



Article Micro-Level Bicycle Infrastructure Design Elements: A Framework for Developing a Bikeability Index for Urban Areas

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Highlights

What are the main findings?

- This research introduced a new analytical bikeability index framework integrating micro-level indicators based on five internationally recognized bicycle infrastructure design principles: safety, comfort, attractiveness, directness, and coherence.
- The proposed framework was applied in Hasselt, Belgium, successfully identifying low and high-bikeable areas.

What are the implications of the main findings?

- The BI framework provides urban planners with a practical tool to identify low bikeability areas and suggests improvements in cycling infrastructure.
- This tool's scalable and adaptable nature makes it relevant for cities committed to enhancing cycling environments and promoting a sustainable mode of transport by making cycling-friendly cities.

Abstract: Modern and smart cities prioritize providing sufficient facilities for inclusive and bicycle-friendly streets. Several methods have been developed to assess city bicycle environments at street, neighborhood, and city levels. However, the importance of micro-level indicators and bicyclists' perceptions cannot be neglected when developing a bikeability index (BI). Therefore, this paper proposes a new BI method for evaluating and providing suggestions for improving city streets, focusing on bicycle infrastructure facilities. The proposed BI is an analytical system aggregating multiple bikeability indicators into a structured index using weighed coefficients and scores. In addition, the study introduces bicycle infrastructure indicators using five bicycle design principles acknowledged in the literature, experts, and city authorities worldwide. A questionnaire was used to collect data from cyclists to find the weights and scores of the indicators. The survey of 383 participants showed a balanced gender distribution and a predominantly younger population, with most respondents holding bachelor's or master's degrees and 57.4% being students. Most participants travel 2–5 km per day and cycle 3 to 5 days per week. Among the criteria, respondents graded safety as the most important, followed by comfort on bicycle paths. Confirmatory factor analysis (CFA) is used to estimate weights of the bikeability indicators, with the values of the resultant factor loadings used as their weights. The highest-weight indicator was the presence of bicycle infrastructure (0.753), while the lowest-weight indicator was slope (0.302). The proposed BI was applied to various bike lanes and streets in Hasselt, Belgium. The developed BI is a useful tool for urban planners to identify existing problems in bicycle streets and provide potential improvements.



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Copyright: © 2025 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https://creativecommons.org/ licenses/by/4.0/). **Keywords:** active transport; bikeability index; bicycling; assessment methods; bicycle infrastructure; physical activity

1. Introduction

Bicycles play a vital role in smart mobility systems by offering environmental advantages and affordability and encouraging healthier lifestyles. Using bicycles offers long-term environmental impacts with zero emissions and a reduction in noise pollution [1]. Traffic congestion, traffic accidents, noise pollution, and environmental pollution are common issues in cities these days [2,3]. These problems are strongly linked with motorized vehicles, which makes bicycling a more attractive mode of transport [4]. Using the bicycle offers other advantages as it is inexpensive, while in traffic congestion, it can be faster than other modes of transportation [5].

Previously, transportation planners focused on safe motorized vehicle movement while giving less consideration to sustainable modes such as bicycling in cities [6,7]. However, the policymaker's paradigm has been shifted, diverting trips from private cars [7,8]. They see cycling as an alternative travel mode due to increasing concerns over greenhouse gas emissions polluting the environment, traffic congestion, increased travel time, and other related urban traffic issues [9,10]. In addition, using bicycles as a mode of transport comes with various benefits to individuals and the community. Hence, governments worldwide promote programs and policies to encourage bicycle use in cities. Consequently, robust bicycle infrastructure is essential for smart cities to promote sustainable transportation and minimize dependency on motorized vehicles.

Past studies show that supportive cycling infrastructure is crucial for attracting new bicycle users. The provision of new cycle lanes, routes, streets, and paths has significantly increased the daily bicycle use for different activities [11]. For example, Copenhagen, Denmark, is among the most bicycle-friendly cities globally due to its extensive bicycle infrastructure planning [12]. One study shows that the bicycling mode share for traveling increased and reached 45% of all trips to educational institutes or workplaces in Copenhagen [13]. Other researchers have also emphasized the importance of cycle infrastructures in a study conducted for 43 large cities in the U.S. [14]. Further, research in Patras, Greece, found that developing bicycling infrastructure facilities will likely increase citizens' sense of having a transport means that offers flexibility for their mobility needs [15].

