS submucosal neurons.

165 Animals: All animal experiments were carried out in accordance to the European Community
166 Council guidelines and were approved by the local ethics committee of the KU Leuven (ECD
167 P157/2014). Ten- to 12-week-old male mice were used in all experiments. C57Bl6 mice were
168 purchased from Janvier Lab (France) and *Hrh1* knock-out (KO) mice from Oriental Bioservice,
169 INC (Kyoto, Japan). In addition, *Trpv1* knock-out mice were obtained from The Jackson
170 Laboratory (<http://jaxmice.jax.org/strain/003770.html>). *Trpv1/Trpv4* double KO mice were
171 obtained from an in-house breeding program. All knockout mice were backcrossed at least
172 10 times in the C57Bl/6 background. Mice were housed under identical conditions, with a

173 maximum of four animals per cage on a 14/10-hours light/dark cycle and with food and
174 water ad libitum.

175 Ca²⁺ imaging of murine DRG neurons: The lumbosacral (L5-S2) dorsal root ganglia (DRG) from
176 3 to 4 adult mice were bilaterally excised under a dissection microscope. The ganglia were
177 washed in 10% fetal calf serum Neurobasal A medium (basal medium) and then incubated
178 (95% air, 5% CO₂) at 37°C in a mix of collagenase of 1 mg/mL (Gibco, Gent, Belgium) and
179 dispase of 2.5 mg/mL (Gibco) for 45 min. Digested ganglia were gently washed twice with
180 basal medium and mechanically dissociated in B27-supplemented (2%) Neurobasal A
181 medium (Invitrogen, Gent, Belgium) containing GDNF of 2 ng/mL (Invitrogen, Gent, Belgium),
182 NT4 of 10 ng/mL (Peprotech, London, UK), 100 µg/mL penicillin/streptomycin (Invitrogen,
183 Gent, Belgium) and Glutamax (Invitrogen) (complete medium). Neurons were seeded on
184 poly-L-ornithine or poly-D-lysine/laminin-coated glass coverslips and cultured for 12-18 h at
185 37°C. Cultured DRG neurons were subsequently loaded with 2 µM Fura-2AM for 20 min at
186 37°C.

187 DRG neurons were exposed to 10 µM CA before and after acute application (10 min) of
188 histamine (10 µM). These experiments were repeated in *Hrh1* knock-out mice or in the
189 presence of the H₁R antagonist pyrilamine (1 µM) in wild-type (WT) mice. TRPA1-expressing
190 neurons were identified by application of 300 µM CA at the end of the protocol. The
191 response of DRG neurons to GSK1016790A (1 µM) was determined before and after acute
192 (10 min) incubation with 10 µM histamine. In other experiments, DRG neurons were
193 incubated overnight with vehicle (Krebs) or 10/100 µM histamine and exposed to 1 µM
194 GSK1016790A. These experiments were performed in the presence of the TRPV1 antagonist
195 SB-366791 or in cells isolated from *Trpv1* knock-out mice, since high doses of GSK1016790A

196 can activate TRPV1. In accordance with TRPA1, these experiments were repeated in *Hrh1*
197 knock-out mice or in the presence of pyrillamine (1 μ M) in WT mice.

198 Finally, rectal biopsies from HS and IBS patients were overnight (ON) incubated in RPMI
199 (Lonza, Verviers, Belgium) supplemented with fetal calf serum (10%) (Pan Biotech,
200 Aidenbach, Germany), Penicillin/Streptomycin (1%) (Lonza, Verviers, Belgium) and
201 Amphotericin B/gentamycin (0.2%) (Invitrogen, Gent, Belgium) at 37°C, 5% CO₂. Twenty-four
202 hours later, supernatants were collected and stored in -80°C until murine DRG neurons were
203 incubated ON with 142 μ L of these supernatants derived from either HS or IBS patients in
204 the presence or absence of histamine (10 μ M for TRPA1 activation or 100 μ M for TRPV4
205 activation) with or without pyrillamine (1 μ M). Thereafter, we evaluated the responses of
206 these cells to CA (10 μ M) and GSK1016790A (1 μ M in the presence of 1 μ M SB-366791).

207 The intracellular Ca²⁺ measurements were performed using a monochromator-based
208 imaging system consisting of either a Polychrome IV monochromator (Till Photonics,
209 Martinsried, Germany) and a Roper Scientific (Tucson, AZ, USA) CCD camera connected to a
210 Zeiss (Oberkochen, Germany) Axiovert 200M inverted microscope, or on an Olympus (Tokyo,
211 Japan) CellM[^] system. The fluorescence intensity was measured during excitation at 340 and
212 380 nm, and the ratio of the fluorescence intensity at both excitation wavelengths
213 (F340/F380) was monitored. Intracellular Ca²⁺ concentrations were determined as previously
214 described (39). Experiments were performed using standard Krebs solution (containing in
215 mM: 120.9 NaCl, 5.9 KCl, 1.2 MgCl₂, 2.5 CaCl₂, 11.5 glucose, 14.4 NaHCO₃ and 1.2 NaH₂PO₄).

216 To identify neurons in the DRG cultures we applied a Krebs-based solution in which the KCl
217 concentration was increased to 45 mM by iso-osmotic substitution of NaCl. The baseline was
218 monitored for 120 s and the chamber was thereafter superfused with the TRP agonists.

219 RNA extraction and RT-qPCR: RNA was extracted from mouse DRG which were overnight
220 incubated with histamine (10 – 100 μ M) and from 5 – 10 mg human rectal biopsies which
221 were stored in RNA later (Qiagen Benelux, Venlo, The Netherlands), using RNeasy minikit
222 (Qiagen, Hilden, Germany). cDNA of 2 μ g total RNA was synthesized using qScript cDNA
223 supermix (Quanta Biosciences, Gaithersburg, Maryland, USA) according to the
224 manufacturer's instructions. RT-qPCR was performed for quantification of neuronal TRPV4
225 and TRPA1 mRNA expression FastStart Essential DNA Green Master (Roche GmbH,
226 Mannheim, Germany) relative to the housekeeping gene β -actin (primer sequences are
227 listed in Table 2). Wells of an AmpliStar 96 Well LC480 QPCR Plate (Westburg, Leusden, The
228 Netherlands) were loaded with 2.5 μ L of each cDNA sample together with 5 μ L FastStart
229 Essential DNA Green Master (Roche GmbH, Mannheim, Germany), 0.2 μ L oligonucleotides
230 (10 μ M) and 2.3 μ L RNase Free Water (Applied Biosystems, Halle, Belgium). Gene expression
231 was normalized to the endogenous reference gene β -actin and the relative gene expression
232 was calculated as $2^{-\Delta\Delta C_t}$ (26).

233 Immunohistochemistry: To evaluate the translocation of TRPA1 and TRPV4 to the membrane
234 upon stimulation, cultured DRG neurons were incubated with 10-100 μ M histamine or
235 vehicle for 10 minutes or overnight (for TRPA1 and TRPV4, respectively). Cells were then
236 fixed in PFA 4% for 15 minutes before permeabilization in Triton 0.1% for 10 minutes. After
237 blocking in 5% Donkey serum for 3h, cells were stained with rabbit anti-TRPA1 (1:200,
238 Alomone Labs, Jerusalem, Israel) or rabbit anti-TRPV4 (1:200, Alomone Labs, Jerusalem,
239 Israel) overnight. After washing, cells were incubated with goat anti-rabbit Cy3 (1:500,
240 Jackson ImmunoResearch, West Grove, PA, USA) for 2 hours and DAPI for 15 minutes.

241 Confocal images were taken with a Zeiss LSM510 confocal microscope in the Cell Imaging
242 Core (CIC), University of Leuven.

243 Translocation of TRPA1 or TRPV4 to the membrane of the cell was measured with ImageJ, as
244 a ratio of the TRPA1 or TRPV4 fluorescence intensity (expressed as mean gray value) in the
245 membrane area on the TRPA1 or TRPV4 fluorescence intensity in the cytoplasm, both
246 normalized to the background. Total TRPA1 and TRPV4 was quantified combining the TRPA1
247 or TRPV4 fluorescence intensity in the membrane and in the cytoplasm. Areas of interest
248 were defined using phase contrast images of the cells.

249 Statistics: All statistical analyses were performed using Graphpad Prism 7.04 (La Jolla, USA).
250 Continuous data were summarized by their mean and standard deviation. When deviations
251 from normality were observed by the use of Shapiro-Wilk normality test, medians and
252 interquartile values were presented. Comparisons between groups were made using a t-test
253 or Wilcoxon rank-sum test, as appropriate. Statistical significance is assumed when $p \leq 0.05$
254 after Bonferroni correction for multiple testing.

