

A data-driven approach for detecting gait events during turning in people with Parkinson's disease and freezing of gait

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1 INTRODUCTION

Freezing of gait (FOG) is a devastating gait disorder manifesting itself frequently in Parkinson’s disease (PD). FOG is defined by Nieuwboer and Giladi as “an episodic inability to generate effective stepping in the absence of any known cause other than Parkinsonism or high-level gait disorder” [1]. Patients describe a FOG episode as “the feeling that their feet are glued to the ground” [2]. FOG occurs most reliably during complex gait tasks, such as turning with fast speed or walking while performing a dual task [3]. To study FOG and the highly abnormal steps leading up to it, gait analysis has been adopted, using instrumented gait analysis systems based on 3D motion capturing techniques [4, 5]. The gait data generated from these systems are typically normalized to a gait cycle. This normalization requires accurate timing of initial contact (IC) and end contact (EC) of the foot. The detection of these gait events is based on visual inspection by a clinical expert [4, 5]. Due to the small and shuffling steps, reduced heel strike and inadequate swing phase prior to FOG [6], and altered steps between FOG episodes [7], this process is imprecise. In addition, visual detection of gait events are more time consuming, during more complex gait tasks such as 360 degree turning [8].

To find a solution for this problem, this paper aimed to investigate the validity of an automated approach for gait cycle detection. Heuristic based methods are most commonly used to automatically detect the defined gait events. These methods utilize domain knowledge to extract kinematic features that correlate with the timing of gait events. However, owing to the variable gait patterns apparent in PD patients with FOG, these features do not necessarily generalize to this pathology. Furthermore, heuristic methods typically lack validation in challenging movement sequences, such as turning and dual tasking, commonly used to trigger FOG [3].

28 Powered by large datasets, data-driven approaches, such as recurrent neural
29 networks (RNN), have shown great success in many problems that contain tem-
30 poral information. These approaches can infer relevant features directly from
31 the raw input data, a technique called end-to-end learning [9]. The success
32 of these approaches for gait event detection was recently demonstrated [10],
33 utilizing a long short-term memory (LSTM) network to classify gait events in
34 children. The focus of this paper was to provide a robust tool to automatically
35 annotate gait events for PD patients with FOG during straight-line gait and
36 turning, which can be trained end-to-end with minimal data pre-processing.

37 2 MATERIAL AND METHODS

38 2.1 Sequence to Sequence Learning

39 In this study, gait event detection is cast as a sequence to sequence classification
40 problem [11]. Each input sample x is associated with a ground-truth label y_{obs} .
41 A model is trained to learn a function $f : x \rightarrow y$ that transforms a given input
42 sequence $X = x_0, \dots, x_t$ into an output sequence $Y = y_0, \dots, y_t$ that closely
43 resembles the manual annotations Y_{obs} . Separate datasets are generated for
44 each gait event by encoding each sample as a binary vector $y_{obs} \in \{0, 1\}$. The
45 input sequence $X_{in} \in \mathbb{R}^{s \times t}$ is comprised of a spatial dimension s and time
46 dimension t .

47 2.2 Dataset

48 An existing dataset [12] including fifteen PD patients with freezing of gait (FOG)
49 was used. Patients were diagnosed by a Movement disorders specialist as having
50 PD and were classified as freezers based on the first question of the New Freezing
51 of Gait Questionnaire (NFOG-Q): “Did you experience “freezing episodes” over

52 the past month?” [13]. The study was approved by the local ethics committee of
53 the University Hospital Leuven and all subjects gave written informed consent.

