

# Which skills do you need to become a changemaker for sustainable development?

Agoratalk – May 8th 2023 – prof. dr. Tom Kuppens



**UHASSELT** 

**KNOWLEDGE IN ACTION** 

# Where do we want to go?





# How far have we got?

# **Belgium**

OECD member



OVERVIEW

INDICATORS

POLICY EFFORTS

SDG Index Rank

18/163







#### SDG Dashboards and Trends

Click on a goal to view more information.











































































































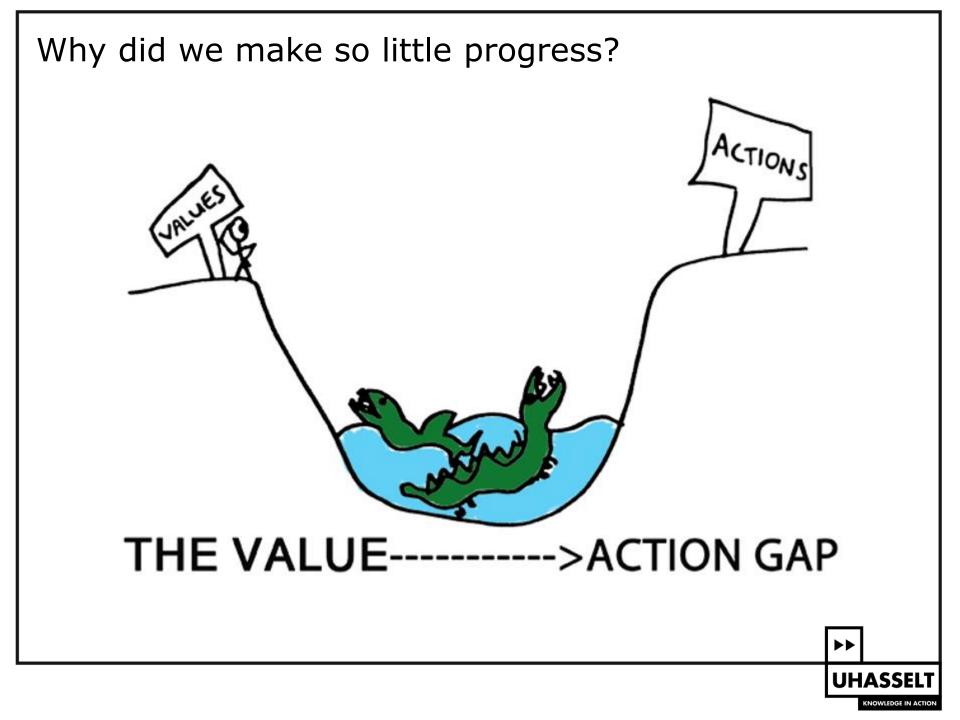












How can we foster **transformation** (individual + systemic)?

# changemaker /tseindg, meikər/ n

anyone who turns ideas into actions for the good of all





What characterizes a changemaker for sustainable development?







