

Safety and Efficacy of 1-Month Dual Antiplatelet Therapy (Ticagrelor + Aspirin) Followed by 23-Month Ticagrelor Monotherapy in Patients Undergoing Staged Percutaneous Coronary Intervention (A Sub-Study from GLOBAL LEADERS)

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1 **Safety and Efficacy of 1-month Dual Antiplatelet Therapy Followed by 23-**
2 **Month Ticagrelor Monotherapy in Patients Undergoing Staged Percutaneous**
3 **Coronary Intervention**

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Structured Abstract

Objectives: To determine if patients undergoing staged percutaneous coronary intervention (SPCI) benefit from a novel aspirin-free antiplatelet regimen compared with standard dual antiplatelet therapy (DAPT).

Methods: The GLOBAL LEADERS is a multi-center, randomized, open-label trial, comparing the experimental strategy of 1-month DAPT (ticagrelor and aspirin) followed by 23-month ticagrelor monotherapy and the reference regimen of 12-month DAPT, followed by 12-month aspirin monotherapy in patients undergoing SPCI and non-SPCI (post hoc analysis). The primary endpoint was the composite of all-cause death or new Q-wave myocardial infarction at 2 years, and the key secondary safety endpoint was Bleeding Academic Research Consortium (BARC)-defined bleeding type 3 or 5.

Results: Of 15,968 randomized patients, a total of 1,651 patients underwent SPCI within 3 months. The rates of the primary and key secondary safety endpoints were similar between the 2 regimens. In CCS patients undergoing SPCI, the experimental strategy tended to increase the risk of all-cause death (4.1% vs 1.7%, HR 2.465; 95% CI 0.888-6.845, $p=0.083$, $P_{\text{interaction}}=0.042$). In ACS patients undergoing SPCI, the experimental strategy decreased the risks of BARC type 3 or 5 (1.8% vs 4.5%, HR 0.387; 95% CI 0.179-0.836, $p=0.016$, $P_{\text{interaction}}=0.075$) and BARC type 2, 3, or 5 bleeding (5.7% vs 11.2%, HR 0.496; 95% CI 0.317-0.776, $p=0.002$, $P_{\text{interaction}}=0.011$).

Conclusions:

In patients undergoing SPCI, one-month DAPT followed by 23-month ticagrelor monotherapy was associated with different safety profile depending on clinical presentation, with an increased risk of all-cause death in CCS and a reduced bleeding rates in ACS, achieved without a trade-off in the risk of ischemic events.

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110 **Trial registration number:** NCT01813435

111

112 **Keywords:** staged percutaneous coronary intervention, antiplatelet regimen, dual antiplatelet
113 therapy, ticagrelor monotherapy, and bleeding

114

115 **Condensed Abstract**

116 Optimal antiplatelet treatment regimens in patients undergoing staged percutaneous coronary
117 intervention (SPCI) are debatable. Using the all-comers GLOBAL LEADERS population,
118 whether patients undergoing SPCI benefit from a novel aspirin-free antiplatelet regimen was
119 investigated. In patients undergoing SPCI, one-month dual antiplatelet therapy followed by 23-
120 month ticagrelor monotherapy was associated with different safety profile depending on clinical
121 presentation, with an increased risk of all-cause death in chronic coronary syndrome and a
122 reduced bleeding rates in acute coronary syndrome, achieved without a trade-off in the risk of
123 ischemic events.

124

125 **Abbreviation:**

126 DAPT: dual antiplatelet therapy

127 SPCI: staged percutaneous coronary intervention

128 ACS: acute coronary syndrome

129 CCS: chronic coronary syndrome

130 eCRF: electronic case report form

131 SAE: serious adverse events

- 132 MI: myocardial infarction
- 133 BARC: Bleeding Academic Research Consortium
- 134 POCE: patient-oriented composite endpoint
- 135 NACE: net adverse clinical endpoint
- 136 ARC: Academic Research Consortium
- 137 CABG: coronary artery bypass graft
- 138 IQR: interquartile range
- 139 HR: hazard ratio
- 140 CI: confidence interval
- 141 STEMI: ST-elevation myocardial infarction

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Introduction

Dual antiplatelet therapy (DAPT) reduces the risk of stent-related and spontaneous recurrent ischemic events among patients undergoing percutaneous coronary intervention (PCI) (1). The potency and duration of DAPT after PCI are currently based mainly on clinical presentation (acute or chronic coronary syndromes) and the estimated bleeding risk (2) (3). An abbreviated DAPT regimen followed by P2Y12-receptor-antagonist monotherapy could favorably affect the balance between bleeding risks and ischemic benefits (4). Ticagrelor is a reversible and direct-acting oral antagonist of the P2Y12 receptor providing faster, greater, and more consistent platelet inhibition than clopidogrel (5).

Up to one-tenth of patients enrolled in PCI trials require more than one procedure to complete an intended percutaneous revascularization strategy due to multivessel coronary disease (6) (7) (8). It would be ideal, both from patient and societal (health care economic) perspectives, that all lesions requiring intervention are treated in a single session. However, there are legitimate clinical and nonclinical reasons that may justify a staged procedure (9). Interestingly, Spitzer et al showed that the time frame for staged procedure after the start of the index procedure defined in the recent randomized clinical trials was different from trial to trial (1 week to 3 month) (10). Extension of the time delay between the index and staged procedure would extend the duration of DAPT if a prespecified duration is imposed by a trial protocol or guidelines following the final staged procedure. In the latest European and American guidelines with regard to the duration of DAPT, there is no description related to staged procedure, and therefore optimal antiplatelet regimens after staged procedure have not yet been specifically evaluated (2) (11).

199 Staged PCI (SPCI) was defined as an intervention planned at the time of the index study
200 procedure, according to the protocol of the GLOBAL LEADERS trial (**Figure 1**). When SPCI
201 were inevitable for medical or logistic reasons, the reason was documented in the electronic case
202 report form (eCRF) and patient file. In the “index procedure” form of the eCRF, the investigator
203 indicated that the lesion to treat at SPCI was present at the time of the first procedure. The
204 investigator also completed a “SPCI” form. SPCI had to be performed within 3 months of the
205 start of the index procedure, and the patient had to receive the same type of study stent (Biolimus
206 A9-eluting stents).

207 By design when a SPCI occurred outside the time window of 3 months (90 days) after the
208 start of the index procedure, the procedure was considered to be a reintervention and reported as
209 a revascularization event (**Online Figure 1**). In the case of SPCI in the experimental strategy, the
210 1-month treatment period with aspirin (and thus DAPT) had to be re-started after the staged
211 procedure. On the other hand, in case of SPCI in the reference regimen, the 12-month DAPT
212 time clock re-started at the time of the final staged procedure. Patients were followed after
213 hospital discharge for up to 2 years after the index procedure (in case of a SPCI: for up to 2 years
214 after the index procedure). This included 6 clinic visits (at 1 month, 3 months, 6 months, 1 year,
215 1.5 years, and 2 years) to obtain information regarding cardiovascular drug use, hospitalizations
216 and serious adverse events (SAE). An assessment of the cardiovascular drug use and any SAE
217 were recorded during clinical follow-up visits.

218

219 **Adherence to the allocated antiplatelet treatment**

220 At discharge and at the 6 clinical visits (1 month, 3 months, 6 months, 1 year, 1.5 years,
221 and 2 years), information was requested from the patients regarding their adherence to

222 medication intake, including the antiplatelet regimen prescribed by the physician and the reason
223 for discontinuation, duration and type of antiplatelet regimen prescribed (14). In addition, remote
224 site monitoring was performed to ensure patient adherence to the protocol. Each six weeks as a
225 minimum, the monitoring organization contacted each site to discuss the adherence to the
226 allocated antiplatelet treatment.

227

228 **Study endpoints**

229 The primary endpoint was the composite of all-cause death or new Q-wave myocardial
230 infarction (MI) at 2 years. Deaths from any cause were ascertained without adjudication (15). Q-
231 wave MI was centrally adjudicated and defined in compliance with the Minnesota classification
232 (new major Q-QS wave abnormalities) or by the appearance of a new left bundle branch block in
233 conjunction with abnormal biomarkers. According to the design of the GLOBAL LEADERS, the
234 endpoint of all-cause mortality or new Q-wave MI evaluated by core lab was also assessed
235 between 1 and 12 months. The electrocardiogram was collected at discharge, 3 months and 24
236 months and analyzed in the core lab. Whenever Q wave MI was detected at 24 months medical
237 records during the study period were reviewed by independent assessor to determine the possible
238 date of Q wave MI.