Bicycle facility planning, construction, and management are time-consuming and costly processes. Hence, it is crucial to ensure that cyclists use the provided facilities. Many variables impact the experience and uptake of bicycling, such as connectivity to destinations, vehicular traffic, road conditions, gradient, and weather [16]. Objective and subjective evaluations may assist in determining which factors can make a bicycle pathway, an area, a zone, or a location more or less bicycle-friendly. The idea of bikeability has emerged from research on walkable cities and walkability [6,17]. Some researchers have stated that bikeability is the degree to which the actual and perceived environment favors bicycling [18,19]. Bikeability is influenced by various infrastructure factors, which can be quantified using indicators. These indicators contribute to an overall bikeability index, which helps assess cycling conditions systematically. Promoting cycling use must be accompanied by providing appropriate infrastructure facilities which can serve as indicators. Bicycle infrastructure should be designed to make cycling comfortable, safe, convenient, and attractive for everyone [20]. Also, research has found a significant relationship between bicycle mode choice and infrastructure accessibility. It shows that a 10% increase in the accessibility index resulted in a 3.7 percent increase in bicycle use [21].

Several methods to assess the bicycle environment have been developed over the years. The evaluation tools can assess bike infrastructure and identify areas for improvement. Level of service (LOS) was established based on users' perceptions of evaluating bicycle paths [22]. Some of the most popular methods in the literature are bicycle level of service (BLOS), bicycle safety index rating (BSIR), bicycle suitability rating, bicycle compatibility index (BCI), and BI [10,16,23,24]. The BI measures the bicycle network's ability, comfort, and convenience for a cyclist to reach the destinations [6,16,25]. Some of the well-known BI methods are the Active Commuting Route Environment Scale (ACRES), BikeDNA, Area-Wide Bikeability Assessment Model (ABAM), Bike Score[®], and Bikeability and Walkability Table (BiWET).

Compared to existing bikeability indices, which often focus on a limited number of factors such as safety, comfort, or connectivity, this research introduces a more comprehensive framework. By integrating micro-level infrastructure indicators with cyclists' perceptions and employing a mathematical weighing and scoring model, the proposed BI provides a more practical and adaptable tool for urban planners. This addresses gaps in previous methodologies, which either lack user-centric perspectives or fail to incorporate essential bicycle infrastructure design principles holistically. The developed BI framework will have specific advantages, such as being easy to follow, easy to compute, adaptable to the specific components of various streets in the city, and user-centric. Moreover, the index helps detect low-bikeability areas on street and road networks, which helps suggest improvements in such areas.

2. Literature Review

Previously, different methodologies have been developed to assess the bicycle infrastructure. Hence, reviewing the research on urban bikeability methods available to evaluate bicycle lanes or streets is important. Besides, reviewing previous studies provides a strong base for the present research work. There are various methods for evaluating bicycle infrastructure. BSIR uses traffic volume, pavement condition, speed limit, number of lanes, the width of the outermost lane, and also location as the main indicators considered for the assessment [26]. This model rates the bicycle paths on a scale of excellent to poor. However, in this method, several bicycle infrastructure facilities and variables that affect bicyclist safety and comfort (e.g., road marking, bike box at the intersection, and gradient) are not factored into the equation [4]. Also, the classification of the streets is achieved based on the author's decision, which reduces the method's reliability. Afterward, this method was modified, and a new modified roadway condition index (RCI) model was proposed [27]. In RCI, some indicators, such as pavement factors and location, were modified. At the same time, the lane width was multiplied by the speed limit, considering narrow roads with high speeds to place higher weightage. The modified method was compared to bicycle accident rates, and it was discovered that the revised RCI rating only illustrates 18% of the variation in bicycle crash rates [27]. This suggests a weak relationship between the modified RCI rating and actual bicycle safety on bicycle streets and lanes. Similarly, BSIR was revised to make another model called the Bicycle Suitability Rating (BSR) model [28]. It was achieved by removing the intersection evaluation index from the rating criteria, leaving only the roadway segment index as a component of a BSR.

