

Prognostic implications and alterations in left atrial deformation following transcatheter aortic valve implantation

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Aims

To evaluate the prognostic implications of the left atrial reservoir strain-defined diastolic dysfunction (LARS-DD) grade in patients undergoing transcatheter aortic valve implantation (TAVI) for severe aortic stenosis (AS) and to determine whether post-TAVI LARS was more closely associated with new-onset atrial fibrillation than pre-TAVI LARS.

Methods and results

Pre-TAVI LARS-DD was evaluated by speckle-tracking echocardiography and was assigned as Grade 0 to 1 (LARS $\geq 24\%$), Grade 2 (LARS 19–24%), and Grade 3 (LARS $< 19\%$). Patients were followed up for the primary endpoint of all-cause mortality from the date of TAVI. For the secondary endpoint, patients with pre- and post-TAVI LARS measurements and no history of atrial fibrillation were evaluated for the occurrence of new-onset atrial fibrillation. A total of 601 patients [median age 81 (76–85) years, 53% males] were included. Overall, 169 patients (28%) were LARS-DD Grade 0/1, 96 patients (16%) were LARS-DD Grade 2, and 336 (56%) were LARS-DD Grade 3. Over a median follow-up of 40 (interquartile range 26–58) months, a total of 258 (43%) patients died. In a comprehensive multivariable Cox regression model, the LARS-DD grade was independently associated with all-cause mortality [adjusted hazard ratio (HR) 1.28 per one-grade increase, 95% confidence interval (CI) 1.07–1.53, $P = 0.007$]. For the secondary endpoint of new-onset atrial fibrillation, a total of 285 patients were evaluated. Post-TAVI LARS (subdistributional HR 1.14 per 1% $< 20\%$, 95% CI 1.05–1.23, $P = 0.0009$), but not pre-TAVI LARS ($P = 0.93$), was independently associated with new-onset atrial fibrillation.

Conclusion

An increased LARS-DD grade was independently associated with long-term post-TAVI survival in patients with severe AS. Post-TAVI LARS was closely related to the occurrence of new-onset atrial fibrillation.

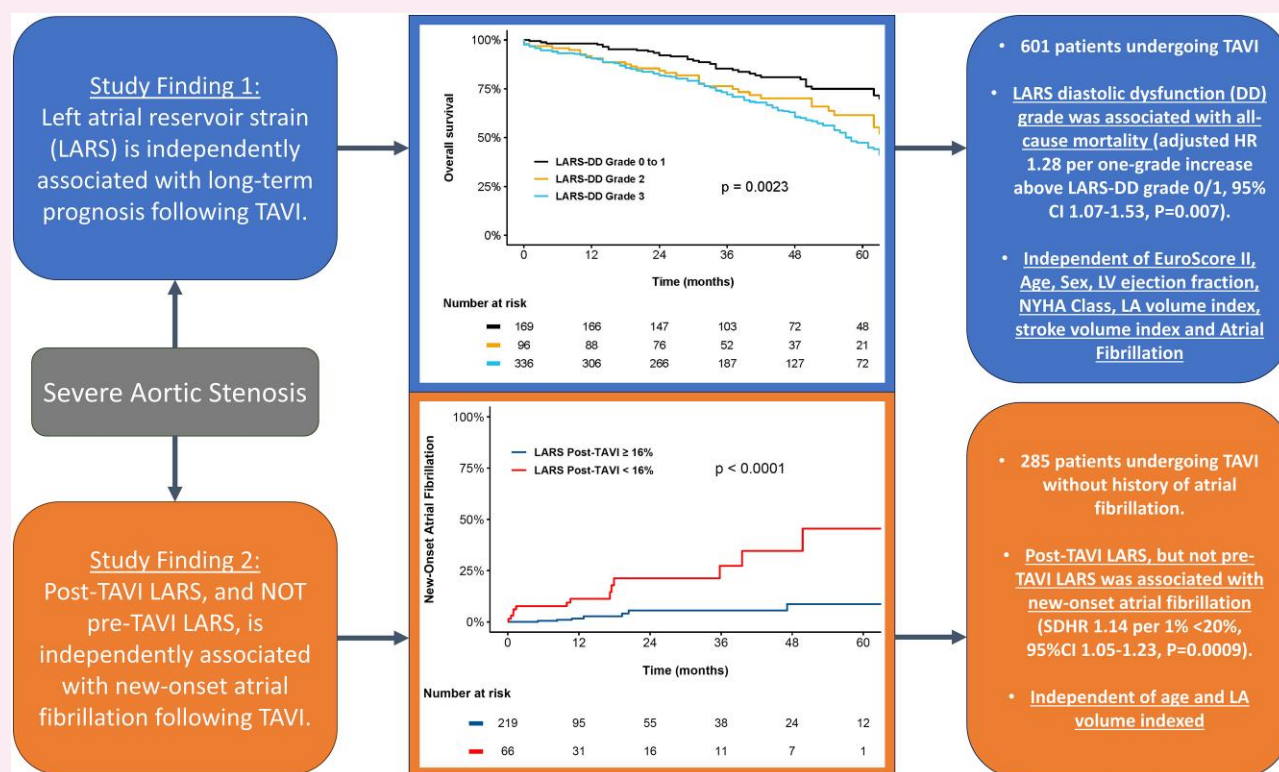
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Graphical Abstract