255 Statistical analyses of the peak F340/380 ratios for the Ca^{2+} imaging experiments were
256 performed after correction for the individual baseline Ca^{2+} , using Graphpad Prism. Values are
257 expressed as means \pm SEM from n cells. When deviations from normality were observed by
258 the use of Shapiro-Wilk normality test, medians and interquartile values were presented.
259 Statistical comparisons were performed by a Wilcoxon signed rank test (for 2 groups) or
260 Mann–Whitney U test as appropriate or ANOVA (for more than 2 groups). Categorical data
261 were analyzed by Fischer’s exact test.

262

263 **Results**

264 Study subjects

265 A total of 39 IBS patients fulfilling the ROME III criteria and 38 HS were included. Age and
266 gender did not differ between IBS patients (n=39, median age=31 years, IQR=24-53, 30F) and
267 HS (n=38, median age=24 years, IQR=23-47, 21F). 18 patients with diarrhea predominant IBS
268 (IBS-D), 7 patients with constipation predominant IBS (IBS-C) and 4 patients with mixed IBS
269 (IBS-M) were included in the IBS group. 10 patients were classified as unsubtyped (IBS-U).
270 Demographic data are summarized in Table 1.

271

272 *Sensitization of TRPA1 and TRPV4 on human submucosal neurons in IBS*

273 Rectal biopsies of IBS patients and HS were collected to compare the response of
274 submucosal neurons to the TRPA1 agonist CA (10 nM and 1 μ M) and the TRPV4 agonist
275 GSK1016790A (0.1 and 1 nM). Application of CA (10 nM and 1 μ M) and GSK1016790A (0.1
276 and 1 nM) induced significantly higher Ca^{2+} responses in submucosal neurons of IBS patients
277 compared to those of HS (Figure 1C, D). Furthermore, exposure to CA (10 nM and 1 μ M) and
278 GSK1016790A (0.1 and 1 nM) activated more submucosal IBS patients neurons than HS ones
279 (Figure 1C, D).

280 Then, to evaluate if the increased response to TRPA1 and TRPV4 agonists resulted from
281 upregulation of *TRPA1* and *TRPV4*, mRNA expression levels of both TRP channels were
282 evaluated in 30 HS and 30 IBS biopsies. No differences in mRNA *TRPA1* and *TRPV4*
283 expression could be detected (Figure 2). In addition, *TRPA1* and *TRPV4* mRNA expression was
284 not different between IBS subtypes (data not shown). Furthermore, none of the IBS patients
285 with submucosal *TRPA1* and/or *TRPV4* sensitization (n=6) had increased *TRPA1* and *TRPV4*
286 mRNA expression (data not shown). Taken together, these results suggest that the increased
287 Ca^{2+} response for these TRP channels is due to sensitization rather than to upregulation.

288 Recently, our group showed that sensitization of TRPV1 in IBS is mediated by the mast cell
289 mediator histamine (44). To determine if histamine is also involved in the sensitization of
290 TRPA1 and TRPV4, the effect of histamine (10 μ M) incubation was assessed on the response
291 to CA (10 μ M) and GSK1016790A (1 μ M). Of note, rectal submucosal neurons of HS pre-
292 treated with 10 μ M histamine showed increased amplitude of the Ca^{2+} response and an
293 increased percentage of neurons responding to CA (10 nM) and GSK1016790A (0.1 nM)
294 (Figure 3A, B).

295

296 *Histamine 1 receptor is implicated in histamine-mediated sensitization of TRPA1 and TRPV4*
297 *in human submucosal neurons*

298 As we previously reported clinical improvement in IBS patients receiving H_1 R antagonist
299 ebastine (44), we next assessed the involvement of H_1 R in histamine-mediated sensitization
300 of TRPA1 and TRPV4 in human submucosal neurons. Of interest, pretreatment with
301 pyrilamine (1 μ M) indeed prevented the histamine-induced increase in Ca^{2+} response and
302 number of responding neurons to the respective TRP channel agonists (Figure 3A, C).

303

304

305 *Sensitization of TRPA1 and TRPV4 on murine DRG neurons*

306 Although we showed TRP channel sensitization of submucosal neurons in IBS, it should be
307 emphasized that these neurons are not involved in visceral pain perception. Yet, visceral
308 afferent sensory neurons reside in the same environment and thus will be exposed to the
309 same environmental triggers. To test the hypothesis that bioactive mediators in the micro-
310 environment may also affect visceral afferents, we assessed the effect of the supernatants of

311 biopsies on isolated murine DRG neurons. Overnight incubation of DRG neurons with IBS
312 supernatants of 6 out of 8 patients significantly increased the Ca²⁺ response to CA compared
313 to HS (Figure 4A). Moreover, the number of neurons responding to CA was significantly
314 increased by supernatants of 7 out of 8 patients compared to HS. Similarly, IBS supernatants
315 of 2 of the 8 IBS patients significantly increased the Ca²⁺ response to the TRPV4 agonist
316 GSK1016790A, while the supernatants of 3 IBS patients activated significantly more neurons
317 compared to those of HS (Figure 4B).

318 In line with the effect of histamine on human submucosal neurons, pre-incubation of murine
319 DRG neurons for 10 min with histamine resulted in an increased Ca²⁺ response and number
320 of responding neurons to CA (Figure 5) compared to vehicle. This effect was not observed for
321 GSK1016790A (data not shown). However, longer incubation (overnight incubation) of DRG
322 neurons with 100 μM, but not 10 μM (data not shown), of histamine resulted in an increased
323 response to GSK1016790A (Figure 6). To confirm that GSK1016790A (1 μM) does not activate
324 TRPV1 (37), even at high doses (1 μM), the experiments were repeated in the presence of
325 the TRPV1 antagonist SB-366791 (1 μM) and in cells isolated from *Trpv1* knock-out mice
326 (Figure 6B, C). Moreover, sensitization of TRPA1 and TRPV4 was absent in *Trpa1*^{-/-} (data not
327 shown) and double *Trpv1*^{-/-}*Trpv4*^{-/-} knock-out mice, respectively (Figure 6B, C). In keeping
328 with these findings, overnight incubation of DRG neurons with HS supernatants
329 supplemented with histamine increased the Ca²⁺ response to both TRP agonists (Figure 7A).

330 To assess if the increased TRPA1- and TRPV4-mediated Ca²⁺ responses after histamine
331 treatment in DRG neurons resulted from upregulation of *Trpa1* and *Trpv4*, we compared
332 their mRNA expression levels in cells incubated 10 min (10 μM, for TRPA1) or overnight (100
333 μM, for TRPV4) with histamine or vehicle. In line with the results obtained with rectal

334 biopsies, no differences in mRNA expression could be detected (data not shown). Moreover,
335 10 min incubation with histamine did not increase translocation or the total amount of
336 TRPA1 (Figure 8). On the other hand, overnight incubation with histamine increased TRPV4
337 protein expression and translocation to the membrane in DRG neurons (Figure 8), in line
338 with previous studies (12).

339

340 *Histamine 1 receptor is implicated in histamine-mediated sensitization of TRPA1 and TRPV4*
341 *in murine DRG neurons*

342 Next, we investigated if, similar to our results in human submucosal neurons, H₁R is involved
343 in in the histamine-mediated sensitization of TRPA1 and TRPV4 in murine DRG neurons.
344 Therefore, we first tested the effect of the H₁R antagonist pyrilamine on sensitization of
345 TRPA1 and TRPV4 by IBS supernatants in DRG neurons. Pyrilamine (1 μM) prevented TRPA1
346 and TRPV4 sensitization in DRG neurons pre-treated with IBS supernatants (Figure 7B).
347 Similarly, the sensitizing effect of overnight incubation of DRG neurons with HS supernatants
348 supplemented with histamine (TRPA1: 10 μM; TRPV4: 100 μM) was blocked by pyrilamine (1
349 μM) for both TRP channels (Figure 7A). In addition, pyrilamine (1 μM) significantly reduced
350 the response to CA and GSK1016790A in DRG neurons pre-treated with histamine for 10min
351 (TRPA1: 10 μM; TRPV4: 100 μM) (Figure 5 and 6) and histamine pre-incubation did not
352 induce TRPA1 or TRPV4 sensitization in DRG neurons lacking H₁R (Figure 5 and 6), confirming
353 the key role of H₁R in this process.