Another assessment model, the interaction hazard score (IHS), was developed to evaluate bicycle suitability in cities [29]. IHS recognized the significance of roadside development patterns and curb cut (or on-street parking) frequencies. Another approach improved this model by proposing BCI and including bicycle lanes' effects [30]. Furthermore, Landis et al. [22] later validated the IHS model to create a BLOS model.

Multiple methodologies have been implemented for BLOS, and the literature has increased in the last three decades [31]. The BLOS approach was one of the famous metrics for rating bicycle infrastructure [32]. Additionally, it can be used to determine and estimate LOS experienced by bicyclists on the cycleway [33]. Other prominent methods in the literature include the Highway Capacity Manual LOS approach for bicycles (HCM, 2010), BLOS [4,22,34,35], non-motorized level of service [36], and level of traffic stress [37].

In recent years, research on bikeability has grown significantly [6,38]. The concept of bikeability has emerged from research on walkable cities and societies [17] and concepts like 15-min cities, which promote communities that are more walkable, bike-friendly, and transit-oriented [39]. Though there are some similarities between bikeability and walkability, significant differences exist in how the two are measured [16]. For example, the availability of infrastructure is more important than land use for bicycling [17]. In 2002, the U.S. Department of Transport gave some criteria that may describe bikeability: the availability of high-quality bicycle road infrastructure, the condition of the road infrastructure's pavement, the ease of crossing an intersection, and the ease of riding a bike [40]. The ACRES was developed to assess the perceptions of pedestrians and cyclists regarding various aspects of their riding and commuting route environment [41]. Physical, traffic, and social environment factors were considered. However, the model does not consider bicycle infrastructure attractiveness and coherence factors such as signage, continuity, cycling route directness, etc. Moreover, this tool requires medium expertise, cost, and time [16].

Similarly, the BiWET method was developed in 2007 at the University of Graz, Austria [42]. The BiWET tool comprises 15 characteristics that are organized by the physical environment attributes of land use, traffic safety, attractiveness, and walking/cycling infrastructure. It is an efficient data collection method because evaluators audit while riding their bikes. However, this method is subjective, which increases biases in the data collection method since it solely depends on the researcher's perception. In addition, BiWET calculation is based on 10-m street segments, which can be time-consuming if BI for the whole city is needed.

The Bike Score is another bikeability method inspired by the concept of the walk score [43]. Neighborhood bikeability can be rated on a scale of 0 to 100 using this method [44]. Many studies have later used the developed tool to examine cycling behavior in two countries (the U.S. and Canada) [45,46]. However, this method does not incorporate the users' perception in computing the Bike Score, which many researchers argue is essential for such studies [6,10]. In addition, Bike Score may be more problematic for research purposes due to the lack of transparency in calculating the score [16]. Moreover, Bike Score only uses four attributes to calculate BI: the bike lane score, hill score, destinations and connectivity score, and bike commuting mode share, which may not show the whole picture of bicycle facilities.

The methods mentioned above are primary mathematical models that rate the streets and environment for cycling. However, the developed BIs mostly considered comfort and safety while developing the method. Some researchers [42,43] only rely on subjective evaluation, which can create biased results. In addition, most studies have ignored the users' perception in computing the bikeability for the area, limiting the use of such techniques. Researchers argued that users' perception is critical in the walkability or bikeability methods [6,16,47]. In addition, while methods such as BLOS, Bike Score, and BiWET provide meaningful evaluations of urban bikeability, they often lack integration of key infrastructure principles or rely solely on objective factors without incorporating user perception. The proposed framework bridges this gap by incorporating a comprehensive set of indicators derived from bicycle infrastructure design principles and cyclist preferences, ensuring a more comprehensive and actionable assessment. As a result, the first goal of this research is to identify the key bikeability indicators under each infrastructure design principle and the possible measurement levels that influence the BI at the micro-level. This study does not include macro-level indicators, such as network connectivity, overall network density, etc. The second goal is to combine these into a mathematical model that can be used to assess and classify various streets in cities. Thus, an effort is being made to include all important bicycle infrastructure facility indicators in BI, and using the developed method will help suggest improvements to the existing bicycle streets.