54 **2.3 Procedure**

55 Gait analysis was performed using an eight camera Vicon 3D motion analysis
56 system recording at a sample frequency of 100hz. Thirty-four retro-reflective
57 markers were placed on anatomical landmarks according to the full body plug-in-
58 gait model. All experiments were done during the off-state of the subjects med-
59 ication cycle, except for clinical testing which was conducted ON-medication.
60 The subjects were instructed to complete three straight-line and six 360 degree
61 turning trials, according to the standardized protocol described in a previous
62 paper [12]. Two researchers, blinded for NFOG-Q score, visually detected all
63 FOG episodes. The onset of FOG, defined as the start of delayed knee flex-
64 ion, was detected by visual inspection of the knee-angle data (flexion-extension)
65 in combination with the 3D images. Termination of FOG was determined at
66 the time point when at least two consecutive movement cycles were regained.
67 These two gait cycles were not included in the FOG episode [14]. The dataset
68 was partitioned into two groups. Trials that contained a freezing episode were
69 indicated as freezing trials (FOG) and trials without a freezing episode were
70 termed as functional gait trials (FG). For both groups, the left-sided gait events
71 were manually annotated based on visual inspection of the 3D marker coordi-
72 nates. Furthermore, the highly varied gait data between onset and termination
73 of a FOG episode was excluded during evaluation.

74 2.4 Deep Learning Models

75 2.4.1 Recurrent Neural Network

76 Recurrent neural networks (RNN) are commonly associated with the modelling
77 of sequential data. Recurrent architectures solve the sequence to sequence learn-
78 ing by iterating over the following equation [11]:

$$h_t = \sigma(x_t W^{xh} + h_{t-1} W^{hh}),$$

79

$$y_t = h_t W^{hy}.$$

80 The weight matrices are represented by W , with superscripts representing from-
81 to relationships. The terms x_t and y_t are the input and output at time t ,
82 respectively. However, computing the complete gradient by unrolling over long
83 temporal sequences can lead to vanishing or exploding of the gradient [15]. Long
84 Short Term Memory (LSTM) networks [16] extend RNNs with memory cells,
85 instead of recurrent units, to store and output information. An LSTM cell is
86 comprised out of four gates, formally defined as:

$$i_t = \sigma(x_t W^{xi} + h_{t-1} W^{hi} + C_{t-1} W^{ci}),$$

87

$$f_t = \sigma(x_t W^{xf} + h_{t-1} W^{hf} + C_{t-1} W^{cf}),$$

88

$$o_t = \sigma(x_t W^{xo} + h_{t-1} W^{ho} + C_{t-1} W^{co}),$$

89

$$\tilde{c}_t = \tanh(x_t W^{xc} + h_{t-1} W^{hc}),$$

90

$$c_t = \sigma(f_t * c_{t-1} + i_t * \tilde{c}_t),$$

91

$$h_t = \tanh(c_t) * o_t.$$

92 The weight matrices are represented by W , with superscripts representing from-
93 to relationships. The term x_t is the input to the memory cell at time t . The
94 terms σ and \tanh are the sigmoid and hyperbolic tangent activation functions.
95 The terms i , f , o , and c are the input gate, forget gate, output gate, and
96 cell activation vectors, respectively. The multiplicative gates allow the LSTM
97 cells to store and access information over long periods of time, thereby avoiding
98 the aforementioned vanishing and exploding gradient problem. Our recurrent
99 model consists out of one to three LSTM layers mapping the input x_t to a p -
100 dimensional time series, where $p \in \{2, 4, 8, 16, 32\}$. Our model is based on the
101 architecture of [10], who successfully exploited LSTMs for gait event detection
102 in children.

103 **2.4.2 Convolutional Neural Network**

104 Results from a systematic evaluation of convolutional neural networks (CNN)
105 and recurrent neural networks (RNN) suggests that the common association
106 between RNNs and sequence modelling should be reconsidered, and that CNNs
107 should be regarded as the natural starting point for sequence modelling [17].
108 The authors show that a simple temporal convolutional neural network (TCN)
109 outperforms RNNs, such as LSTMs. The nature of our sequence to sequence
110 learning framework is based upon two constraints: (1) given an input sequence
111 $x_0, \dots, x_t \in X$ the network produces an output $y_0, \dots, y_t \in Y$ of the same
112 length, and (2) that the mapping satisfies the causal constraint, such that y_t
113 only depends on the observations x_0, \dots, x_t and not on x_{t+1} , i.e. there is no
114 leakage of information from future observations. To satisfy the first constraint,
115 the TCN network utilises 1D fully convolutional layers (FCN) [18]. FCN layers
116 preserve the time dimension throughout the network by omitting local pooling
117 layers, thereby ensuring that each hidden layer is the same length as the input
118 sequence. To satisfy the second constraint, the TCN network utilises causal