354

355 **Discussion**

356 In the present study, we provide the first evidence for TRPA1 and TRPV4 sensitization in the
357 rectal submucosal plexus of IBS patients, an effect mediated by the mast cell mediator
358 histamine via activation of H₁R. Moreover, histamine and IBS biopsy supernatants sensitized
359 TRPA1 and TRPV4 on murine DRG neurons via H₁R activation. These results indicate that not
360 only TRPV1 (4, 44) but also TRPA1 and TRPV4 are involved in the pathophysiology of IBS,
361 further underscoring the concept that histamine-mediated TRP channel sensitization is an
362 important mechanism in IBS. Moreover, our data provide further evidence underscoring H₁R
363 antagonism (44) as a novel therapeutic approach for IBS.

364 Although the exact pathophysiological mechanisms in IBS are still incompletely understood,
365 upregulation of TRP channel expression or altered TRP channel function have been shown to
366 underlie aberrant visceral pain perception in preclinical models (10, 11, 20, 40, 41).
367 Moreover, we recently showed that TRPV1 sensitization plays an important role in VHS in IBS
368 patients (4, 40, 44). However, to date, data supporting the involvement of sensitization of
369 other TRP channels in IBS is lacking. In the present study, we provide evidence for TRPA1 and
370 TRPV4 sensitization in IBS. Application of the TRPA1-agonist CA and TRPV4-agonist
371 GSK1016790A induced significantly higher Ca²⁺ responses in rectal submucosal neurons of
372 IBS patients compared to those of HS. To what extent these data support a role in abnormal
373 pain perception in IBS can be questioned, especially as, to date, submucosal neurons have
374 not been shown to be directly involved in visceral pain transmission. Nevertheless, our
375 findings indicate that the gut microenvironment contains bioactive mediators that
376 significantly affect neural signaling. Afferent nerve endings of nociceptive DRG neurons,
377 transmitting pain signals to the spinal cord, reside in the same “sensitizing”
378 microenvironment as submucosal neurons, and thus may be similarly affected. We indeed

379 recently demonstrated sensitization of murine colonic afferents to mechanical probing by
380 IBS supernatant (4), suggesting pro-nociceptive changes in the gut micro-environment. Along
381 the same line, intracolonic administration of IBS-D biopsy supernatants induced VHS in mice
382 through a TRPV4 dependent mechanism (13). Moreover, increased neuronal excitability of
383 DRG neurons in response to IBS supernatant has been repeatedly reported (8, 13, 22, 38,
384 44). In the present study, we provide additional evidence that IBS supernatant contains
385 mediators not only sensitizing TRPV1 (44), but also TRPA1 and TRPV4, clearly illustrating that
386 pro-nociceptive mediators are released by biopsies collected from IBS patients. We
387 therefore propose that these mediators not only affect the excitability of submucosal
388 neurons in IBS, but also of visceral afferents residing in the same micro-environment. To
389 date, we have only access to human submucosal neurons to unravel the underlying
390 mechanism in IBS patients. Human nociceptive neurons including colonic/rectal afferent
391 nerves and dorsal root ganglia (DRG) from surgical resections can be collected from patients
392 undergoing surgery, however these patients do not suffer from IBS. Thus, these tissues can
393 merely be used to characterize human TRP channels and investigate TRP channel
394 sensitization by inflammatory mediators including histamine. Interestingly, a recent study
395 showed decreased human serosal nociceptor mechanosensitivity after incubation with the
396 TRPV4 antagonist HC067047, further underscoring the role of TRPV4 in human visceral pain
397 perception (27). Taken together, we propose that sensitization of TRPV1, TRPV4 and TRPA1
398 represents one of the mechanisms contributing to aberrant pain signaling in IBS.

399 A plethora of pro-inflammatory mediators induce modulation of TRP channels on peripheral
400 sensory nerve endings leading to increased pain perception (31) but there is increasing
401 evidence that histamine could be particularly important. Recently, we showed that

402 treatment of IBS patients with H₁R antagonist ebastine improved abdominal pain, possibly
403 by blocking histamine-mediated sensitization of TRPV1 (44). Here, we show that histamine is
404 also involved in TRPV4 and TRPA1 sensitization. The observed increase in TRPA1 and TRPV4
405 Ca²⁺ responses reported here can result from either increased synthesis of the TRP channels,
406 translocation of more receptors to the cell membrane or due to phosphorylation and
407 subsequent sensitization. Although it should be emphasized that not only neurons express
408 TRP channels, we failed to show an increase in TRPA1 and TRPV4 mRNA levels in mucosal
409 biopsies from IBS compared to HV. Moreover, mRNA expression levels of TRPA1 and TRPV4
410 were not altered in murine DRG neurons incubated with histamine. In contrast, using
411 immunohistochemistry, we were able to demonstrate that histamine promoted
412 translocation of TRPV4 to the cell membrane of murine DRG neurons, as previously
413 demonstrated (12). Cenac et al. further showed that TRPV4 plasma membrane relocation is
414 mediated via a specific MAPKK pathway. Of interest, we did not observe translocation of
415 TRPA1 in response to histamine, indicating that sensitization of TRPA1 most likely explains
416 TRPA1 potentiation. Sensitization of TRP channels via coupling with G-protein coupled
417 receptors such as histamine receptors (3, 6, 43) has been repeatedly demonstrated in
418 sensory neurons, a mechanism mediated by stimulation of the phospholipase C/protein
419 kinase C signaling pathway with phosphorylation of the TRP channels (12, 24, 34, 35). Of
420 interest, the increased TRPV4 Ca²⁺ response induced by histamine is also dependent on this
421 pathway (12), suggesting that increased TRPV4 signaling might result from both receptor
422 relocation and sensitization.

423 Of interest, we observed that sensitization of TRPV4 requires prolonged incubation with
424 histamine. Indeed, sensitization of TRPA1 and TRPV1 (44) in murine DRG neurons was

425 already induced with 10 μ M of histamine after 10 min while only overnight incubation with
426 100 μ M histamine sensitized TRPV4. In line with our results, Cenac et al. showed TRPV4
427 sensitization in DRG neurons but only with higher (50 and 100 μ M) concentrations of
428 histamine (12). Moreover, potentiation of TRPV4 on murine DRG neurons by other
429 inflammatory mediators was different compared to TRPV1 and TRPA1 sensitization. For
430 example, TRPV4 potentiation by serotonin required a higher dose (12) compared to
431 serotonin-induced TRPV1 sensitization on DRG neurons (36). On the other hand, TRPV4
432 sensitization via protease-activated receptor 2 (PAR-2) was induced after a longer incubation
433 period of PAR-2 agonists (21) compared to TRPV1 (2) and TRPA1 (18). These results suggest
434 that sensitization of TRPV4 requires a longer incubation period and/or a higher
435 concentration of mediators such as histamine compared to TRPV1 (44) and TRPA1, and
436 might explain why only 2 out of 8 IBS supernatants were able to sensitize TRPV4. Further
437 investigation to explain the differences in TRPV1, TRPA1 and TRPV4 sensitization is however
438 warranted.

439 Taken together, our data indicate that the intestinal microenvironment in IBS contains
440 histamine and/or histamine metabolites which, in parallel to TRPV1 (4, 44), sensitizes TRPA1
441 and TRPV4 via H₁R activation, contributing to VHS in IBS. These data further underscore H₁R
442 antagonism as potential treatment for IBS. Stratifying IBS patients for a specific treatment is
443 of particular importance in IBS as the patient population is very heterogeneous and includes
444 patients with different underlying mechanisms. This most likely explains why not all IBS
445 supernatants were able to sensitize TRP channels and why not all IBS patients respond to
446 H₁R antagonism (44). Therefore, identifying an indicator that can predict the therapeutic
447 response to H₁R antagonism would represent a major step forward. Interestingly, a recent

448 clinical trial showed that urinary histamine concentrations could predict the therapeutic
449 response to low fermentable oligosaccharides, disaccharides and monosaccharides and
450 polyols diet in IBS patients (28). Together with our results, measuring concentrations of
451 histamine and/or its metabolites in patient samples could be helpful in the future to predict
452 whether this patient would respond to H₁R antagonism counteracting TRP channel
453 sensitization.

454 In summary, we provide evidence for histamine-mediated TRPA1 and TRPV4 sensitization in
455 IBS via H₁R activation, most likely contributing to increased visceral pain perception. These
456 results reveal a general role of sensory TRP channels as histamine effectors in the
457 pathophysiology of IBS, and provide novel mechanistic insights into the therapeutic potential
458 of H₁R antagonism in IBS (44).