3. Materials and Methods

This study employed a quantitative approach to developing indicators for measuring bikeability in urban areas. Figure 1 comprehensively describes the methodology adopted for developing urban BI. The methodology was developed in four steps to create a new BI. The first step includes selecting the relevant bikeability indicators. Since all the indicators do not equally affect the bikeability of a street, the weights represent the importance of each indicator in the BI calculation. The next step involved estimating the weights of the selected indicators. The third step involves estimating the scores for each indicator. Indicators can be assigned a score based on their comfort, safety, or attractiveness to cyclists. The safer or more comfortable cyclists perceive an indicator to be, the higher the score it receives. The following step combines each criterion's weight, indicator's weights, and scores to determine the selected street classifications. The classification of streets helps interpret the results by understanding the bikeability levels. In addition, it helps identify areas that need improvement. Finally, field visits were conducted to apply the developed method to assign scores based on observed indicators. The new BI is inspired by methodologies previously used for research, such as the BLOS, urban walkability index, comfort walkability index, and bicycle safety index [10,48–50].

3.1. Selection of Bikeability Indicators

Firstly, a literature review of research articles and bicycle infrastructure design guidelines was conducted using Scopus, Web of Science, and Google Scholar to shortlist the indicators. The review focused on identifying indicators related to bicycle facilities. Important bicycle facility indicators used in multiple research articles were selected to be measured at the micro level, ensuring a detailed evaluation of infrastructure characteristics. This research employs the five bicyclists' needs, in other words, bicycle infrastructure design principles. These design principles are the bicycle network's coherence, directness, attractiveness, safety, and comfort. The criteria and indicators selected in this research are classified in the framework of these five design principles. Such criteria are accepted internationally as valid criteria for evaluating bicycle infrastructure [12,21,51]. After a comprehensive review, 15 bikeability indicators grouped into five design principles were selected. The classification of indicators under each design principle was based on how they have been most commonly used in previous studies assessing bikeability. While some indicators, such as bicycle parking and road signage, could fit into multiple categories, they were assigned to the category where they have been predominantly applied in the literature. Two principles, directness and coherence, were combined as they both contribute to creating an efficient and seamless cycling network by minimizing detours, interruptions, and ensuring connectivity. The overlapping effects of these principles lie in their shared goal of optimizing route efficiency and network continuity. Specifically, directness focuses on minimizing travel distance and time, while coherence ensures logical route connections without unnecessary deviations. Table 1 shows the selected indicators for constructing the BI.



Figure 1. The proposed approach for developing the new BI.

Table 1. Indicators in bikeability studies.

Category	Indicators	Notation	Source
	Presence of bicycle infrastructure	CMF01	[24,52–56]
	Pavement condition	CMF02	[10,23,55]
Comfort	Bike lane width	CMF03	[10,23,55,57]
	Sidewalks width	CMF04	[42,55,58]
	Grade	CMF05	[10,53,55,59]
	Presence of bicycle infrastructure	SFT01	[6,10]
	Motorized traffic speed	SFT02	[10,23,60,61]
Safety	Traffic control devices	SFT03	[51,55,56]
	Street lightening	SFT04	[54,55,62]
	Car parking along the cycle path	SFT05	[52,62]
	Trees/green area and landscaping	ATR01	[51,54,57,59,61,63,64]
Attractiveness	Bicycle parking	ATR02	[6,56,62,65]
	Presence of cycle facilities at a traffic signal	DC01	[54]
Directness and Coherence	Road signage	DC02	[24,55,62]
	Interruptions	DC03	[51]

3.2. Estimation of Weights of Selected Indicators

The relative importance or weight of an indicator represents its impact on BI. The importance of bikeability indicators was collected using a questionnaire. Each indicator's importance, representing the weight, was estimated using a five-point Likert scale questionnaire. The five-point is a widely accepted method for capturing subjective perceptions and measuring the relative importance of indicators in transportation studies [49,66]. Moreover, the Likert scale is often preferred for assessing subjective opinions due to its simplicity, ability to capture a range of responses, including a neutral midpoint, and ease of use compared to other scales [67]. The participants could rate the bikeability indicators from 1 to 5 based on their importance for using bicycles as a mode of transport in cities. A scale of 5 shows that the indicator is very important, while a scale of 1 represents the least important indicator. The questionnaire was distributed in major locations in the city. The survey is divided into three sections: (i) demographic information, (ii) bicycle use patterns, and (iii) Likert scale questions in which cyclists ranked indicators and sub-indicators.