119 convolutions, i.e. convolutions that ensure that an output at time t is only
120 convolved with elements from time t and earlier. Our model consists of one
121 to three repeating blocks of causal convolutions mapping the input to a p -
122 dimensional time series with a kernel size of five, where $p \in \{2, 4, 8, 16, 32\}$.
123 The convolutions are followed by batch normalization [19], ReLU activation,
124 1x convolution (bottleneck) [17], and dropout [20]. The repeating blocks are
125 concatenated to form a residual temporal convolutional neural network, based
126 on the architecture of [17].

127 **2.4.3 Hyperparameter Optimization and Model Training**

128 The gait trials were partitioned into equal length time windows of 128 samples.
129 Each input sample x_t is comprised out of the sagittal plane kinematics of the hip,
130 knee, and ankle of both legs. Additionally, angular velocities were extracted by
131 using first order finite difference equations. The input sequence is thus a matrix
132 of $X_{in} \in \mathbb{R}^{12 \times 128}$. All signals were low-pass filtered with a cut-off frequency of
133 7 Hz [21] using a zero phase fourth order butter-worth filter. Separate models
134 were trained for EC and IC by encoding the manual annotations as a binary
135 vector $y_{obs} \in \{0, 1\}$.

136 The convolutional and LSTM layers are followed by a fully connected layer which
137 learns the non-linear function $f : x \rightarrow y$ from the proposed feature space that
138 best separates the two classes $y_{obs} \in \{0, 1\}$ by minimizing a certain loss func-
139 tion. Since gait events occur sparsely compared to non-events, class imbalance
140 is accounted for by using a weighted binary cross entropy loss function [10]. The
141 number of residual blocks and filters (CNN) or layers and units (LSTM) were
142 optimized using the tree-structured Parzen estimator (TPE) [22], a Bayesian
143 optimization approach which was proven to have an overall better test perfor-
144 mance than grid and random search [23]. The models were trained for 150
145 epochs and are visualized in Figure 1. To ensure generalization to new subjects,

146 a leave one subject out cross validation approach was utilized, as visualized in
147 Figure 2. The optimization algorithm was run for 10 iterations and the cross
148 validated loss was the objective function to be minimized.

149 **2.5 Heuristic Method**

150 The deep learning models were quantitatively compared to a commonly used
151 heuristic method [21]. This method was chosen due to excellent performance,
152 when compared to other heuristic methods, for different gait pathologies [24]
153 and for 360-degree turning [25]. This method uses the maximum anterior posi-
154 tion of the posterior calcaneus marker relative to the sacrum marker to detect
155 IC. EC is detected by the maximum posterior position of the metatarsal head
156 marker relative to the sacrum marker. During straight-line gait, the anterior
157 posterior axis is collinear to the walking axis of the gait laboratory. However,
158 during a 360 degree turn, the anterior posterior axis continuously varies over
159 time. Inspired by [25], this method was generalized to 360 degree turning by
160 defining a rotation matrix R_z around the coronal plane to map the position of
161 the calcaneus, metatarsal, and sacrum marker back to the transverse plane.

$$R_z = \begin{bmatrix} \cos(\theta) & -\sin(\theta) & 0 \\ \sin(\theta) & \cos(\theta) & 0 \\ 0 & 0 & 1 \end{bmatrix}$$

162 The angle θ was defined as the pelvis angle, corresponding to the turning
163 radius.

164 **2.6 Peak Detection**

165 The predicted output sequence Y returns the likelihood of a gait event for
166 each sample. The peaks within an output sequence thus corresponded to a
167 gait event. A peak detection algorithm [26] was employed to detect the local
168 maxima in the likelihood vector and in the characteristic kinematic shapes of the
169 heuristic methods. A constraint was imposed on the minimum distance between
170 two consecutive gait events. The threshold for this constraint was empirically
171 defined at 15 frames or 150ms.