239 The key secondary safety endpoint was bleeding according to Bleeding Academic
240 Research Consortium (BARC) criteria type 3 or 5 up to 2 years. Other secondary endpoints
241 included individual components of the primary endpoint (all-cause death and non-fatal new Q-
242 wave MI), any stroke, any MI, any revascularization, and definite stent thrombosis.

243 In addition, patient-oriented composite endpoint (POCE) and net adverse clinical
244 endpoint (NACE) were evaluated at 2 years according to the Academic Research Consortium

245 (ARC)-2 definition (16) (17). POCE is defined as the composite of all-cause death, any stroke
246 (ischemic, haemorrhagic or undetermined), any MI (periprocedural or spontaneous MI), and any
247 revascularization (repeated PCI or coronary artery bypass graft [CABG] surgery in target or non-
248 target vessel). MI were reported according to the third universal definition of MI, contemporary
249 at the time of study design (12). NACE is defined as the composite of POCE and BARC type 3
250 or 5 bleeding. Composite endpoints were analysed hierarchically. Individual components of the
251 composite endpoints as well as definite stent thrombosis according to ARC definition (18), were
252 reported non-hierarchically. All endpoints were site-reported, as the trial did not have a clinical
253 adjudication committee for serious adverse events due to limited financial resources.

254

255 **Statistical analysis**

256 Continuous variables are reported as mean \pm standard deviations or median and are
257 compared using Student's *t* tests or Mann-Whitney U test, respectively. Categorical variables are
258 reported as percentages and numbers and are compared using Chi-square or Fisher's exact test as
259 appropriate.

260 All analyses are performed according to intention-to-treat principle. The cumulative
261 incidence of clinical events up to 2 years is calculated using the Kaplan-Meier method and
262 compared using the log-rank test. Hazard ratio (HR) with 95% confidence interval (CI) is
263 estimated using a Cox proportional regression model. The treatment effect of the experimental
264 strategy versus the reference regimen between the 2 groups is estimated using a Cox regression
265 model. In addition, a pre-specified subgroup analysis according to clinical presentation (CCS or
266 ACS) is performed, since P2Y12 inhibitors in the reference regimen were different according
267 clinical presentation (12).

268 All tests are two-sided and a p-value of <0.05 is considered to be statistically significant.
269 No adjustment for multiple testing is performed in view of the post-hoc nature of the analysis
270 (19). All data were processed using SPSS version 26.0 (IBM Inc, Armonk, NY, USA).

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Results

273 Participants

274 The GLOBAL LEADERS trial enrolled 15,991 patients at 130 hospitals in 18 countries
275 between July 2013 and November 2015 in an all-comers design: no restriction regarding the
276 clinical presentation of patients, the complexity of lesions or the number of stents used (20).
277 Flow chart of the present study is shown in **Figure 2**. Twenty-three patients withdrew consent
278 and requested data deletion from the database, leaving 15,968 patients in the present analysis.
279 After randomization, 1,651 patients received SPCI according to the protocol of the trial. Of
280 these, 847 patients were assigned in the experimental strategy and 804 patients were assigned in
281 the reference regimen.

282

283 Baseline characteristics in patients undergoing SPCI and non-SPCI

284 Baseline patient and procedural characteristics in patients undergoing SPCI and non-
285 SPCI were shown in **Online Table 1**. Male gender was more frequently observed in the SPCI
286 group than in the non-SPCI group. Patients in the SPCI group were less likely to have
287 comorbidities (hypercholesterolaemia and a history of MI, PCI, and CABG), whereas they were
288 current smoker more frequently. The frequency of ACS (unstable angina, non-ST-elevation
289 myocardial infarction [NSTEMI], and STEMI) was higher in the SPCI group than the non-SPCI
290 group.

291 Angiographically, treated lesion numbers and treated lesions were significantly different
292 between the 2 groups. Of note, multivessel treatment and bifurcation treatment were more
293 frequently observed in the SPCI group compared to the non-SPCI group.

294

295 **Clinical outcomes in patients undergoing SPCI and non-SPCI**

296 Clinical outcomes at 2 years in patients undergoing SPCI and non-SPCI are shown in
297 **Online Table 2**. The risks of the primary and key secondary endpoints were similar between the
298 2 groups. However, the multivariate Cox regression model demonstrated that the risks of all-
299 cause death (3.5% vs 2.9%, HR 1.437 [95% CI 1.020-2.025, p=0.038), POCE (17.2% vs 13.2%,
300 HR 1.388 [95% CI 1.186-1.625, p<0.001), any revascularization (13.2% vs 9.2%, HR 1.515
301 [95% CI 1.263-1.817, p<0.001), BARC type 2, 3, or 5 bleeding (8.0% vs 6.5%, HR 1.261 [95%
302 CI 1.006-1.581, p=0.044), and NACE (18.7% vs 14.5%, HR 1.365 [95% CI 1.174-1.588,
303 p<0.001) were higher in the SPCI group than the non-SPCI group.

304

305 **Baseline patient and procedural characteristics according to the antiplatelet regimen in** 306 **patients undergoing SPCI**

307 Baseline patient characteristics according to the antiplatelet regimen in patients
308 understanding SPCI are shown in the **Table 1**. There was no significant difference between the 2
309 regimens.

310 At index PCI, thrombus aspiration was less frequently used in the experimental strategy
311 than the reference regimen (7.8% vs 11.0%, p=0.011), whereas the frequency of STEMI was
312 numerically higher, but not significantly different, in the experimental strategy (25.5% vs 21.5%,
313 p=0.055) (**Table 2**).

314 At SPCI, treated lesions were significantly different between the 2 groups (left main
315 coronary artery: 1.8% [experimental strategy] vs 2.6% [reference regimen], left anterior
316 descending artery: 36.7% vs 31.2%, left circumflex artery: 27.9% vs 26.7%, right coronary
317 artery: 33.5% vs 38.9%, and bypass graft: 0.1% vs 0.6%, $p=0.009$) (**Table 3**).

318

319 **Adherence during clinical follow-up visits to the allocated antiplatelet regimen between**
320 **patients undergoing SPCI and non-SPCI**

321 At 3 months of the clinical follow-up visit, adherence rate of the allocated antiplatelet
322 regimen was significantly lower in patients undergoing SPCI with experimental strategy than in
323 those with non-SPCI (77.7% vs 87.0%, $p<0.001$) (**Table 4**). At the other follow-up visits, there
324 was no difference in adherence rate.

325

326 **Impact of the experimental strategy in relation to SPCI**

327 The Kaplan-Meier curves of NACE, all-cause death, any MI, any revascularization,
328 BARC type 3 or 5 bleeding, and BARC type 2, 3, or 5 bleeding at 2-year follow up according to
329 the randomized antiplatelet regimen in patients undergoing SPCI are presented in **Online Figure**
330 **2**. The treatment effect of the experimental strategy versus the reference regimen in patients
331 undergoing SPCI and non-SPCI is presented in **Online Figure 3**. At 2 years, the risks of the
332 primary and key secondary endpoints were similar between the 2 regimens, as were the risk of
333 all other bleeding and ischemic endpoints.

334

335 **Stratified analysis according to clinical presentation (CCS or ACS)**

336 In patients undergoing SPCI, irrespective of clinical presentation (CCS or ACS), there
337 was no significant difference in the primary endpoint at 2 years between the two anti-platelet
338 regimens.

339 However in CCS patients undergoing SPCI, the experimental strategy trended toward an
340 increasing risk of all-cause death (4.1% vs 1.7%, HR 2.465; 95% CI 0.888-6.845, $p=0.083$), and
341 that numerical difference was not seen in patients with non-SPCI (SPCI vs non-SPCI,
342 $P_{\text{interaction}}=0.042$) (**Figure 3**).

343 In ACS patients undergoing SPCI, the risks of NACE (15.0% vs 20.4%, HR 0.707 [95%
344 CI 0.526-0.951, $p=0.022$), which was mainly derived from BARC type 3 or 5 bleeding (1.8% vs
345 4.5%, HR 0.387 [95% CI 0.179-0.836, $p=0.016$), and BARC type 2, 3, or 5 bleeding (5.7% vs
346 11.2%, HR 0.496 [95% CI 0.317-0.776, $p=0.002$) were significantly lower amongst patients
347 receiving the experimental strategy. The treatment effect (reduction of bleeding) was specially
348 prominent for BARC type 2, 3, or 5 bleeding, and the effect was not seen in patients with non-
349 SPCI (SPCI vs non-SPCI, $P_{\text{interaction}}=0.011$) (**Figure 4**).