The survey was administered using a mixed-mode approach, combining online and physical distribution methods to enhance reach and diverse participation. Specifically, the questionnaire was distributed through online links on various social media platforms, targeting active cyclists who are likely to engage in digital spaces. Additionally, the pamphlets with QR codes were distributed at major locations in Hasselt, Belgium, including public squares, educational institutes, libraries, bus stops, train stations, city centers, and cycling routes. This dual approach was aimed at maximizing participation.

The sampling strategy combined convenience and voluntary response sampling, capitalizing on the accessibility of online platforms and public distribution points. While this approach facilitated a broad reach, it may have introduced self-selection bias, as participants with a stronger interest in cycling or digital accessibility were more likely to respond. Despite this limitation, the sample size (n = 383) was sufficient for statistical analysis, providing meaningful insights into the relative importance of bikeability indicators. The sample size of 383 respondents was determined based on a 5% margin of error and a 95% confidence interval. The survey was conducted between August 2023 and February 2024. Six hundred eighty-four participants opened the survey link, and 383 completed it.

Several statistical tests were conducted to ensure the collected data's reliability and validity. The reliability of the questionnaire was assessed using Cronbach's alpha, which evaluates internal consistency. Principal Component Analysis (PCA) with Varimax rotation is used to analyze the collected data, a widely used method for Exploratory Factor Analysis (EFA). It was employed to identify patterns and group indicators into meaningful dimensions. The Kaiser–Meyer–Olkin (KMO) test was used to assess sample adequacy, with a minimum threshold of 0.70. In the second step, the CFA was performed in AMOS (Analysis of Moment Structures version 28) to further validate the structure. The detailed results of these assessments, including statistical values and interpretations, are provided in the Results section.

3.3. Measuring Scores of Indicators

Similar to estimating weights of selected bikeability indicators, the scores were assigned to each measurement variable (sub-indicator) for the selected indicators. Each indicator can have multiple possible sub-indicators; for example, the presence of bicycle infrastructure can be measured and scored based on the presence of a solitary bike path, physically separated (by height or space) bicycle lane, bicycle lane, bicycle prioritized streets, suggested bicycle paths, bicycle paths shared with motorized traffic.

To determine the score for each measurement variable, we conducted a survey in which respondents evaluated their importance using a Likert scale (e.g., "very important" to "not

important"). The responses gathered from this survey were essential in establishing scores for each measurement variable. Each measurement variable's mean score was computed based on the survey response. These Likert-scale responses were then normalized using Min–Max normalization, which ensures that all scores fall within the 0 to 1 range. The normalization was performed using the following formula:

$$x' = \frac{X - X_{min}}{X_{max} - X_{min}} \tag{1}$$

where the following applies:

x' is the normalized score ranging from 0 to 1.

X represents the mean Likert score for a specific sub-indicator.

 X_{max} is the highest mean score recorded among all sub-indicators in the respective category.

 X_{min} is the lowest mean score recorded among all sub-indicators in the respective category.

This approach ensures that the lowest-rated measurement variable in each category receives a score of 0, the highest-rated variable receives a score of 1, and all other variables are scaled proportionally between these values. For example, if a physically separated bike lane had the highest mean Likert score, it would be assigned a normalized score of 1.0, while a shared bike lane with motorized traffic, with a much lower mean Likert score, would receive a normalized score of 0. A dual-method approach was used to assess the actual infrastructure conditions: on-site field visits and Google Street View analysis. This method enabled us to evaluate each street directly and assign a score based on its current conditions, thus categorizing its BI. This approach ensures a comprehensive and realistic assessment of bikeability indicators grounded in on-site conditions. The final scores derived from this process were used in Equation (2) to compute the overall BI for urban streets.