Keywords

left atrial strain • TAVI • aortic stenosis • diastolic dysfunction • outcome

Introduction

Severe aortic stenosis (AS) is an important cause of morbidity and mortality worldwide, although it remains highly amenable to treatment with surgical aortic valve repair or transcatheter aortic valve implantation (TAVI).^{1,2} Current guidelines recommend intervention in patients with symptoms or impaired left ventricular (LV) systolic function [LV ejection fraction (EF) $<50\%$].^{3,4} However, LV diastolic dysfunction is highly prevalent and typically precedes symptoms and LV systolic dysfunction in patients with severe AS,⁵ and the identification of worse diastolic function could be used to improve patient risk stratification, prognostication, or selection for intervention.⁶

Previously, a more sensitive evaluation of LV diastolic dysfunction severity through the quantification of left atrial reservoir strain (LARS), a parameter of left atrial (LA) deformation, was proposed, termed LARS-defined diastolic dysfunction (LARS-DD) grading.⁷ In severe AS, due to chronic LV pressure overload, it is likely that pre-procedural impairment of LA deformation primarily reflects LV diastolic dysfunction, LV myocardial fibrosis, and elevated LV filling pressures, which may be associated with poor outcome following TAVI.⁶ However, until now, only several small studies have evaluated the prognostic implications of LARS in patients with severe AS undergoing TAVI.⁸⁻¹²

Furthermore, following TAVI and the alleviation of LV pressure overload, it is probable that impaired post-TAVI LARS more closely reflects intrinsic LA dysfunction. Therefore, we hypothesized that post-TAVI LARS, rather than pre-TAVI LARS, would predict the new onset of atrial fibrillation and facilitate the identification of underlying atrial cardiomyopathy or intrinsic LA dysfunction.

Therefore, this study aimed to: (i) evaluate the association between pre-TAVI LARS-DD grade and post-procedural survival in patients undergoing TAVI for severe AS and (ii) examine the hypothesis that post-TAVI LARS is more closely associated with new-onset atrial fibrillation than pre-TAVI assessment of LA deformation.

Methods

Study population

Patients with severe AS who underwent transfemoral TAVI at the Leiden University Medical Center between November 2007 and December 2019 were selected from the departmental echocardiographic database. Patients who underwent valve-in-valve TAVI, or in whom two-dimensional speckle-tracking analysis was not feasible due to inadequate tracking ($n = 72$), were excluded. Patient demographic and clinical data were obtained from the departmental electronic medical record (EPD-vision; Leiden University Medical Centre, Leiden, The Netherlands), and included demographic characteristics, cardiovascular risk factors, EuroSCORE II, New York Heart Association (NYHA) functional class, estimated glomerular filtration rate (eGFR), haemoglobin, and comorbidities. The institutional review board of the Leiden University Medical Centre waived the requirement for written patient informed consent as this study involved the retrospective analysis of clinically acquired data. This investigation conforms to the principles outlined in the Declaration of Helsinki. The data that support the findings of this study are available on reasonable request to the corresponding author.