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351

Discussions

352 The present study compared and assessed 2-year clinical outcomes of patients treated
353 with 1-month DAPT followed by 23-month ticagrelor monotherapy and 12-month DAPT
354 regimen followed by 12-month aspirin monotherapy after SPCI in the GLOBAL LEADERS
355 trial. The main findings of this study can be summarized as follows:

- 356 1. In our cohort, patients undergoing SPCI had a higher risk of all-cause death, POCE, any
357 revascularization, BARC type 2, 3, or 5 bleeding, and NACE up to 2 years than patients
358 with non-SPCI.

359 2. Overall in patients undergoing SPCI, the risks of the primary and key secondary endpoint
360 were similar between the experimental and reference regimen, as were the risks of all
361 other bleeding and ischemic events.

362 3. When stratified according to clinical presentation, patients with CCS undergoing SPCI
363 tended to have a higher risk of all-cause death in the experimental strategy, whereas ACS
364 patients undergoing SPCI had a significantly lower risk of NACE in the experimental
365 strategy group, mainly due to lower BARC type 3, or 5 bleeding, and BARC type 2, 3, or
366 5 bleeding.

367 Given the association between extent and complexity of coronary artery disease and
368 subsequent higher rates of adverse events (7), the need to identify and provide patients at higher-
369 risk of ischemic events with an optimal treatment is of paramount importance. In the present
370 study, at the index procedure, the rate of PCI with complex lesions was higher in patients
371 undergoing SPCI compared with the other patients. This high frequency of complex PCI could
372 inherently affect the 2-year ischemic event rate (21). Although in the randomized EXCEL trial,
373 which compared PCI to CABG in patients with unprotected left main coronary artery disease,
374 SPCI showed a borderline reduction of all-cause death up to 3 years by multivariate analysis
375 (HR 0.14; 95% CI 0.02 to 1.01; p=0.051) (8), it must be emphasised that the sample sizes of
376 patients undergoing SPCI with treated left main artery disease in both trials (EXCEL: 77 patients
377 and GLOBAL LEADERS: 62 patients) are underpowered to draw any valid conclusion.

378 Regarding bleeding events, well-established predictors of bleeding events such as age,
379 impaired renal function and vascular access were comparable between the staged and non-SPCI
380 group. However, it is conceivable that SPCI led to further bleeding events since at the time of the
381 staged procedure, vascular access had to be re-established while on potent antiplatelet regimen,

382 either DAPT or ticagrelor monotherapy. Of note, in the present study, at 3-month clinical follow-
383 up visit, adherence rate of the experimental strategy was lower in patients undergoing SPCI than
384 those with non-SPCI. In case of ticagrelor discontinuation due to adverse effects other than
385 bleeding (i.e. atrioventricular block, dyspnea), patients could be switched to a standard dose of
386 prasugrel in both antiplatelet regimens (12). As described in the primary publication of the
387 GLOBAL LEADERS trial, dyspnea was a common reason for non-adherence of ticagrelor (20).
388 Besides multifactorial cause for non-adherence to the experimental strategy at 3 months in
389 patients undergoing SPCI, the reintervention itself might also impact the protocol based DAPT
390 duration.

391 In the present study, the experimental strategy trended toward an increased risk of all-
392 cause death in CCS patients undergoing SPCI versus non-SPCI. One explanation of this result is
393 that the rates of BARC type 3 or 5 bleeding was numerically higher in CCS patients undergoing
394 SPCI. Of note, the THEMIS trial also demonstrated that the incidence of the long-term major
395 bleeding was higher in the ticagrelor plus aspirin group than the aspirin monotherapy group in
396 CCS patients (22). Previous studies have shown that major bleeding is a common adverse event
397 after PCI and is associated with increased morbidity and mortality (23) (24). Bleeding predictors
398 have been described extensively; they are related mostly to the patient's clinical characteristics,
399 the invasiveness of the procedure, and the potency of the antithrombotic regimen. As indicated in
400 the updated European guideline, clopidogrel was recommended and ticagrelor discouraged in
401 CCS patients, regardless of the bleeding risk (2). The present result might suggest that ticagrelor
402 monotherapy for patients with CCS was harmful due to an increased risk of major bleeding, and
403 therefore at staged procedure, the re-institution of experimental strategy (DAPT with ticagrelor
404 followed by ticagrelor monotherapy) in CCS should be discouraged as well as the antiplatelet

405 regimen including ticagrelor in CCS at index procedure. However, recent publication reported
406 that ticagrelor 60mg or 90mg twice-daily provided greater and more consistent platelet inhibition
407 on cellular uptake as well as platelet reactivity than clopidogrel in CCS patients undergoing
408 elective PCI (25), and possibly, reduced ticagrelor 60mg twice-daily would be warranted to
409 decrease bleeding events.

410 On the other hand, in ACS patients undergoing SPCI, the frequency of BARC type 3 or 5
411 bleeding was significantly lower in the experimental strategy than the reference regimen. Since
412 the duration of DAPT according to the protocol of the GLOBAL LEADERS trial was reset at the
413 final staged procedure (12), irrespective of the timing of staged procedure, execution of SPCI
414 made the duration of DAPT extended both in patients randomized to the experimental or the
415 reference regimen. Several studies reported that long-term DAPT after placement of a drug-
416 eluting stent was associated with an increased risk of bleeding events compared to short-term
417 DAPT (1) (26). Recently, Tomaniak et al have also demonstrated that between 1 month and 12
418 months after PCI in ACS patients – the time-frames when a direct comparison of aspirin versus
419 aspirin and ticagrelor therapy was possible by the study protocol – aspirin was associated with
420 increased bleeding risk and appeared not to add to the benefit of ticagrelor on ischemic events
421 (27). Ticagrelor monotherapy after 1-month DAPT in ACS patients undergoing SPCI could
422 provide a clinical benefit up to 2 years as a risk reduction of bleeding events, and importantly,
423 this anti-bleeding safety was achieved without a trade-off in an increased risk of ischemic events.

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Limitations

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427

The present study has several limitations. First, although planned in the design paper of
the GLOBAL LEADERS trial, the study is a post hoc analysis of a neutral randomized

428 controlled study. Inherent subgroup analysis limitations, including the risk of multiple testing,
429 cannot be excluded. Therefore, our findings should be considered as strictly hypothesis-
430 generating. Further, all secondary clinical endpoints were site-reported; the trial did not have a
431 central clinical adjudication committee for serious adverse events due to limited financial
432 resources. However, seven on-site monitoring visits were performed in each participating center,
433 and 20% of the reported events were checked according to the source documents. In addition, the
434 rate of site reported BARC type 3 bleeding in the GLOBAL LEADERS trial and the rate of
435 adjudicated BARC type 3 bleeding in the GLOBAL LEADERS adjudication sub-study
436 (GLASSY) were similar (28) (29). A fact indicating that any serious issue of reclassification is
437 highly unlikely.

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Conclusions

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Clinical Perspective:

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What is known?

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Although all lesions requiring intervention would ideally be treated in a single session both from
patient and societal (health care economic) perspectives, SPCI might be necessary due to
legitimate clinical and nonclinical reasons. To date, optimal antiplatelet regimens after SPCI
have not yet been specifically evaluated.

451 **What is new?**

452 Our study investigated whether patients undergoing SPCI benefit from a novel aspirin-free
453 antiplatelet regimen compared with standard DAPT regimen using the all-comers GLOBAL
454 LEADERS population. One-month DAPT followed by 23-month ticagrelor monotherapy might
455 be associated with different safety profile depending on the clinical presentation, with an
456 increased risk of all-cause death in CCS and reduced bleeding in ACS, achieved without a trade-
457 off in the risk of ischemic events.

458 **What is next?**

459 The results of the present study should be considered hypothesis-generating. Ideally, optimal
460 antiplatelet regimens based on the clinical presentation in patients undergoing SPCI would be
461 prospectively evaluated in an adequately powered randomized trial.