3.4. BI Mathematical Definition

The current research measures bike path bikeability by considering the bicycle design principle. For this purpose, a new assessment tool (BI) has been developed. Because each of the fifteen indicators affects bikeability differently, it is represented by its coefficients for developing the BI assessment tool shown in Equation (2) below. The equation represents a weighed additive function and also incorporates bicycle user perception. The additive function is chosen because each indicator contributes independently to bikeability, and their combined effect determines the overall assessment. This approach ensures that all relevant indicators are appropriately weighed and scored in the function. This assessment tool formulation considers different particularities such as bicycle facilities, bicycle user preferences, and perception.

$$BI_{w} = j_{c} \left(\sum_{i=1}^{n} C_{ci} S_{ci} \right) + j_{s} \left(\sum_{j=1}^{m} C_{sj} S_{sj} \right) + j_{a} \left(\sum_{k=1}^{p} C_{ak} S_{ak} \right) + j_{dc} \left(\sum_{l=1}^{q} C_{dcl} S_{dcl} \right)$$
(2)

where the following applies:

 BI_w = bikeability weighted index

- j_c = coefficient/weight of comfort criteria
- j_s = coefficient/weight of safety criteria
- j_a = coefficient/weight of attractiveness criteria
- j_{dc} = coefficient/weight of directness and coherence criteria
- C_{ci} = coefficient/weight of comfort indicators
- S_{ci} = score of comfort indicators

 C_{sj} = coefficient/weight of safety indicators

 S_{si} = score of safety indicators

- C_{ak} = coefficient/weight attractiveness indicators
- S_{ak} = score attractiveness indicators
- C_{dcl} = coefficient/weight of directness and coherence indicators
- S_{dcl} = score of directness and coherence indicators

n,*m*,*p*,*q* = total number of indicators in each category (comfort, safety, attractiveness, directness and coherence)

The BI_w illustrates the bikeability score, while *C* shows the coefficient of the indicators, which is different for each indicator. The coefficient of indicator (*C*) represents the importance of the indicators for a cyclist and its priority in the BI calculation. This coefficient was calculated from the data collected via a questionnaire from bicycle users. Similarly to [4,68], data was collected for each indicator's score to calculate BI. Each measurement variable (sub-indicator) describes the bicycle path and surrounding characteristics that affect BI. For all fifteen indicators, sub-indicators (measurement variable) that contribute to quantifying the score of each indicator are defined. The indicator's highest score value is 1, showing that it is approaching the perfect condition, while the lowest value is 0, suggesting that it is very far from perfect.

After calculating BI_W , the next step is to find the maximum weighted score (BI_{MS}) for each indicator. Each indicator's BI_{MS} is calculated by multiplying one (maximum possible score of the indicator) by each criterion's weight. Similarly, the maximum possible bikeability index (BI_{MP}) is calculated, which is achieved by adding the BI_{MS} of all the indicators in each criterion. The maximum BI_{MP} is shown in Equation (3).

$$BI_{MP} = \sum_{r=1}^{R} BI_{MSr} \tag{3}$$

R = n + m + p + q, where n, m, p, and q are the number of indicators for each criterion (comfort, safety, attractiveness, and directness and coherence).

3.5. Bikeability Classification in Categories

After calculating the BI_W and BI_{MP} based on Equations (2) and (3), the *BI*% can be defined for the bicycle paths. Equation (4) is used to calculate the *BI*%, which can be used to classify the results and interpret the results obtained for the bicycle paths.

$$BI\% = \frac{BI_W}{BI_{MP}} \times 100 \tag{4}$$

Based on the Equation (4), the resultant score ranges from 0–100. Most BI studies classify the streets based on the resultant values [10,43,69]. The resulting scores for the examined segments are classified into five BI classes utilizing a basic concept often employed in traffic research [16,22,50]. The categorization of the results makes the resultant values more understandable [50]. *BI*% can be used to compare the bikeability indicators with the perfect condition and can be used to suggest improvements based on the assigned rating. Table 2 shows the interpretation of the results after calculating *BI*%.

Ta	bl	e	2.	BI	rating,	score,	and	description.
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BI % Rating	Score	Description	Improvements Needed
А	81-100	Extremely Bikeable	Very few improvements are needed
В	61-80	Bikeable	Few improvements are needed
С	41-60	Fairly Bikeable	Some improvements are needed
D	21-40	less Bikeable	Major improvements are needed
E	0–20	Not Bikeable	Extensive improvements are needed