459

460

461 **Acknowledgements**

462 All authors read and approved the final version of the manuscript.

463 DB: study concept and design, inclusion and characterization of patients, acquisition of data,
464 analysis and interpretation of data; drafting of the manuscript

465 DB, JA, MVF, PJ, ADS, YAA: acquisition, analysis and interpretation of data

466 PVdB, KT, SV: interpretation of data and critical revision of the manuscript for important
467 intellectual content

468 MMW, GEB: study concept and design, study supervision, obtained funding, critical revision
469 of the manuscript for important intellectual content

470 We thank the Cell and Tissue Imaging Cluster for the use of the NIKON inverted TillVision
471 microscope, epifluorescence microscope BX 41 Olympus and Zeiss LSM880 – Airyscan
472 confocal microscope. Cell and Tissue Imaging Cluster, CIC, Supported by Hercules
473 AKUL/15/37_GOH1816N and FWO G.0929.15 to Prof. Pieter Vanden Berghe, KU Leuven.

474 **Grants**

475 GEB was funded by a governmental grant (Odysseus programme, G-0905-07) of the Research
476 Foundation - Flanders (FWO) and by a KU Leuven university grant (Global Opportunities for
477 Associations GOA 14.011). MMW and YAA are supported by FWO postdoctoral fellowships
478 (1248513N and 12H8217N, respectively). DB, JAL and MVF are supported by an FWO PhD
479 fellowship (1127415N, 11Y2118N and 1110019N, respectively). This work was funded by
480 FWO research grant G-0699-10N to GEB and MMW.

481 **Disclosures**

482 The authors declare no conflicts of interest

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- 639
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- 641

642 **Tables:**

643 **Table 1: Demographic information from IBS and HS.**

	HS	IBS	p value
N	38	39	
Male/Female	17/21 (55% F)	9/30 (77% F)	0.06
Median Age (years)	24	32	0.52
IQR (25 and 75 percentile)	23 – 47	24 – 53	
IBS-D, n (%)	/	18 (46%)	
IBS-C, n (%)	/	7 (18%)	
IBS-M, n (%)	/	4 (10%)	
IBS-U, n (%)	/	10 (26%)	

644 F = female, HS = healthy subjects, IBS = irritable bowel syndrome, IBS-M = mixed type IBS,

645 IBS-C = constipation predominant IBS, IBS-D = diarrhea predominant IBS, IBS-U = unclassified

646 IBS, IQR = interquartile range. Statistics: Unpaired t-test (Age), Fisher's exact test (Gender).

647

648 **Table 2: Primer sequences for gene detection by RT-qPCR,**

Gene	Protein	Forward (5' -> 3')	Reverse (3' -> 5')
<i>humanTRPV4</i>	TRPV4	GCGAGGTCATTACGCTCTTC	TAGAGGGCTGCTGAGACGAT
<i>humanTRPA1</i>	TRPA1	ATTGCGTGCACCACAAATAA	CTGAAAATGCAGCTTGGTGA
<i>mouseTRPV4</i>	TRPV4	TGGAACCAGAACTTGGGCAT	GGACCAACGATCCCTACGAA
<i>mouseTRPA1</i>	TRPA1	ACGAGGCTTTTGAATGAAGGG	CATGCACTCGGGGAGGTATT

649 Table 2 summarizing the gene, the protein and corresponding primer sequences.

650

651

652

653

654 **Figure Legends**

655

656

657 **Figure 1 | TRPA1 and TRPV4 on human submucosal neurons of IBS patients is more**

658 **sensitive compared to healthy subjects. (A)** Representative images of a ganglion loaded

659 with Fluo 4 (left panel) and HuCD immunostaining (right panel), and **(B)** traces of neurons

660 responding to high-K⁺. Red and blue squares and arrows in A correspond to the respective

661 response represented by a red and blue line in B. **(C)** Representative traces of the

662 intracellular Ca²⁺ response of human submucosal neurons in biopsies of healthy subjects (HS,

663 blue) and IBS patients (red) to acute application of cinnamaldehyde (CA, 10 nM) and data

664 showing the amplitude of the Ca²⁺ flux and the number of responding neurons (%) to CA in

665 IBS patients (n = 14) and HS (n = 10). **(D)** Representative traces of the intracellular Ca²⁺

666 response of human submucosal neurons in biopsies of healthy subjects (HS, blue) and IBS

667 patients (red) to acute application of GSK1016790A (GSK, 0.1 nM) and data showing the

668 amplitude of the Ca²⁺ flux and the number of responding neurons to GSK in IBS patients

669 (n=7) and HS (n=10). Data are presented as median + interquartile range (left) and mean +

670 SD (right). *p < 0.05, ***p < 0.001, Unpaired t-test (left) and Fisher's exact test (right).

671

672 **Figure 2 | No TRPA1 and TRPV4 mRNA upregulation in rectal biopsy samples of IBS**

673 **patients.** Relative mRNA expression for neuronal TRPA1 and TRPV4 normalized to β-actin in

674 rectal biopsies of HS (n = 30) and IBS patients (n = 30). Mann-Whitney U test. Data are shown

675 as mean + SEM.

676

677 **Figure 3 | Histamine sensitizes TRPA1 and TRPV4 through H₁R in human submucosal**
678 **neurons. (A)** Representative traces of submucosal neurons in biopsies of HS upon
679 application of CA (10 nM) and GSK1016790A (1 nM) before and after incubation with
680 histamine (10 μM; TRPA1: n = 7; TRPV4: n = 7) in the presence or absence of the H₁R
681 antagonist pyrilamine (1 μM; TRPA1: n = 6; TRPV4: n = 5). Data showing the effect of
682 histamine in the absence **(B)** or presence **(C)** of pyrilamine on the amplitude of the Ca²⁺
683 response and the percentage of responding neurons. Data are shown as median +
684 interquartile range (Amplitude) and mean + SEM (% responding neurons). *p < 0.05,
685 Wilcoxon signed rank-test (Amplitudes) and Fisher's exact test (% responding neurons).

686

687 **Figure 4 | Rectal biopsy supernatants from IBS patients sensitize TRPA1 on murine DRG**
688 **neurons. (A)** Effect of overnight incubation of murine DRG neurons with supernatant of
689 cultured rectal biopsies of IBS patients (n = 8) or HS (n = 8) on the Ca²⁺ response (left) and %
690 neurons responding (right) to cinnamaldehyde (10 μM). **(B)** Data showing the effect of
691 overnight incubation with HS (n = 8) or IBS (n = 8) supernatants on the Ca²⁺ response (left)
692 and % neurons responding (right) to GSK1016790A (1 μM). *p < 0.05, ***p < 0.001, Mann-
693 Whitney U test (Amplitudes) or Fisher's exact test (% responding neurons). Data are shown
694 as median + interquartile range.

695

696 **Figure 5 | TRPA1 is sensitized by histamine via H₁R in murine DRG neurons. (A)**
697 Representative traces of the effect of histamine and pyrilamine on the Ca²⁺ responses of
698 DRG neurons to 10 μM cinnamaldehyde (CA). Histamine (10 μM) potentiates the effect of
699 CA, an effect that is completely abolished in the presence of the H₁R antagonist pyrilamine (1

700 μM). **(B and C)** The effect of histamine, pyrilamine and DRG neurons lacking H_1R (*Hrh1*^{-/-}) on
701 the amplitude of the Ca^{2+} response **(B)** and the percentage DRG neurons **(C)** responding to
702 10 μM CA. Data are shown as mean + SEM. ***p < 0.001; one-way ANOVA with Bonferroni's
703 multiple comparison correction (Amplitudes) and Fisher's exact test (% responding neurons).
704 Pre: CA response prior to incubation, Veh: vehicle, Hist: histamine, Pyr: pyrilamine.

705

706 **Figure 6 | TRPV4 is sensitized by histamine via H_1R in murine DRG neurons. (A)**

707 Representative traces of the effect of histamine and pyrilamine on the Ca^{2+} response of DRG
708 neurons evoked by 1 μM GSK1016790A. The conditions vehicle, histamine, histamine +
709 pyrilamine and *Hrh1*^{-/-} were combined with the TRPV1 antagonist (SB 366791). Overnight
710 incubation with 100 μM histamine potentiates the effect of GSK1016790A, an effect that is
711 blocked in the presence of the H_1R antagonist pyrilamine (1 μM). **(B and C)** The effect of
712 histamine, pyrilamine and DRG neurons lacking H_1R (*Hrh1*^{-/-}), TRPV1 (*Trpv1*^{-/-}) and TRPV1V4
713 (*Trpv1*^{-/-}/*v4*^{-/-}) on the amplitude of the Ca^{2+} response **(B)** and the percentage of DRG neurons
714 **(C)** responding to 1 μM GSK1016790A. The conditions vehicle, histamine, histamine +
715 pyrilamine and *Hrh1*^{-/-} were combined with the TRPV1 antagonist (SB 366791). Data are
716 shown as mean + SEM. **p < 0.01 ***p < 0.001; 1-way ANOVA with Bonferroni's multiple
717 comparison correction (Amplitudes) and Fisher's exact test (% responding neurons). Veh:
718 vehicle, Hist: histamine, Pyr: pyrilamine.