# Sustainable development requires inner development

















# IDGs: the 5 dimensions





# IDGs: the 23 skills and qualities



1 Being
Relationship to Self

Inner Compass

Integrity and Authenticity

Openness and Learning Mindset

Self-awareness

Presence



2 Thinking
Cognitive Skills

Critical Thinking

Complexity

Perspective Skills

Sense-making

Long-term Orientation and Visioning



3 Relating
Caring for Others
and the World

**Appreciation** 

Connectedness

Humility

Empathy and Compassion



4 Collaborating Social Skills

Communication Skills

**Co-Creation Skills** 

Inclusive Mindset
And Intercultural
Competence

Trus

**Mobilization Skills** 



5 Acting
Enabling Change

Courage

Creativity

Optimism

Perseverance



# Impactful 5

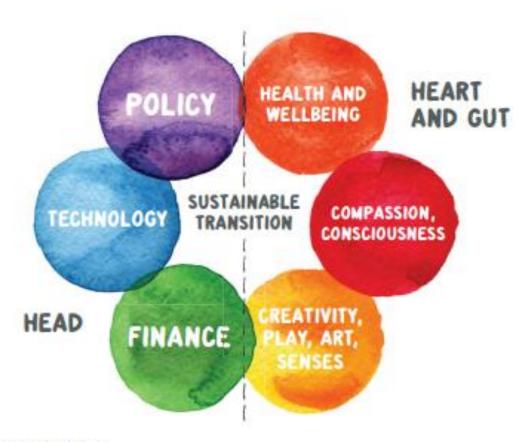






#### Regenerative leadership (Giles Hutchins & Laura Storm, 2019)

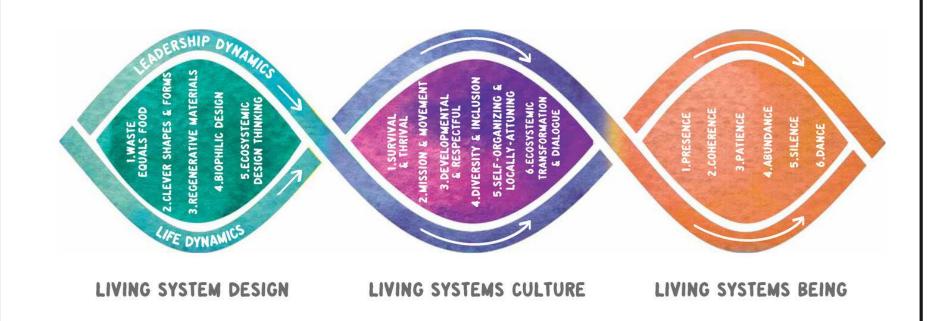
### OUTER AND INNER SUSTAINABILITY



© copyright Hutchins & Storm

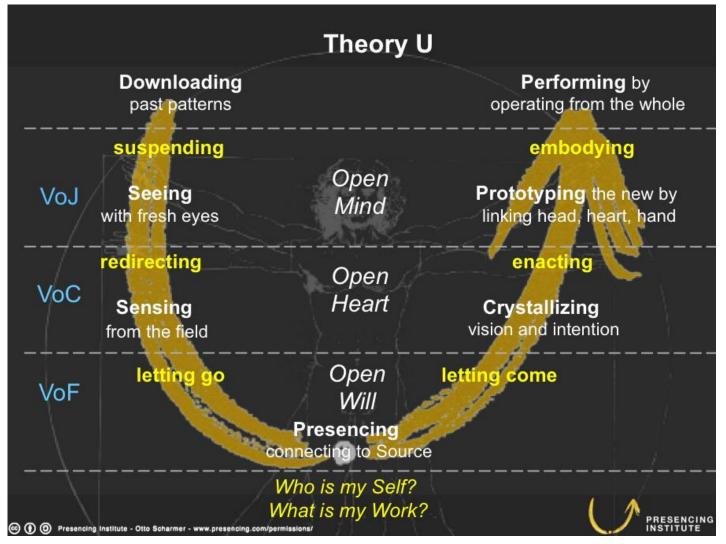


### Regenerative leadership (Giles Hutchins & Laura Storm, 2019)





# Theory U (Otto Scharmer, 2018)





# Getting familiar with Theory U: exercise

- Take a concrete situation in which you are stuck in your current situation.
- Consider your situation as a project, give it a compact title.
- Write down this title in the middle of the first blank page and circle the title.
- Then start associating freely, keep writing around the circled title, let your pen do the work.
- When the flow of words from your pen stops, look at the page and discover which word attracts.
- Put that word, that association on a new blank page and circle it.
- Start associating freely around this new word, this new association, again let your pen do the work.
- Then again, when your pen has stopped, see which word gives you the most energy, put that word on a new blank page.
- Again circle this new word and again start associating.
- Finally, choose a word on this last page and be quiet!
- Keep your attention on your project, the associations and your last circled word for about 3 minutes.

#### What do you discover?

- about your project?
- about yourself in your project?

Source: heteerstehuis.nl



# Tools to train your inner development goals

Unlearning for a Thrivable Future
A draft compendium for educators







www.hostingtransformation.eu

transformation osts international



### Which skills do you need to become a changemaker for SD?

- Sustainable development requires inner development: being, thinking, relating, collaborating, acting
- This requires not only different skills, but also different pedagogies, the so-called impactful 5: meaningful, actively engaging, iterative, socially interactive, joyful
- It requires that outer sustainability is connected with inner sustainability by regenerative leadership
- Theory U and TRACC skills can be powerful tools to help you in this process of personal and organizational transformation towards sustainable development



# Let's team up in changemaking now!



#### prof. dr. Tom Kuppens

assistant professor economics teaching methodology education for sustainable development tom.kuppens@uhasselt.be



in linkedin.com/in/tomkuppens/ @t\_kuppens