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463 **Acknowledgments:**

464 The authors thank the investigators and institutions participating in the GLOBAL LEADERS
465 trial.

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571 **Table 1. Baseline patient characteristics according to the antiplatelet regimen in patients undergoing staged PCI**

	Overall N=1651	Experimental strategy N=847	Reference regimen N=804	p value
Age	65.0 ± 9.9	65.0 ± 9.9	64.9 ± 9.9	0.885
Male	1315 (79.8%)	650 (80.8%)	665 (78.5%)	0.239
Body mass index, kg/m ²	28.1 ± 4.5	28.0 ± 4.4	28.2 ± 4.5	0.342
Medical history				
Diabetes mellitus	431 (26.1%)	195 (24.3%)	236 (27.9%)	0.092
Insulin-dependent diabetes mellitus	140 (8.5%)	62 (7.7%)	78 (9.3%)	0.269
Hypertension	1223 (74.6%)	584 (73.1%)	639 (76.1%)	0.166
Hypercholesterolemia	1060 (67.4%)	508 (66.1%)	552 (68.6%)	0.305
Previous stroke	50 (3.0%)	27 (3.4%)	23 (2.7%)	0.449
Previous myocardial infarction	300 (18.2%)	146 (18.2%)	154 (18.3%)	0.945
Previous PCI	382 (23.2%)	177 (22.0%)	205 (24.2%)	0.298
Previous coronary artery bypass grafting	59 (3.6%)	28 (3.5%)	31 (3.7%)	0.846
Peripheral vascular disease	96 (5.9%)	46 (5.8%)	50 (6.0%)	0.857
Chronic obstructive pulmonary disease	74 (4.5%)	37 (4.6%)	37 (4.4%)	0.830
Previous major bleeding	15 (0.9%)	7 (0.9%)	8 (0.9%)	0.873
Current smoker	500 (30.3%)	237 (29.5%)	263 (31.1%)	0.487
Impaired renal function *	219 (13.3%)	94 (11.7%)	125 (14.8%)	0.065
Clinical presentation				
Chronic coronary syndrome	634 (38.4%)	295 (36.7%)	339 (40.0%)	0.164
Acute coronary syndrome	1017 (61.6%)	509 (63.3%)	508 (60.0%)	0.164
Unstable angina	236 (14.3%)	115 (14.3%)	121 (14.3%)	0.992
Non-ST-elevation myocardial infarction	394 (23.9%)	189 (23.5%)	205 (24.2%)	0.740
ST-elevation myocardial infarction	387 (23.4%)	205 (25.5%)	182 (21.5%)	0.055

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573 Values are expressed as n (%) or mean \pm standard deviation.

574 * Defined as an estimated glomerular filtration rate of creatinine clearance of <60 mL/min per 1.73 m² based on the Modification of

575 Diet in Renal Disease formula.

576 PCI: percutaneous coronary intervention

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589 **Table 2. Procedural characteristics at index procedure in patients undergoing staged PCI**

	Overall N=1651	Experimental strategy N=847	Reference regimen N=804	p value
Access site				0.997
Radial	1198 (72.6%)	614 (72.5%)	584 (72.6%)	
Femoral	451 (27.3%)	232 (27.4%)	219 (27.2%)	
Brachial	2 (0.1%)	1 (0.1%)	1 (0.1%)	
Lesions treated per patient				0.970
One lesion	1173 (72.4%)	602 (72.6%)	571 (72.2%)	
Two lesions	369 (22.8%)	188 (22.7%)	181 (22.9%)	
Three lesions or more	78 (4.8%)	39 (4.7%)	39 (4.9%)	
Treated lesions				0.891
n (lesions)	2157	1103	1054	
Left main coronary artery	20 (0.9%)	10 (0.9%)	10 (0.9%)	
Left anterior descending artery	820 (38.0%)	415 (37.6%)	405 (38.4%)	
Left circumflex artery	523 (24.2%)	267 (24.2%)	256 (24.3%)	
Right coronary artery	780 (36.2%)	402 (36.4%)	378 (35.9%)	
Bypass graft *	14 (0.6%)	9 (0.8%)	5 (0.5%)	
Stented lesions				
Number of stents	1.3 ± 0.6	1.3 ± 0.6	1.3 ± 0.6	0.581
Biolimus A9-eluting stent	2005 (94.8%)	1035 (95.5%)	970 (94.0%)	0.125
Mean total stent length per lesion, mm	2.98 ± 0.44	2.97 ± 0.43	3.00 ± 0.45	0.232
Mean stent diameter per lesion, mm	28.5 ± 15.8	28.6 ± 16.2	28.3 ± 15.5	0.680
Direct stenting per lesion	562 (26.6%)	283 (26.1%)	279 (27.0%)	0.334
Bifurcation per lesion	324 (15.0%)	169 (15.3%)	155 (14.7%)	0.689
Thrombus aspiration done per lesion	202 (9.4%)	86 (7.8%)	116 (11.0%)	0.011

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591 Values are expressed as n (%) or mean \pm standard deviation.

592 * Grafts counted as one separate vessel.

593 PCI: percutaneous coronary intervention

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608 **Table 3. Procedural characteristics at staged procedure in patients undergoing staged PCI**

	Overall N=1651	Experimental strategy N=847	Reference regimen N=804	p value
Vascular access site				0.781
Radial	1007 (67.7%)	520 (68.2%)	487 (67.3%)	
Femoral	477 (32.1%)	242 (31.7%)	235 (32.5%)	
Brachial	3 (0.2%)	1 (0.1%)	2 (0.3%)	
Lesions treated per patient				0.209
One lesion	1122 (75.9%)	574 (75.5%)	548 (76.2%)	
Two lesions	291 (19.7%)	158 (20.8%)	133 (18.55%)	
Three lesions or more	66 (4.5%)	28 (3.7%)	38 (5.3%)	
Treated lesions				0.009
n (lesions)	1916	980	936	
Left main coronary artery	42 (2.2%)	18 (1.8%)	24 (2.6%)	
Left anterior descending artery	652 (34.0%)	360 (36.7%)	292 (31.2%)	
Left circumflex artery	523 (27.3%)	273 (27.9%)	250 (26.7%)	
Right coronary artery	692 (36.1%)	328 (33.5%)	364 (38.9%)	
Bypass graft *	7 (0.4%)	1 (0.1%)	6 (0.6%)	
Stented lesions				
Number of stents	1.2 ± 0.6	1.2 ± 0.7	1.2 ± 0.6	0.579
Biolimus A9-eluting stent	1490 (82.0%)	755 (81.4%)	735 (82.8%)	0.433
Mean total stent length per lesion, mm	2.88 ± 0.44	2.88 ± 0.44	2.89 ± 0.45	0.446
Mean stent diameter per lesion, mm	26.9 ± 15.5	27.1 ± 15.9	26.7 ± 15.2	0.591
Direct stenting per lesion	615 (33.9%)	304 (32.8%)	311 (35.0%)	0.308
Bifurcation per lesion	236 (12.3%)	122 (12.4%)	114 (12.2%)	0.858
Thrombus aspiration done per lesion	12 (0.6%)	4 (0.4%)	8 (0.9%)	0.216

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610 Values are expressed as n (%) or mean \pm standard deviation.

611 * Grafts counted as one separate vessel.

612 PCI: percutaneous coronary intervention

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627 **Table 4. Adherence during clinical follow-up visits to the allocated antiplatelet regimen between patients undergoing staged**
 628 **PCI and non-staged PCI**

	Experimental strategy			Reference regimen		
	Staged PCI	Non-staged PCI	p value	Staged PCI	Non-staged PCI	p value
At discharge	827 (97.9%)	6937 (97.5%)	0.555	774 (96.5%)	6970 (97.3%)	0.210
At 1 month	801 (96.5%)	6678 (96.4%)	0.915	767 (96.2%)	6723 (96.3%)	0.938
At 3 months	6937 (97.5%)	5943 (87.0%)	<0.001	730 (92.8%)	6458 (93.7%)	0.297
At 6 months	696 (84.8%)	5760 (85.0%)	0.853	709 (91.2%)	6276 (91.8%)	0.573
At 12 months	678 (80.0%)	5494 (77.0%)	0.138	685 (85.2%)	6039 (84.1%)	0.604
At 18 months	636 (75.1%)	5226 (73.3%)	0.445	690 (85.8%)	6088 (84.7%)	0.096
At 24 months	627 (74.0%)	5183 (72.7%)	0.658	697 (86.7%)	6284 (87.5%)	0.666

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630 Values are expressed as n (%).