172 **2.7 Statistical Analysis**

173 The model predictions were validated in terms of accuracy and timing agreement
174 with respect to the manual annotations which were considered as the golden
175 standard [27]. The accuracy was assessed using the true positive (TP), false
176 positive (FP), false negative (FN), and summarized with the F1-score. Bland-
177 Altman plots were created to assess the timing agreement between the methods.
178 The agreement was quantified in terms of mean values, 95% confidence intervals,
179 and limits of agreement (mean \pm 1.96 standard deviation).

$$F1 = \frac{2TP}{2TP + FP + FN} \quad (1)$$

180 **3 RESULTS**

181 For the freezing trials (FOG), a total of 506 IC and 491 EC events were ac-
182 quired. The TCN model shows F1-scores of 0.995 and 0.992 for IC and EC,
183 respectively. The LSTM model shows F1-scores of 0.989 and 0.976 for IC and
184 EC, respectively. The heuristic method shows F1-scores of 0.976 and 0.956 for
185 IC and EC, respectively. For the functional gait trials (FG), a total of 741 IC

186 and 669 EC events were acquired. The TCN model shows F1-scores of 0.997 and
187 0.999 for IC and EC, respectively. The LSTM model shows F1-scores of 0.997
188 and 0.990 for IC and EC, respectively. The heuristic method shows F1-scores of
189 0.997 and 1 for IC and EC, respectively. The results are summarized in Table 1,
190 reporting the total number of steps and the accuracy of the algorithms in terms
191 of TP, FP, FN, and F1-score.

192 Error analysis showed that a large amount of the missed detections by the
193 heuristic method were caused by a festination pattern of walking, which is the
194 tendency to move forward with increasingly rapid, but ever smaller steps, as-
195 sociated with the centre of gravity falling forward over the stepping feet [28].
196 This phenomenon was especially evident in one patient, who accounted for 83%
197 of all false detections for the heuristic method. Exclusion of this patient results
198 in comparable levels of accuracy between the heuristic method and the TCN
199 model, which shows the highest overall accuracy.

200 Bland-Altman plots were obtained, assessing the timing agreement of the deep
201 learning models and the heuristic method, to the manual annotations. The
202 differences between the proposed annotations and the manual annotations (ver-
203 tical axis) are plotted against their average (horizontal axis). A positive time
204 difference represents a delay in the annotations with respect to the manual anno-
205 tations, while the limits of agreement (LoA) estimate the interval within which
206 a proportion of the differences between the methods lie. All results are given in
207 terms of frames.

208 Firstly, A Bland-Altman plot was obtained for both the FOG and FG trials, as-
209 sessing the timing agreement of the TCN model versus the manual annotations,
210 visualized in Figure 3 (a). For FOG-trials, the mean time differences [lower
211 LoA, upper LoA] were 0.55 [-5.0, 6.1] for IC and -1.7 [-7.4, 4.1] for EC. For
212 FG-trials, the mean time differences [lower LoA, upper LoA] were -0.93 [-6.5,

213 4.7] for IC and -0.01 [-4.7, 4.5] for EC. Secondly, A Bland-Altman plot was ob-
214 tained for both the FOG and FG trials, assessing the timing agreement of the
215 LSTM model versus the manual annotations, visualized in Figure 3 (b). For
216 FOG-trials, the mean time differences [lower LoA, upper LoA] were 1.0 [-4.3,
217 6.3] for IC and -2.1 [-8.0, 3.8] for EC. For FG-trials, the mean time differences
218 [lower LoA, upper LoA] were -0.4 [-5.5, 4.7] for IC and 1.2 [-5.0, 7.5] for EC.
219 Lastly, A Bland-Altman plot was obtained for both the FOG and FG trials,
220 assessing the timing agreement of the heuristic method versus the manual an-
221 notations, visualized in Figure 3 (c). For FOG-trials, the mean time differences
222 [lower LoA, upper LoA] were -4.4 [-13, 4.2] for IC and -3.3 [-13, 6.2] for EC. For
223 FG-trials, the mean time differences [lower LoA, upper LoA] were -3.5 [-8.1, 1.1]
224 for IC and 1.7 [-3.7, 7.1] for EC.
225 For the FG trials, all three algorithms performed excellently with low variability.
226 The deep learning algorithms additionally show minimal mean time differences
227 with the manual annotations. For the FOG trials, several early detections that
228 were still within the fifteen frame limit resulted in large mean time differences
229 and variability for the heuristic method. For the deep learning models, a few
230 hastened EC detections can be observed. These hastened detections were the
231 result of delayed swing-phase during gait re-initiation after a FOG episode.
232 Overall, the TCN model shows the most consistent results for both gait events.