Echocardiography

Comprehensive transthoracic echocardiography was performed by qualified personnel as a component of routine clinical practice, using an E9 or an E95

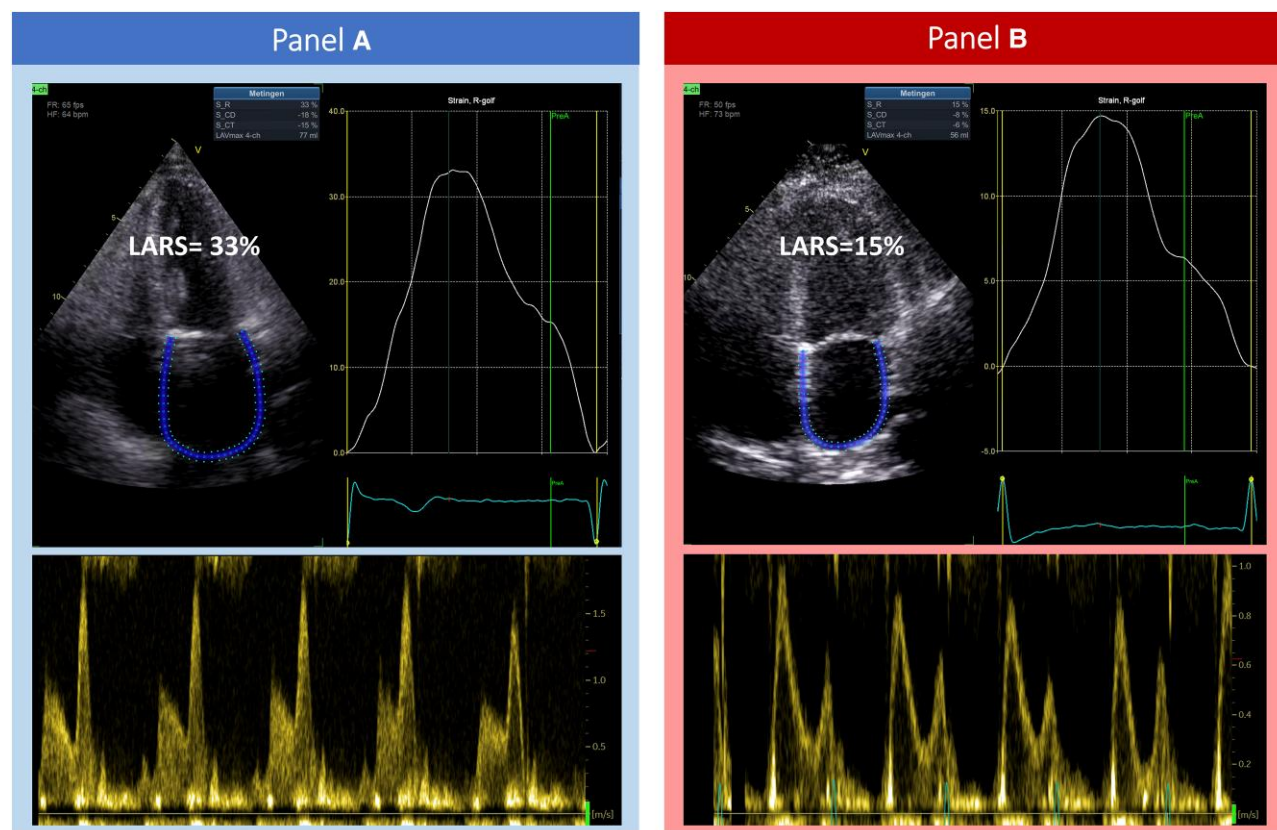


Figure 1 A demonstration of the acquisition of LARS in patients undergoing TAVI for severe aortic stenosis, with left atrial strain curves and corresponding transmitral pulsed wave Doppler flow. (A) A patient with Grade 0/1 LARS-DD (LARS 33%), who survived at long-term follow-up. (B) A patient with Grade 3 LARS-DD (LARS 15%). This patient did not survive at long-term follow-up. LARS, left atrial reservoir strain; LARS-DD, left atrial reservoir strain diastolic dysfunction; TAVI, transcatheter aortic valve implantation.