631 PCI: percutaneous coronary intervention

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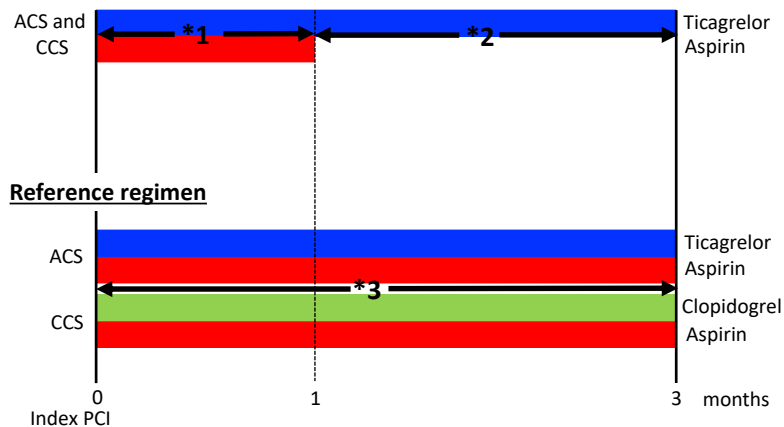
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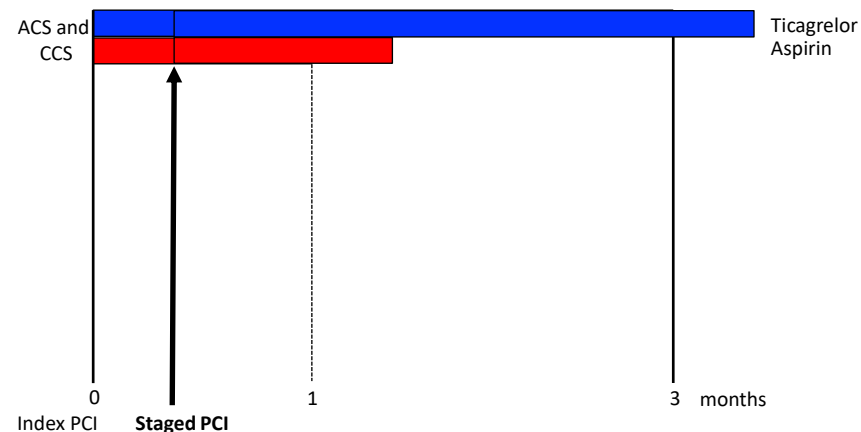
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639 **Figure 1. Definition of staged PCI according to the protocol of the GLOBAL LEADERS trial**

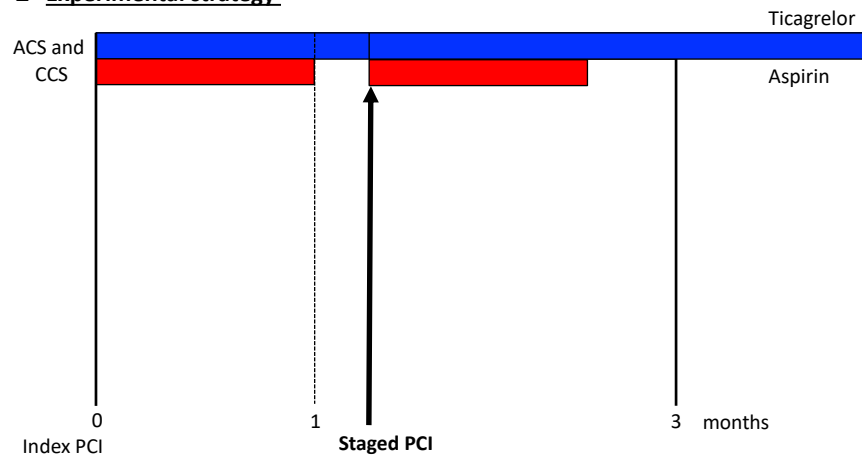
Experimental strategy



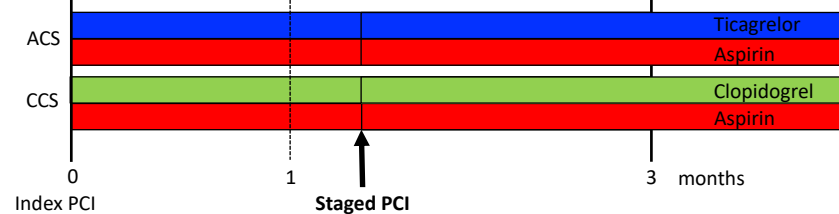
***1 Experimental strategy**



***2 Experimental strategy**



***3 Reference regimen**

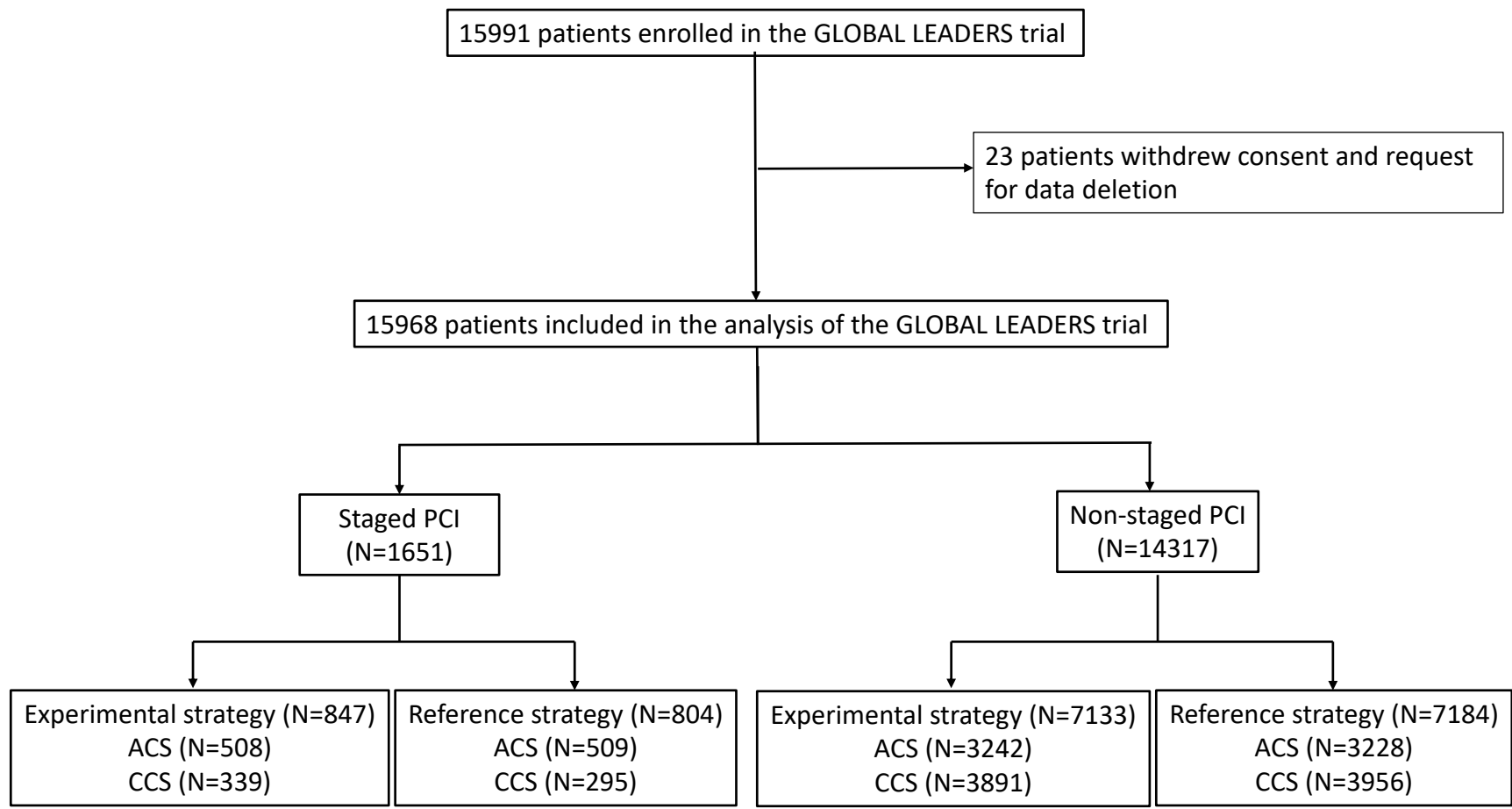


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643 **Figure 2. Flow chart**