4. Results

4.1. Summary Statistics

Figure 2 shows the sociodemographic characteristics and bicycle use of the 383 participants. The distribution of genders among participants was balanced, comprising 50.4% males and 48.3% females, with five individuals opting not to reveal their gender. Most participants (35.8%) fell within the 18–24 age bracket, with those aged 25–34 the next largest group (32.1%). There were only two participants over 65 years, and the 55–64 age group was similarly small, with just five participants. Most common were having bachelor's (28.5%) or master's (36.3%) degrees. The survey showed a significant presence of students (57.4%), reflecting a younger population responding to the survey, followed by those in employment (35.5%). Entrepreneurs comprised a smaller portion of the respondents (2.9%), and there was only one disabled respondent, with seven reporting as unemployed. Based on the survey, cycling emerged as a favored means of transportation for both men and women, with over half of the participants preferring to use a bicycle in urban areas. Daily cycling distances varied from under 1 km to more than 10 km, with the 2–5 km distance being the most frequently reported. The regularity of cycling per week also showed variation, with the majority cycling for 3 to 5 days.



Figure 2. Sociodemographic characteristics and bicycle use.

4.2. Coefficient and Scores of Bikeability Indicators

The survey results for the importance of the bikeability indicators are shown in Figure 3. The respondents' perceptions were measured on a five-point Likert scale across bikeability domains: attractiveness, comfort, directness and coherence, and safety. Figure 3 shows mean values of bicyclists' responses towards the importance of the bikeability indicators. Five of the 15 indicators assessed were rated above 4.0, signifying strong importance from participants. These include 'CMF01' (4.26) under the comfort domain, 'SFT01' (4.14), and 'SFT04' (4.12) in Safety, alongside 'ATR02' (4.01) in Attractiveness. Two indicators, 'CMF04' and 'CM05', have mean values lower than 3. 'CMF05' (3.10) was rated as the least important indicator.



Figure 3. Mean values of the bikeability indicators based on a questionnaire.

The data were used to find the coefficient of each indicator, which will later be used in Equation (2) to calculate the bikeability of streets in urban areas. In step 1, the PCA analysis with a Varimax rotation, a widely used method for EFA, is used to identify patterns among the items in the questionnaire. The Kaiser–Meyer–Olkin (KMO) test is used to assess the adequacy of the sample, with a minimum acceptable value of 0.70 [70]. The KMO Measure of Sampling Adequacy for the questionnaire was 0.814. The Cronbach's Alpha coefficient test included all items and was 0.815. A Cronbach's alpha coefficient of over 0.8 indicates good consistency in the questionnaire responses, suggesting that the questionnaire responses are reliable and consistent [71].

The PCA extracted four main components after Varimax rotation with Kaiser normalization, which collectively captured the essence of bikeability in the urban setting. The EFA suggests clustering into four dimensions (facilities, comfort, infrastructure, and traffic), as shown in Table 3.

The categorization was based on the loading patterns of the indicators on each component. Specifically:

Facilities: Indicators influencing the ease of navigation and connectivity, such as Directness and Coherence (DC01, DC02) and Attractiveness (ATR01, ATR02).

Comfort: Indicators related to the perceived ease and convenience of cycling, including CMF04, CMF05, CMF03, and CMF02.

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Rotated Component Matrix									
	Component								
	Facilities	Comfort	Infrastructure	Traffic					
DC01	0.669								
ATR02	0.634								
SFT04	0.628								
SFT03	0.622								
DC02	0.619								
ATR01	0.490								
CMF04		0.742							
CMF05		0.648							
CMF03		0.609							
CMF02		0.603							
CMF01			0.787						
SFT01			0.705						
SFT05				0.753					
DC03				0.687					
SFT02				0.534					

Table 3. Rotated factor matrix using PCA.

Infrastructure: Indicators assessing the physical environment's suitability, such as CMF01 and SFT01.

Traffic: Indicators measuring safety and interaction with motor vehicles, including SFT05, DC03, and SFT02.

This categorization ensures consistency with the original principles of bikeability while enhancing interpretability. However, some ambiguity arose due to overlapping effects between directness, coherence, and attractiveness, which were grouped under facilities. This decision was made because both sets of indicators create an efficient and seamless cycling network by minimizing detours and interruptions while making the ride more pleasant for cyclists. Therefore, they were combined to reduce redundancy and improve model coherence. The results from Table 3 are critical in developing the BI, as they determine the weight of each indicator in the model.