719

720 **Figure 7 | Sensitization of TRPA1 and TRPV4 by IBS supernatants on DRG neurons is**

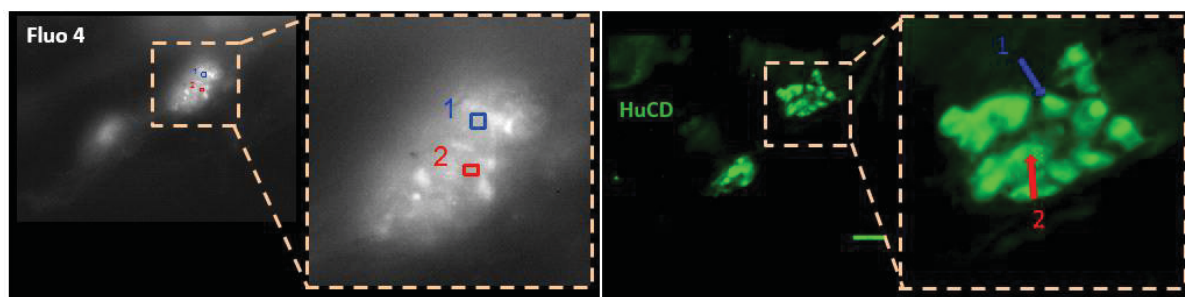
721 **mediated by histamine and the H_1R .** **(A)** Data showing the effect of overnight incubation
722 with HS supernatants (n=8) supplemented with histamine (TRPA1: 10 μM ; TRPV4: 100

723 μM)(+H) (n = 8) or histamine and pyrillamine (1 μM)(+H+P) (TRPA1: n = 5; TRPV4: n = 3) on
724 the Ca^{2+} response to CA (left panel) and GSK1016790A (right panel). **(B)** Data showing the CA
725 (left panel) and GSK1016790A (right panel)-induced Ca^{2+} response after overnight incubation
726 with supernatant of cultured rectal biopsies of IBS patients (n = 8) in the presence or
727 absence pyrillamine (+P; 1 μM ; n = 8). *p < 0.05, **p < 0.01 Mann-Whitney U test
728 (Amplitudes). H = histamine, P = pyrillamine.

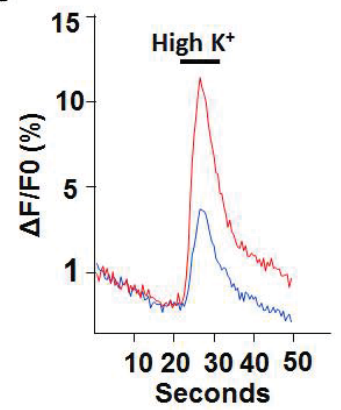
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730 **Figure 8 | (A)** Representative images of murine DRG neurons used to quantify
731 expression/translocation of TRPV4 upon histamine stimulation. **(B)** TRPA1 (n = 19-21) and **(C)**
732 TRPV4 (n = 20-22) quantification of channel translocation to the plasma membrane (upper
733 panels) and total expression in the cell (lower panels) in cultured DRG neurons treated with
734 histamine (TRPA1: 10 μM for 10 min; and TRPV4: 100 μM overnight). Data are shown as
735 mean + SEM. *p < 0.05 with Mann Whitney test or student t-test (as appropriate).

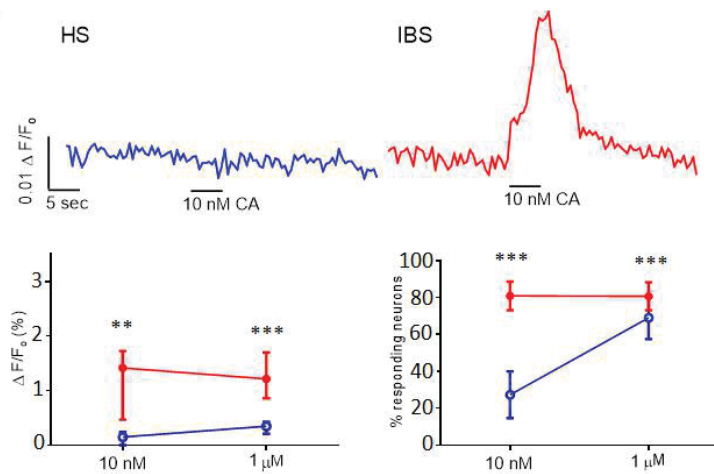
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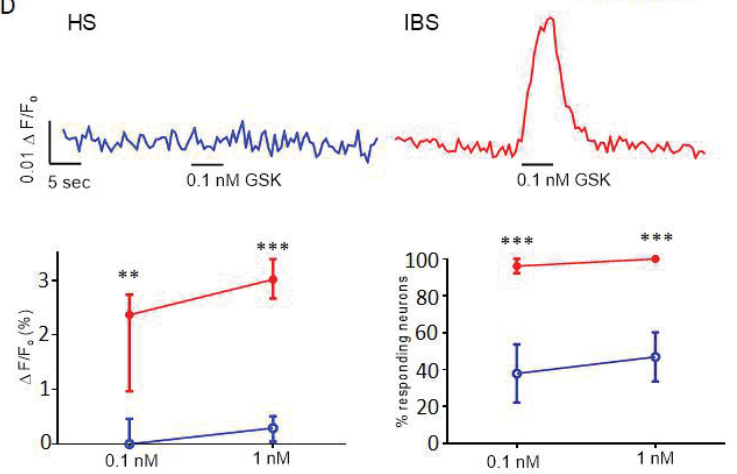
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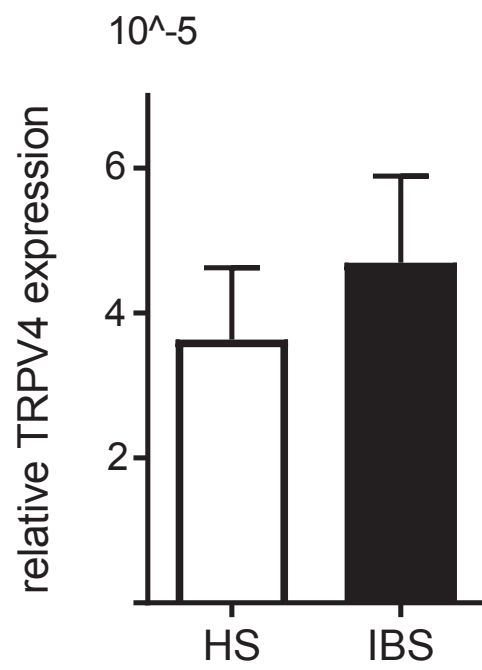
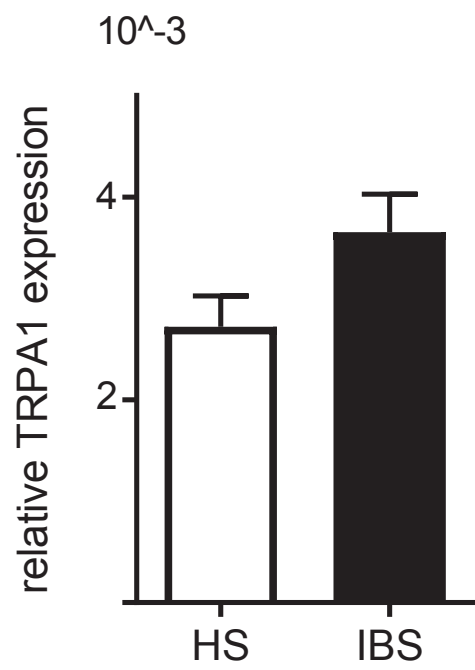