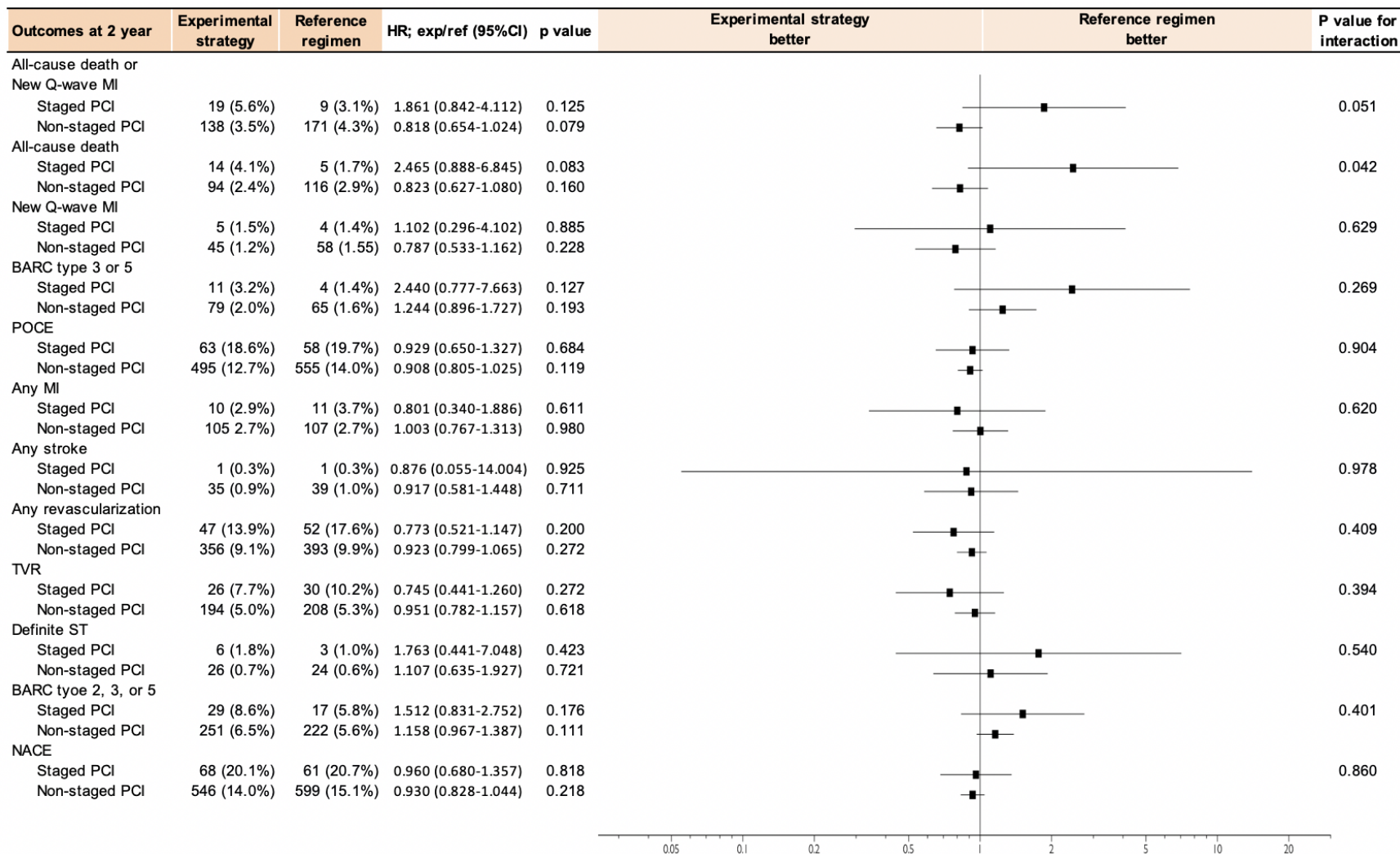


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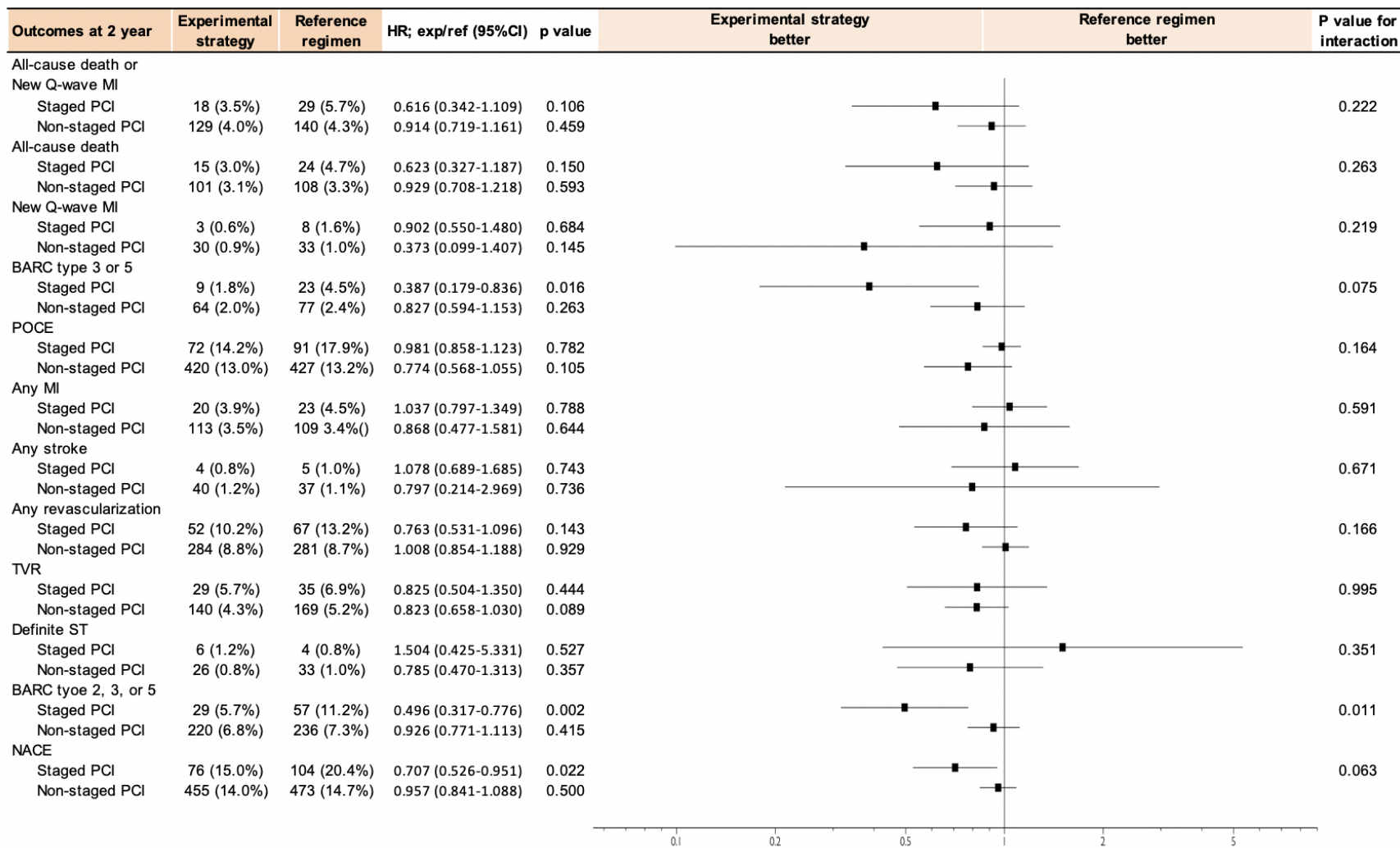
647 **Figure 3. Treatment effect of the experimental strategy versus the reference regimen in CCS patients undergoing staged PCI**



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650 **Figure 4. Treatment effect of the experimental strategy versus the reference regimen in ACS patients undergoing staged PCI**



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Figure legends

Figure 1. Definition of staged PCI according to the protocol of the GLOBAL LEADERS trial the upper left of the figure describes the experimental strategy and reference regimen from index PCI to 3 months. Staged PCI had to be performed within 3 months of the start of the index procedure according to the protocol of the GLOBAL LEADERS trial. Blue, red, and green lines show prescription of ticagrelor, aspirin, and clopidogrel, respectively.

*1: When in the experimental strategy, the staged PCI was performed within 1 month after the index procedure, DAPT (ticagrelor plus aspirin) was prolonged by one month (upper right of the figure).

*2: When in the experimental strategy, the staged PCI was performed more than 1 month after the index procedure, DAPT (ticagrelor plus aspirin) had to be re-started, at the staged PCI. DAPT was continued for 1 month after the staged PCI (bottom left of the figure).

*3: When in the reference regimen, the staged PCI was performed in ACS patients, DAPT (ticagrelor plus aspirin) was theoretically not interrupted whereas in CCS patients, DAPT with clopidogrel and aspirin continued (bottom right of the figure).