ultrasound system (General Electric Vingmed Ultrasound, Horten, Norway) with patients at rest in the left lateral decubitus position. Electrocardiogram (ECG)-triggered echocardiographic data were stored digitally in a cine-loop format for offline analysis (EchoPAC Version 203, 204, General Electric Vingmed Ultrasound). Measurements were performed by four personnel with at least 2 years of experience in the evaluation of LA strain by speckle-tracking echocardiography. Echocardiographic images used for the evaluation of post-TAVI LA deformation were acquired at ~1 month following TAVI, as per institutional protocol. AS severity was evaluated according to peak aortic jet velocity, mean pressure gradient, and aortic valve area.¹³ Aortic and mitral regurgitation (MR) severity were graded accordingly as none, mild, moderate, or severe, using a multi-parametric approach, as per guideline recommendations.¹⁴ LV end-diastolic and end-systolic volumes were measured using planimetry in apical two- and four-chamber views. LVEF was subsequently calculated using the Simpson biplane method, while LV mass was quantified using a two-dimensional linear approach.¹⁵ LA volume was measured on apical two- and four-chamber views using the biplane method and was indexed for body surface area. Diastolic dysfunction was graded utilizing a multi-parametric method, as per guideline recommendations.¹⁶ All other standard measurements were performed according to the American Society of Echocardiography and European Association of Cardiovascular Imaging guidelines.¹⁵

Speckle-tracking echocardiography

LARS was measured on an apical four-chamber view with the onset of the QRS complex used as the zero-reference point (R–R gating), according to guideline

recommendations¹⁷ (Figure 1). The endocardial border of the LA was manually traced when it was at its minimum volume following atrial contraction. Automatic tracking of the LA wall by the software was visually verified and corrected by adjusting the region of interest or the width of the contour, ensuring appropriate capture of LA motion. LARS was estimated from the first peak of the LA strain curve, immediately prior to mitral valve opening, using LA end systole as reference. LV global longitudinal strain (GLS) was measured from apical two-, three-, and four-chamber views, according to guideline recommendations.¹⁷

Follow-up

Patients were followed up for the primary endpoint of all-cause mortality from the date of TAVI. Mortality data were collected through the Social Security Death Index or by medical record review and were complete for all patients. The secondary endpoint of the study was the occurrence of new-onset atrial fibrillation from the date of the post-TAVI echocardiogram. Atrial fibrillation was documented on a standard 12-lead ECG, defined as irregular R–R intervals in the absence of distinct repeating P waves and irregular atrial activation, lasting for at least 30 s or during the entire 12-lead ECG.¹⁸

Statistical analysis

Categorical variables are expressed as numbers and percentages, while continuous variables are presented as median and interquartile range (IQR). Differences between groups were compared using the Pearson χ^2 test for categorical variables and the Kruskal–Wallis test for continuous variables. Multiple comparisons were tested using Bonferroni's correction.



independently associated with the occurrence of new-onset atrial fibrillation (adjusted HR 1.13 per 1% < 14%, 95% CI 1.01–1.26, $P = 0.026$), while pre-TAVI LA contractile strain (see [Supplementary data online, Figure S6](#)) was not (adjusted HR 1.03 per 1% decrease, 95% CI 0.94–1.12, $P = 0.55$).

In this study of 601 patients undergoing TAVI for severe AS, (i) LARS-DD was ubiquitous among patients undergoing TAVI with severe AS, with 93% demonstrating at least Grade 1 LARS-DD and 56%