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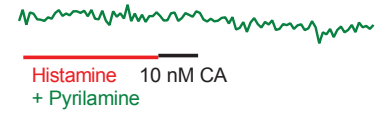
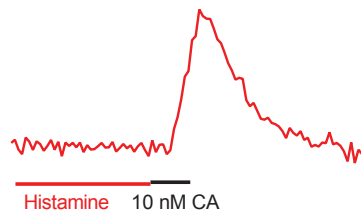
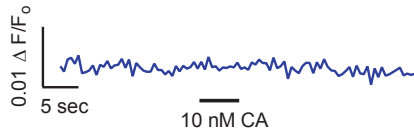
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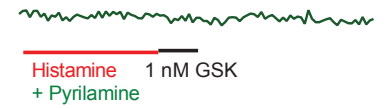
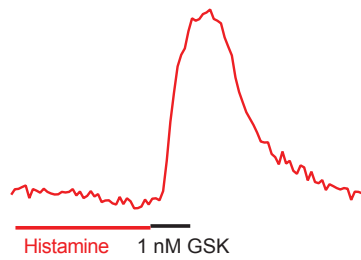
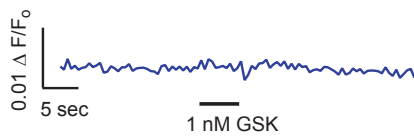