PCI: percutaneous coronary intervention

Figure 2. Flow chart

Figure 3. Treatment effect of the experimental strategy versus the reference regimen in CCS patients undergoing staged PCI

CCS: chronic coronary syndrome, MI: myocardial infarction, PCI: percutaneous coronary intervention, HR: hazard ratio, BARC: Bleeding Academic Research Consortium, POCE: patient-oriented composite endpoint, TVR: target vessel revascularization, ST: stent thrombosis, NACE: net adverse clinical events

675 **Figure 4.** Treatment effect of the experimental strategy versus the reference regimen in ACS
676 patients undergoing staged PCI
677 ACS: acute coronary syndrome, MI: myocardial infarction, PCI: percutaneous coronary
678 intervention, HR: hazard ratio, CI: confidence interval, BARC: Bleeding Academic Research
679 Consortium, POCE: patient-oriented composite endpoint, TVR: target vessel revascularization,
680 ST: stent thrombosis, NACE: net adverse clinical events

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Online Tables and Figures

Online Table 1. Baseline patient and procedural characteristics in patients undergoing staged PCI and non-staged PCI

Online Table 2. Clinical outcomes at 2 years in patients undergoing staged PCI and non-staged PCI

Online Figure 1. The days when staged PCI was undergone after index procedure
Cumulative frequency curve shows when staged PCI was undergone after index procedure
PCI: percutaneous coronary intervention

Online Figure 2. Impact of the experimental strategy versus the reference regimen on 2-year clinical outcomes in patients undergoing staged PCI
Kaplan Meier curves show an incidence rate of (A) NACE, (B) all-cause death, (C) any MI, (D) any revascularization, (E) BARC type 3 or 5 bleeding, and (F) BARC type 2, 3, or 5 bleeding at 2 years in patients undergoing staged PCI.

NACE: net adverse composite events, MI: myocardial infarction, BARC: Bleeding Academic Research Consortium, HR: hazard ratio

Online Figure 3. Treatment effect of the experimental strategy versus the reference regimen in patients undergoing staged PCI and non-staged PCI
MI: myocardial infarction, PCI: percutaneous coronary intervention, HR: hazard ratio, CI: confidence interval, BARC: Bleeding Academic Research Consortium, POCE: patient-oriented composite endpoint, TVR: target vessel revascularization, ST: stent thrombosis, NACE: net adverse clinical events

720 **Online Table 1.** Baseline patient and procedural characteristics in patients undergoing staged PCI and non-staged PCI

	Overall N=15968	Staged PCI N=1651	Non-staged PCI N=14317	p value
Patient characteristics				
Age	64.5 ± 10.3	65.0 ± 9.9	64.5 ± 10.4	0.074
Male	12254 (76.4%)	1315 (79.6%)	10939 (76.7%)	0.003
Body mass index, kg/m ²	28.2 ± 4.6	28.1 ± 4.5	28.2 ± 4.6	0.394
Medical history				
Diabetes mellitus	4038 (25.2%)	431 (26.1%)	3607 (25.3%)	0.421
Insulin-dependent diabetes mellitus	1223 (7.6%)	140 (8.5%)	1083 (7.7%)	0.182
Hypertension	11715 (73.5%)	1223 (74.6%)	10492 (73.6%)	0.330
Hypercholesterolemia	10768 (69.9%)	1060 (67.4%)	9708 (69.6%)	0.041
Previous stroke	421 (2.6%)	50 (3.0%)	371 (2.6%)	0.297
Previous myocardial infarction	3710 (23.9%)	300 (18.2%)	3410 (23.3%)	<0.001
Previous PCI	5221 (33.8%)	382 (23.2%)	4839 (32.7%)	<0.001
Previous coronary artery bypass grafting	943 (6.2%)	59 (3.6%)	884 (5.9%)	<0.001
Peripheral vascular disease	1005 (6.4%)	96 (5.9%)	909 (6.4%)	0.386
Chronic obstructive pulmonary disease	821 (5.2%)	74 (4.5%)	747 (5.2%)	0.199
Previous major bleeding	98 (0.5%)	15 (0.1%)	83 (0.6%)	0.105
Current smoker	4169 (25.6%)	500 (30.3%)	3669 (26.1%)	<0.001
Impaired renal function *	2171 (13.7%)	219 (13.3%)	1952 (13.7%)	0.621
Clinical presentation				
Chronic coronary syndrome	8481 (54.8%)	634 (38.4%)	7847 (53.1%)	<0.001
Acute coronary syndrome	7487 (45.2%)	1017 (61.6%)	6470 (46.9%)	<0.001
Unstable angina	2022 (12.5%)	236 (14.3%)	1786 (12.7%)	0.035
ST-elevation myocardial infarction	3373 (20.8%)	394 (23.9%)	2979 (21.1%)	0.004
ST-elevation myocardial infarction	2092 (11.9%)	387 (23.4%)	1705 (13.1%)	<0.001
Procedural characteristics				
Vascular access site				0.554
Radial	11702 (73.8%)	1198 (72.6%)	10504 (73.7%)	
Femoral	4162 (26.1%)	451 (27.3%)	3711 (26.2%)	

Brachial	19 (0.1%)	2 (0.1%)	17 (0.1%)	
Lesions treated per patient				0.019
One lesion	11805 (74.9%)	1173 (72.4%)	10632 (74.6%)	
Two lesions	3187 (19.8%)	369 (22.8%)	2818 (20.1%)	
Three lesions or more	826 (5.3%)	78 (4.8%)	748 (5.2%)	
Treated lesions				<0.001
Left main coronary artery	429 (2.6%)	62 (3.8%)	367 (2.7%)	
Left anterior descending artery	8053 (48.3%)	1199 (72.8%)	6854 (50.8%)	
Left circumflex artery	5009 (28.9%)	902 (54.8%)	4107 (31.6%)	
Right coronary artery	5956 (33.9%)	1138 (69.1%)	4818 (37.6%)	
Bypass graft ^y	218 (1.4%)	20 (1.2%)	198 (1.4%)	
Multivessel treatment	3576 (22.6%)	1399 (84.9%)	2177 (15.3%)	<0.001
Bifurcation or trifurcation	2498 (15.8%)	455 (27.6%)	2043 (14.4%)	<0.001

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722 Values are expressed as n (%) or mean ± standard deviation.

723 * Defined as an estimated glomerular filtration rate of creatinine clearance of <60 mL/min per 1.73 m² based on the Modification of

724 Diet in Renal Disease formula. ^y Grafts counted as one separate vessel.

725 PCI: percutaneous coronary intervention

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731 **Online Table 2.** Clinical outcomes at 2 years in patients undergoing staged PCI and non-staged PCI

Outcomes at 2 years	Staged PCI	Non-staged PCI	Unadjusted HR; staged PCI /non-staged PCI (95% CI)	P value	Adjusted HR; staged PCI /non-staged PCI (95% CI)	P value
All-cause death or New Q-wave MI	75 (4.5%)	578 (4.0%)	1.129 (0.888-1.436)	0.322	1.284 (0.952-1.732)	0.102
All-cause death	58 (3.5%)	419 (2.9%)	1.203 (0.914-1.583)	0.187	1.437 (1.020-2.025)	0.038
BARC type 3 or 5	47 (2.8%)	285 (2.0%)	1.428 (1.049-1.944)	0.024	1.332 (0.907-1.956)	0.144
New Q-wave MI	20 (1.2%)	166 (1.2%)	1.049 (0.660-1.669)	0.838	1.026 (0.577-1.821)	0.931
POCE	284 (17.2%)	1897 (13.2%)	1.333 (1.177-1.510)	<0.001	1.388 (1.186-1.625)	<0.001
Any MI	64 (3.9%)	434 (3.0%)	1.281 (0.985-1.665)	0.064	1.230 (0.886-1.707)	0.215
Any stroke	11 (0.7%)	151 (1.1%)	0.628 (0.340-1.158)	0.136	0.757 (0.352-1.627)	0.475
Any revascularization	218 (13.2%)	1314 (9.2%)	1.478 (1.280-1.705)	<0.001	1.515 (1.263-1.817)	<0.001
TVR	120 (7.3%)	711 (5.0%)	1.474 (1.214-1.788)	<0.001	1.263 (0.995-1.603)	0.055
Definite ST	19 (1.2%)	109 (0.8%)	1.509 (0.927-2.456)	0.098	1.515 (0.819-2.801)	0.186
BARC type 2, 3, or 5	132 (8.0%)	929 (6.5%)	1.237 (1.030-1.484)	0.022	1.261 (1.006-1.581)	0.044
NACE	309 (18.7%)	2073 (14.5%)	1.331 (1.181-1.499)	<0.001	1.365 (1.174-1.588)	<0.001