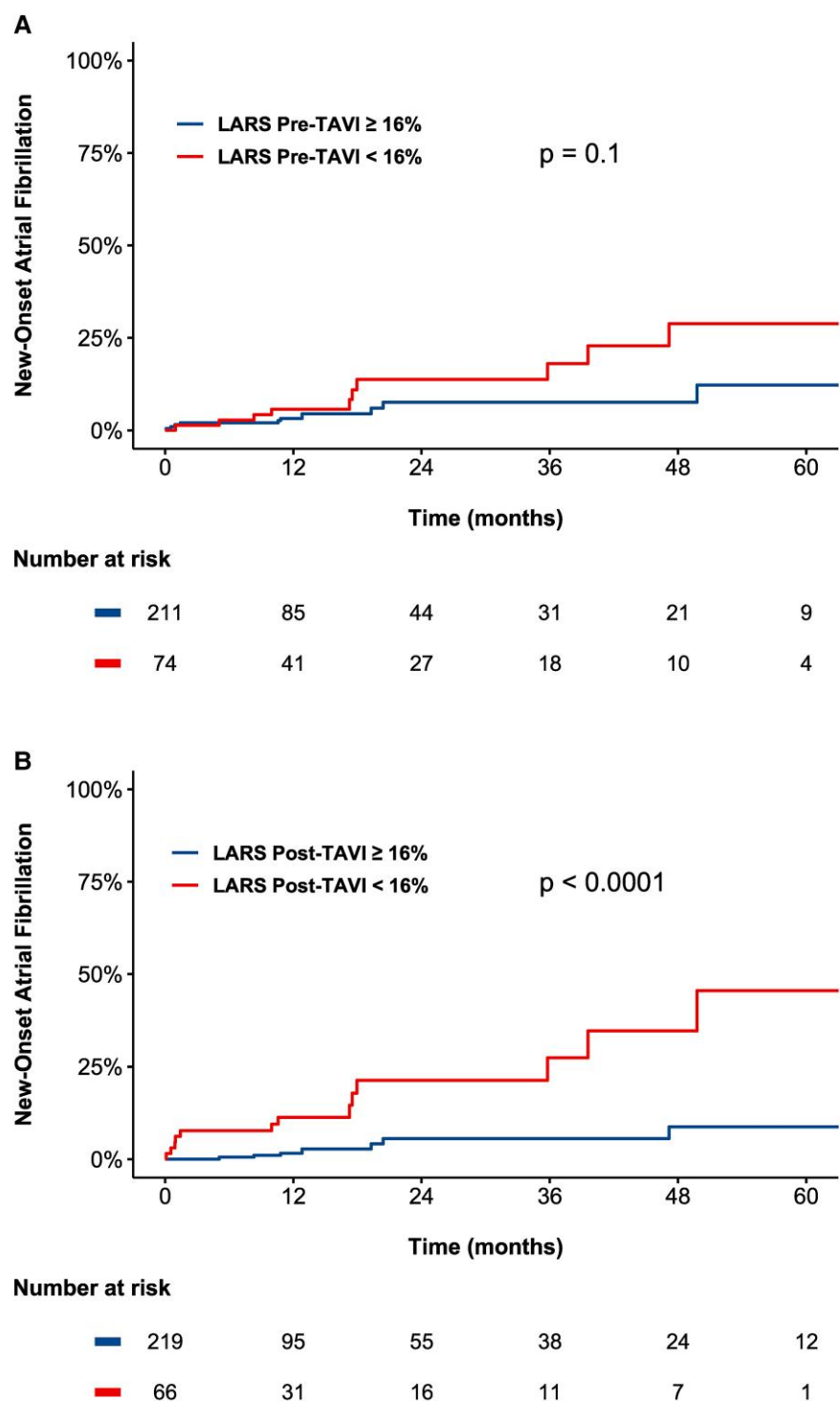


Figure 4 Kaplan–Meier curves demonstrating the association between LARS and new-onset atrial fibrillation according to (A) pre-TAVI LARS and (B) post-TAVI LARS. Lower values of post-TAVI LARS, but not of pre-TAVI LARS, were associated with an increased occurrence of new-onset atrial fibrillation. LARS, left atrial reservoir strain; TAVI, transcatheter aortic valve implantation.

which are reversed substantially following TAVI. Indeed, due to a reduction in LV afterload, post-TAVI LARS may more closely reflect intrinsic LA dysfunction than pre-TAVI LARS, and subsequently, would be expected to be more closely associated with the development of atrial fibrillation.