233 4 DISCUSSION

234 We evaluated two data-driven approaches for the detection of gait events that
235 were trained end-to-end on a small dataset of straight-line gait and 360 degree
236 turning of PD patients with FOG. A total of 2407 events have been manually
237 annotated and these events were used to quantitatively validate the algorithms
238 in terms of accuracy and timing agreement. A commonly used heuristic method

239 proposed in [21] was reproduced to allow a quantitative comparison with the
240 deep learning models on the same dataset. The heuristic method showed a
241 large mean time difference with the manual annotations. For the functional
242 gait trials, the mean time difference could be associated with a systematic er-
243 ror on the manual annotations. For the freezing trials, the line between false
244 and hastened detections blurred, resulting in large variability and an indication
245 that this method is ill-suited for detecting gait events in PD patients with FOG
246 when OFF-medication. In contrast, the Bland-Altman plots indicate that both
247 deep learning models share a similar small mean time difference with the man-
248 ual annotations. While these results suggest that both models focus on similar
249 patterns in the data, the TCN model detects gait events with fewer false detec-
250 tions. Overall, the TCN model showed excellent levels of accuracy and timing
251 agreement, with on average 39% and 47% of the detections occurring within
252 10ms from the manual annotations for FOG and FG, respectively. However, de-
253 layed swing-phase during gait re-initiation after a freezing episode, resulted in a
254 few hastened EC detections. Additionally, research shows that strides directly
255 preceding FOG were reduced by 35% in comparison with normal (functional)
256 strides [5], which impacts the acceptable limits of agreement. Therefore, we
257 suggest to visually verify the timing of the gait events that directly precede and
258 proceed a FOG episode.

259 When repeating the analysis on a different cohort of non-freezing patients with
260 PD through random selection of five gait trials we found very similar results
261 confirming the robustness of the present findings (see supplm 1).

262 In conclusion, we were able to establish that the TCN model was able to ac-
263 curately demarcate gait cycles based on kinematic data obtained with a 3D
264 motion capturing system. The most remarkable finding was that this method-
265 ology proved robust for people experiencing severe gait disorders such as FOG

266 when OFF-medication. Hence, our results suggest that the TCN model allows
267 analyzing stepping behavior even during 360 degree turning tasks, when FOG
268 episodes are provoked most consistently. Furthermore, future work is now possible
269 in which automated step annotations based on kinematic data acquired
270 from wearable devices, could be compared with automated step annotations
271 based on kinematic data from 3D gait analysis systems. Such work is important
272 to increase the understanding of FOG and to assess the effects of interventions
273 during everyday life to alleviate this debilitating symptom.

274 **5 Data Availability**

275 The input set was imported and labelled using Python version 2.7.12 with
276 Biomechanical Toolkit (btk) version 0.3 [29]. Peak detection was done with
277 Scipy [26]. Deep learning models were trained on an NVIDIA Tesla K80 GPU
278 using Python version 3.6.8 and Tensorflow version 1.14 [30]. Hyperparameters
279 were optimized using the Hyperopt python library [31], with cross validation
280 splits created with scikit-learn version 0.21.3 [32]. Utility functions for processing
281 c3d files were adopted from [10]. All code, including a deployable model, is
282 made available at https://github.com/BenjaminFiltjens/gait_event. Statistical
283 analysis was conducted using R statistical software version 3.5.3 [33].

284 **6 Conflict of Interest Statement**

285 The authors declare that there is no conflict of interest regarding the publication
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