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733 MI: myocardial infarction, PCI: percutaneous coronary intervention, HR: hazard ratio, CI: confidence interval, BARC: Bleeding

734 Academic Research Consortium, POCE: patient-oriented composite endpoint, TVR: target vessel revascularization, ST: stent

735 thrombosis, NACE: net adverse clinical events

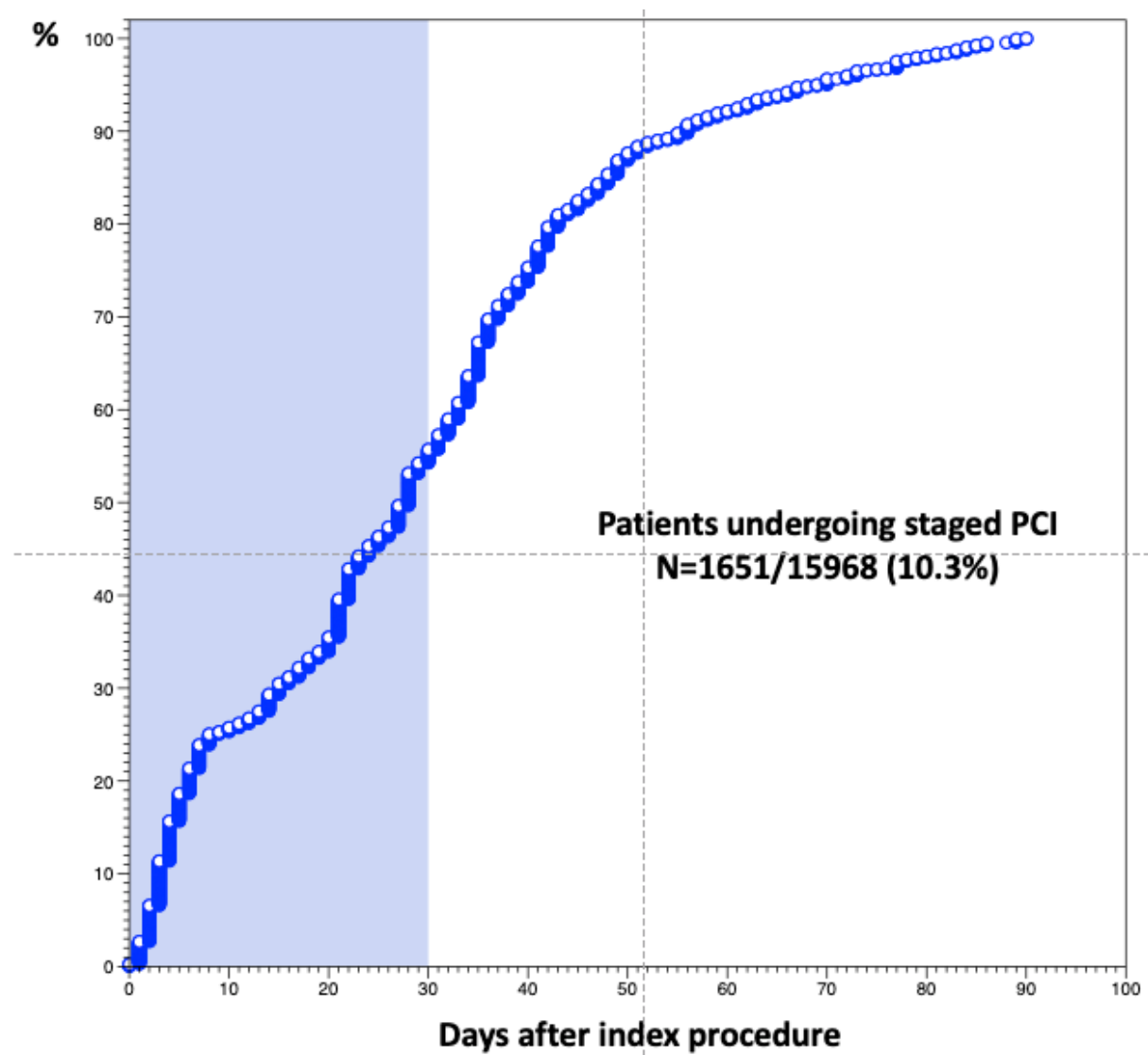
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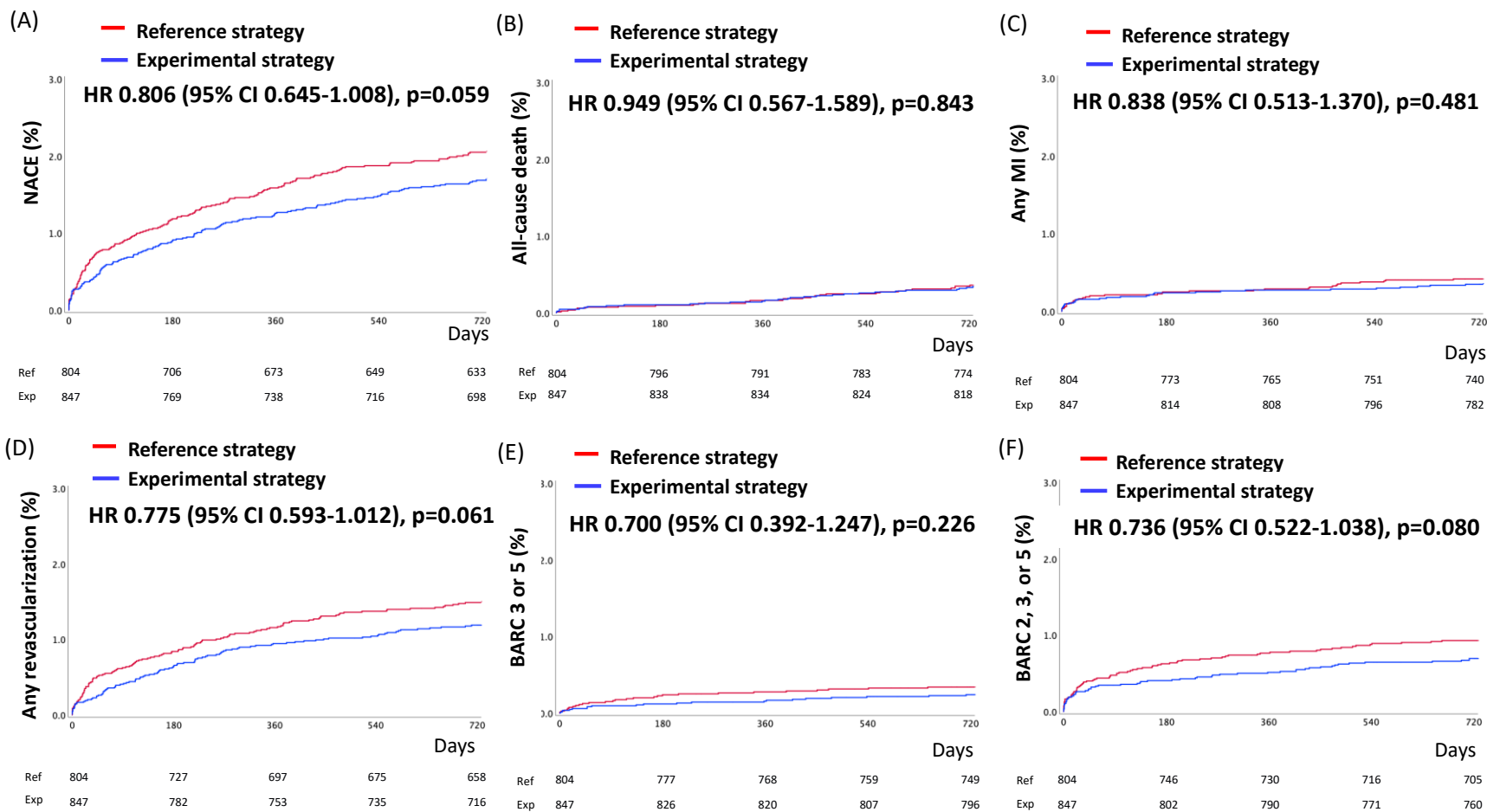
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740 **Online Figure 1.** The days when staged PCI was undergone after index procedure



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742 **Online Figure 2.** Impact of the experimental strategy versus the reference regimen on 2-year clinical outcomes in patients undergoing
 743 staged PCI



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746 **Online Figure 3.** Treatment effect of the experimental strategy versus the reference regimen in patients undergoing staged PCI and
 747 non-staged PCI