Clinical implications

The use of LARS-DD grading offers several advantages in the evaluation of diastolic function in severe AS in a clinical setting: (i) a single measurement by speckle-tracking echocardiography is required to evaluate LV diastolic dysfunction, rather than a multi-parametric

Table 4 Association between pre- and post-TAVI LARS and new-onset atrial fibrillation in patients without a history of atrial fibrillation

New-onset AF n = 285	LARS pre-TAVI	LARS post-TAVI	LARS post-TAVI ≥16%	LARS post-TAVI <16%
Events/person-years			8/369	13/108
Incidence rate, per 1000 person-years (95% CI)			2.17 (0.94–4.27)	11.98 (6.38–20.48)
Unadjusted HR (95% CI)	1.04 (0.95–1.13)	1.14 (1.06–1.23)	Reference	5.54 (2.29–13.43)
P-value for HR	0.40	0.0003		0.0002
HR (95% CI) adjusted for age and LAVI, per 1% < 20%	0.97 (0.87–1.07)	1.11 (1.02–1.22)	Reference	5.10 (2.01–12.91)
P-value for adjusted HR	0.53	0.014		0.0006
SDHR (95% CI) adjusted for age and LAVI, per 1% < 20%	1.00 (0.91–1.11)	1.14 (1.05–1.23)	Reference	5.55 (2.17–14.24)
P-value for adjusted SDHR	0.93	0.0009		0.0004

AF, atrial fibrillation; HR, hazard ratio; LARS-DD, left atrial reservoir strain diastolic dysfunction; LAVI, left atrial volume indexed; SDHR, subdistributional hazard ratio for new-onset atrial fibrillation.

evaluation with conventional Doppler assessment, which may be more reproducible and less time-consuming, (ii) evaluation of LARS is angle independent, (iii) evaluation of LV diastolic function with LARS may be more sensitive, accurate, and feasible than conventional assessment.^{7,31} In addition, the present study demonstrates that LARS-DD grading is independently associated with long-term post-TAVI survival, even after adjustment for multi-parametric diastolic dysfunction grading according to guideline recommendations, LVEF, LA volume index, and LV GLS, and may have an important role in patient risk stratification and prognostication. Further research in asymptomatic patients with severe AS is required to evaluate whether LARS-DD grading could improve patient selection for intervention. The current study also demonstrates that post-TAVI LARS may be a better predictor of new-onset atrial fibrillation following TAVI than pre-TAVI LARS, emphasising the need to re-evaluate LA and LV function following the treatment of pressure overload. Indeed, it is possible that reduced post-TAVI LARS reflects insufficient reverse remodelling, an alternative aetiology of diastolic dysfunction or intrinsic LA dysfunction, important considerations for the clinician.

Limitations

This study is subject to all the limitations of its single centre, retrospective, observational design. In addition, LARS was evaluated with vendor-specific software, and this should be considered when interpreting the values of LARS with different types of software. Although this study provides a prognostic validation of LARS-DD grading in severe AS, further comparison with invasive haemodynamics is needed for this patient subgroup. Furthermore, while alterations in haemodynamics and LV compliance occur soon after TAVI, LV reverse remodelling may continue to occur over 1 year following the procedure, and post-TAVI LARS assessed at ~1 month (as in the current study) is likely also influenced by the degree and rapidity of cardiac reverse remodelling, reflecting persistent LV diastolic dysfunction and not only a pure estimate of intrinsic LA function.³⁸ Studies have shown a wide range of normal values of LA strain in the general population.³⁹ Therefore, it is imperative that a single low value of LARS not be used in isolation for risk stratification or clinical decision-making. Although all patients underwent systematic clinical follow-up after TAVI with routine 12-lead ECG assessment, it is probable that some cases of paroxysmal atrial fibrillation were not detected.

Conclusion

An increased LARS-DD grade was independently associated with long-term post-TAVI survival in patients with severe AS and may enhance risk stratification. In addition, post-TAVI LARS, but not pre-TAVI LARS, was closely related to the occurrence of new-onset atrial fibrillation, probably better reflecting intrinsic LA dysfunction.

Supplementary data

Supplementary data are available at *European Heart Journal - Cardiovascular Imaging* online.

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Data availability

The data that support the results of this study are available from the corresponding author upon reasonable request.

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