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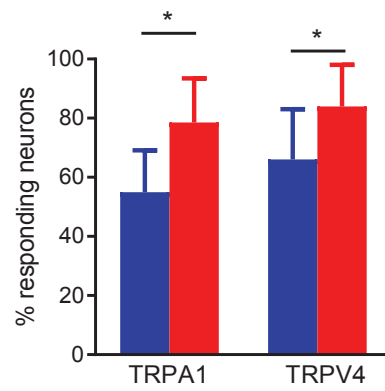
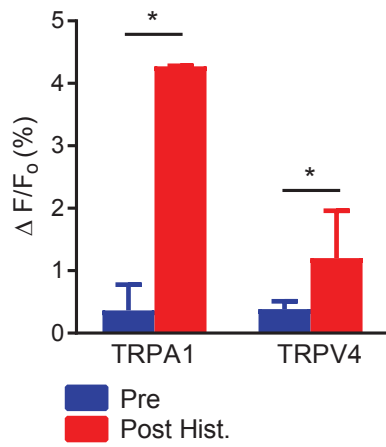
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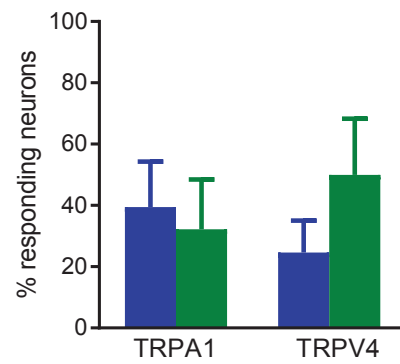
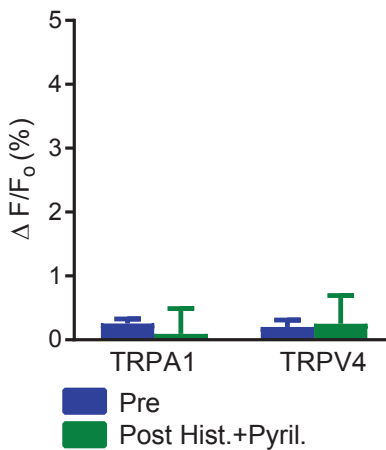
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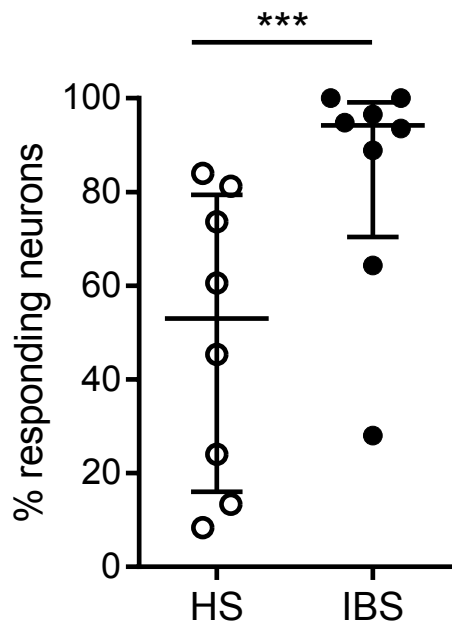
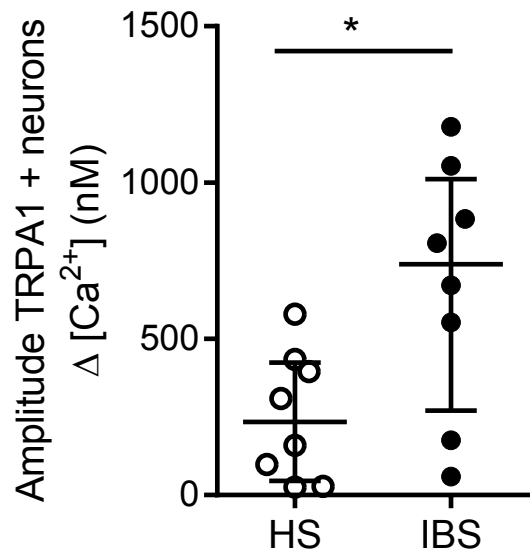
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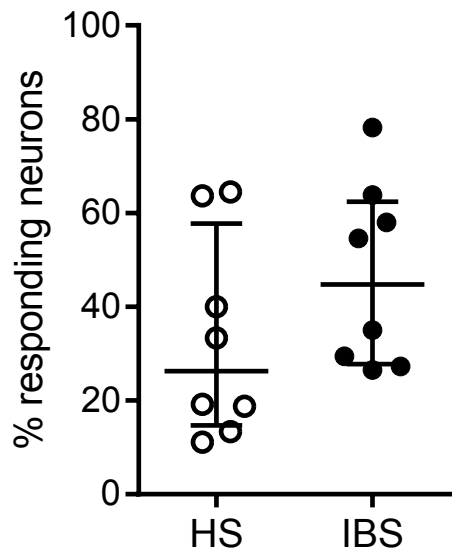
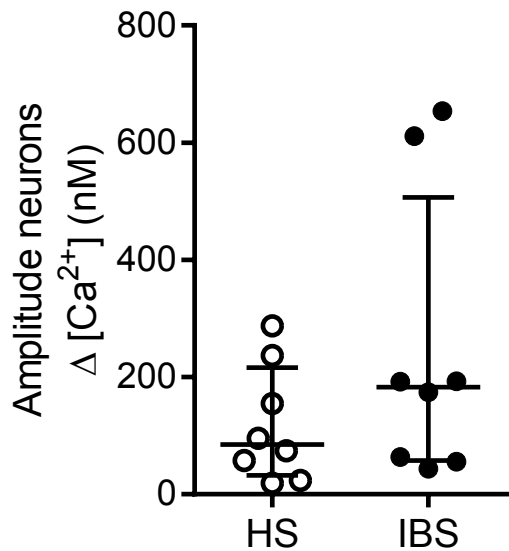
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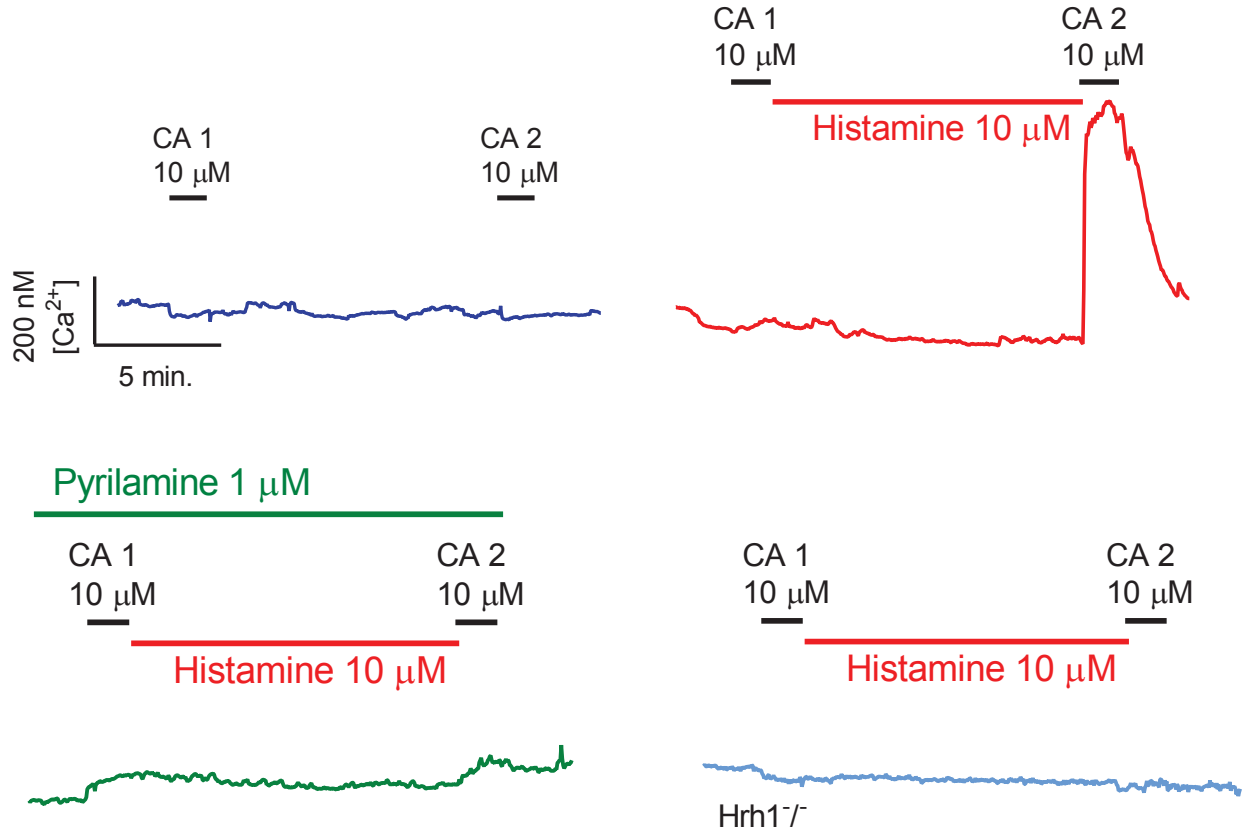
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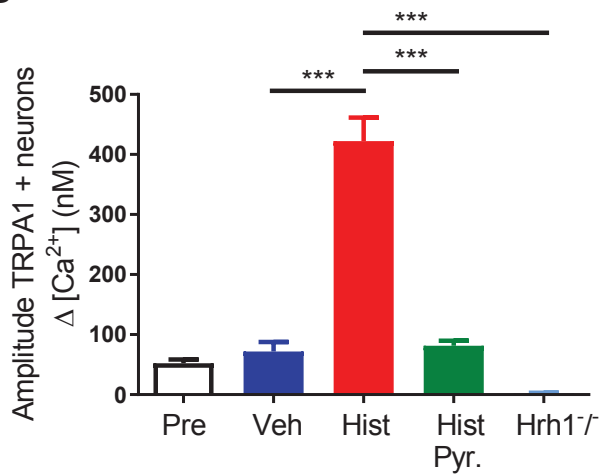
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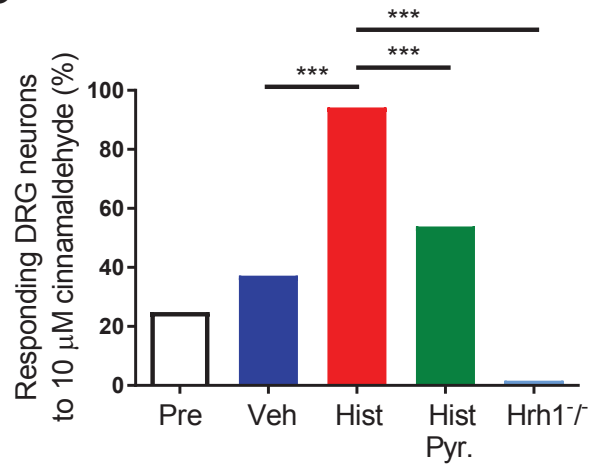
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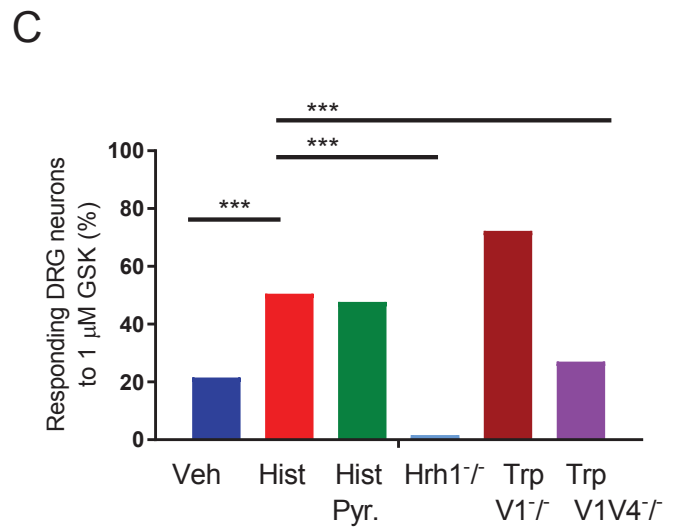
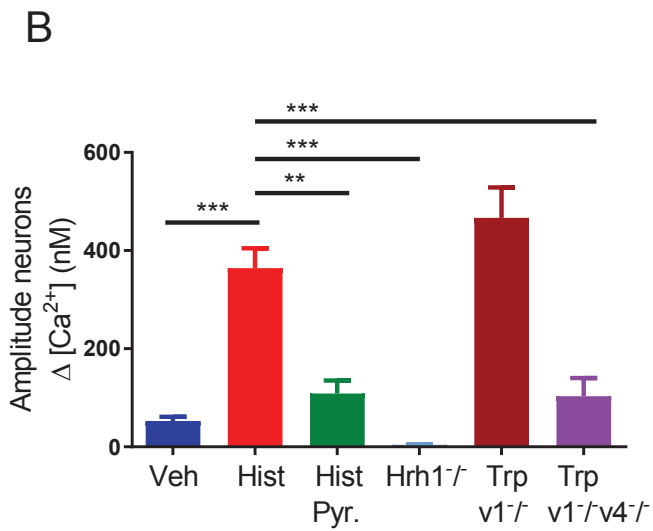
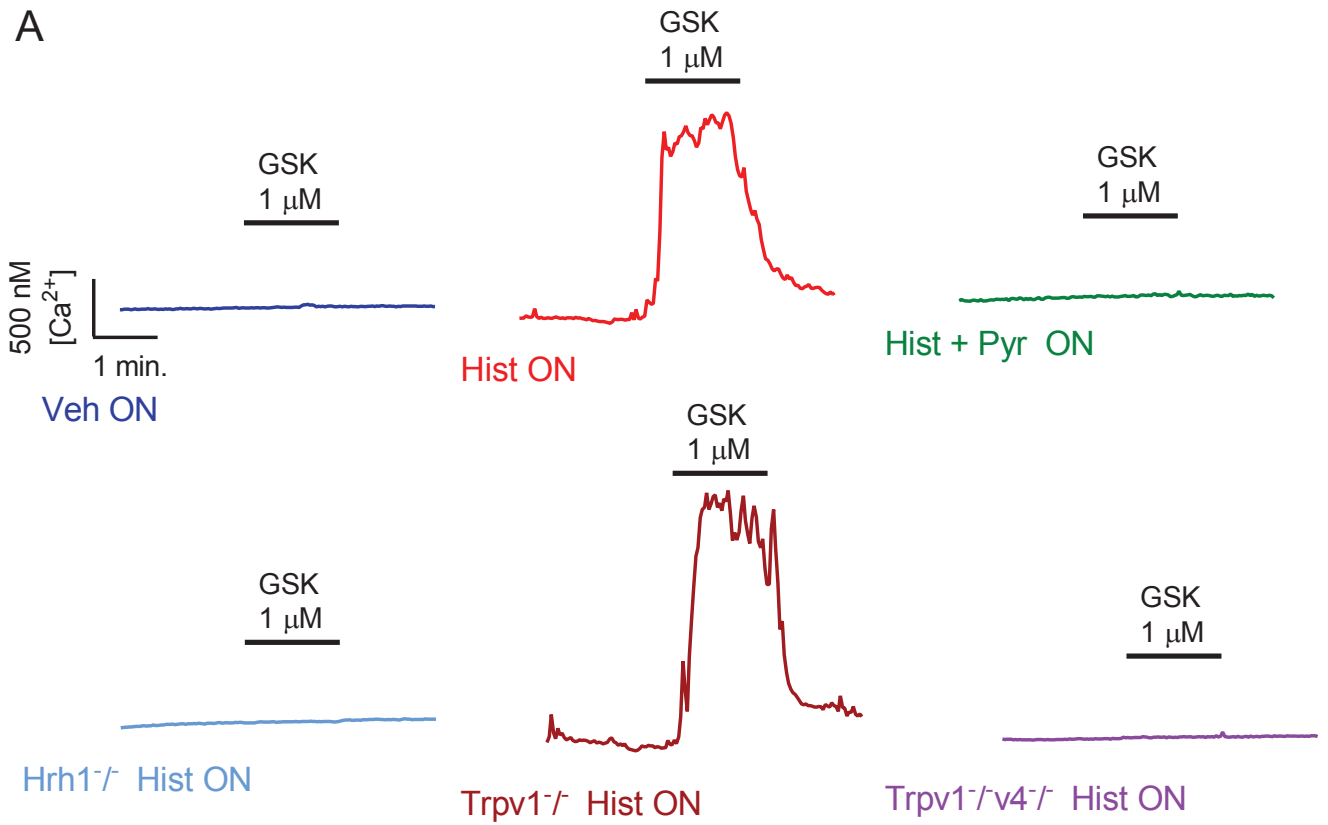


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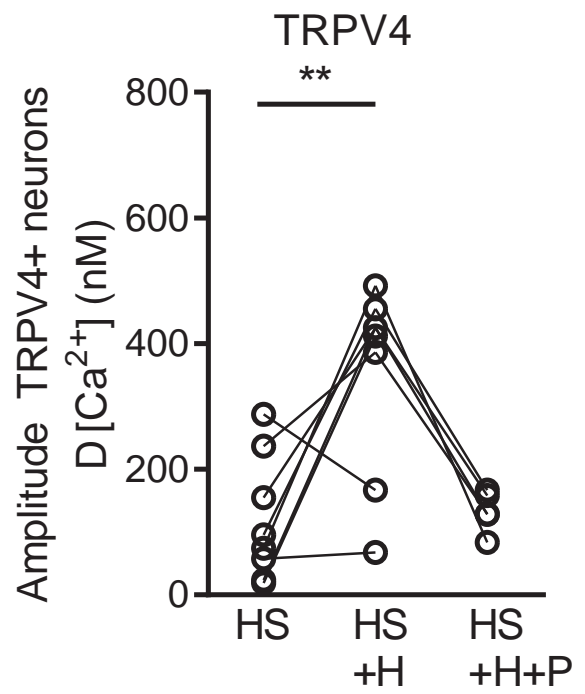
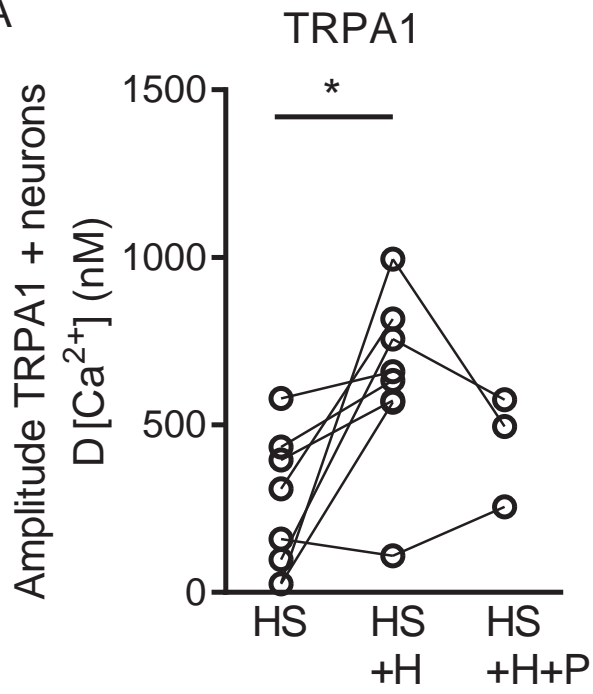


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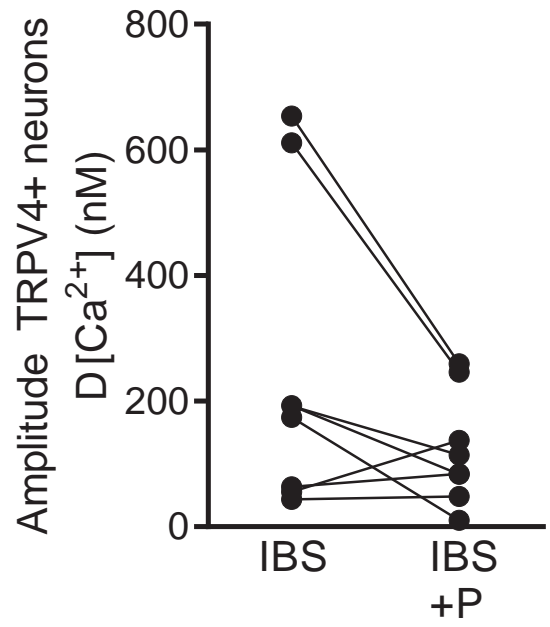
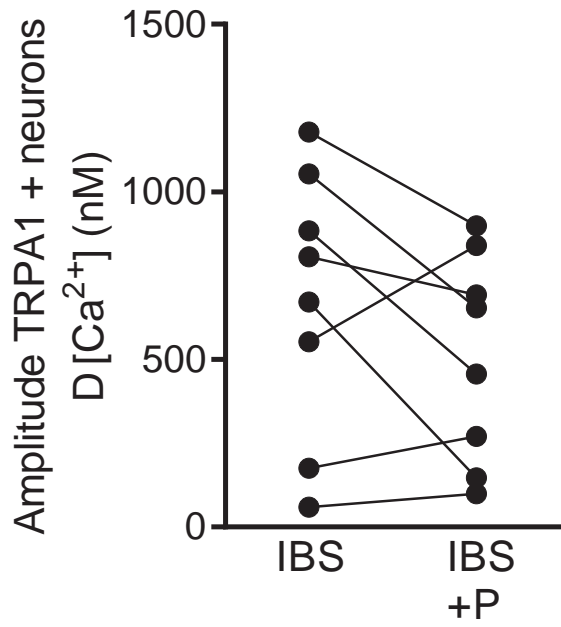




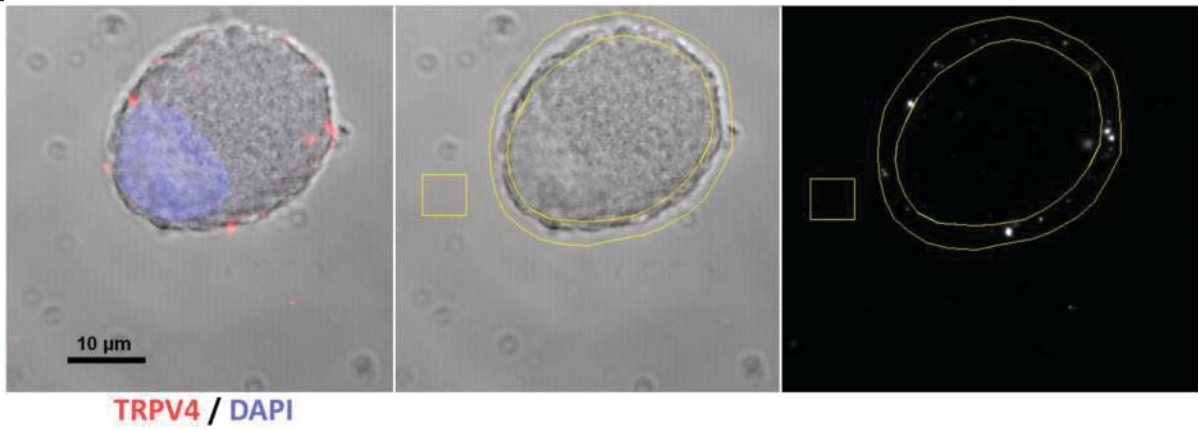
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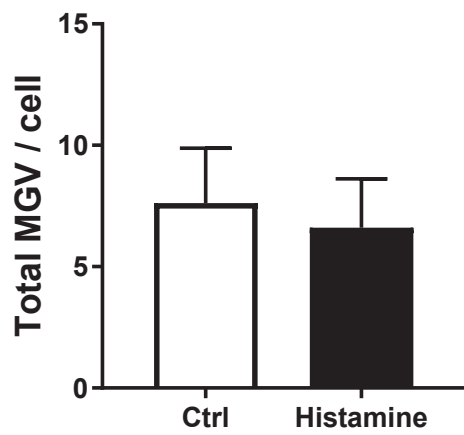
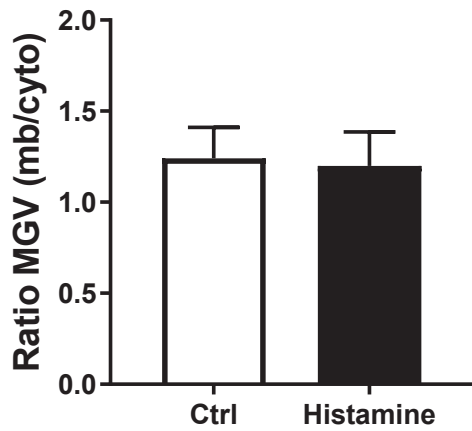


A



B

TRPA1



C

TRPV4