Table 4 shows the summary statistics of the CFA model fit performed in AMOS (See Appendix B for the structure of the CFA Model). In our CFA, we examined the fit of our proposed model with the observed data. The model demonstrated a good fit, as indicated by a chi-square statistic-to-degrees of freedom ratio (CMIN/DF) of 1.977, suggesting a good fit. The *p*-value associated with the test was highly significant (p < 0.001).

Table 4. Model fit summary of CFA.

	CMIN	DF	р	CMIN/DF	RMR	GFI	AGFI	NFI	TLI	CFI	RMSEA
CFA model	194.259	79	0.000	1.977	0.047	0.95	0.923	0.864	0.902	0.926	0.051

CMIN = Chi-square, DF = degree of freedom, p = p-value for chi-square test, CMIN/DF = Normed chi-square, AGFI = Adjusted Goodness-of-Fit Index.

Similarly, other indices indicate a good model fit, including the Root Mean Square Residual (RMR) of 0.047 and Root Mean Square Error of Approximation (RMSE) of 0.051, significantly below the minimum level of 0.08 [72]. The Goodness-of-Fit Index (GFI) of 0.950, Comparative Fit Index (CFI) of 0.926, and Tucker–Lewis Index (TLI) of 0.902 are well above the acceptable level. Research suggests that the value of these indices should be over 0.90 for an acceptable model fit [73,74]. These results suggest that our model provides a reasonably good fit for the data [75].

The weights of the indicators that Table 5 shows are obtained from CFA and are used in Equation (2) as coefficients of indicators. The values of the resultant factor loadings are used as the weights of indicators. Similar to indicators, the criteria also affect the proposed BI. Therefore, each criterion can have a specific coefficient (weight) based on its association with inclusive bicycle streets or bicycle paths for biking. Table 5 shows the criteria coefficient (weight) for all four criteria calculated using the mean values. We followed a similar approach to finding criteria weights or importance [76,77]. The mean value for safety criteria was 4.66, the highest, followed by comfort, having a mean of 4.01.

Criteria	Criteria Weights	Indicators	Weights of Indicators
		CMF01	0.595
		CMF02	0.646
Comfort	0.86	CMF03	0.653
		CMF04	0.598
		CMF05	0.302
		SFT01	0.753
	1	SFT02	0.640
Safety		SFT03	0.561
-		SFT04	0.471
		SFT05	0.423
	0.70	ATR01	0.477
Attractiveness	0.70	ATR02	0.486
		DC01	0.658
Directness and Coherence	0.76	DC02	0.555
		DC03	0.334

Table 5. Criteria weights and indicators weights and scores.

In contrast, attractiveness had the lowest mean value of 3.30. The coefficient of safety was considered 1.00 as it is the most crucial criterion for cyclists among the four. The rest of the coefficients are calculated based on the highest mean value, 4.66 (safety). For instance, comfort with a mean of 4.01 is obtained by dividing it by the highest mean value, 4.66, resulting in a coefficient of 0.86 (4.01/4.66 = 0.86). The process is followed for attractiveness, directness and coherence, resulting in a coefficient of 0.70 and 0.76, respectively.

4.3. Bikeability Indicators Score

Table 6 presents the scores for each sub-indicator, calculated based on survey participant ratings, as shown in Appendix A. The Min–Max method was employed to define scores for each sub-indicator, allowing for a standardized comparison across criteria. Scores assigned to sub-indicators range from 0–1 under each criterion. The standardized scoring method ensures a consistent and objective evaluation of bikeability indicators, allowing for direct comparisons between urban cycling conditions. Each indicator can be assigned a score based on the specific type of infrastructure facility available. For example, if the bicycle lane of a path is paved with asphalt, a score of 1 should be assigned, while 0 should be if the bicycle path is cobblestone paved. Similarly, if the bicycle lane is double-direction wide, a score of 1 should be assigned; unidirectional narrow is assigned a score of 0.40, and 0 is assigned to double-direction narrow.

The variation in scores reflects differences in how survey participants rated various cycling conditions and infrastructure types. Participants provided assessments based on their experiences and perceptions of safety, comfort, attractiveness, directness, and coherence. For example, a fully separated bike path was rated higher than a shared road (with motorists) because it offers more protection.

 Table 6. Scores of bikeability sub-indicators.

Criteria	Indicators	Sub-Indicators	Scores
	CMF01	Solitary bike path Physically separated (by height or space) bicycle lane Bicycle lane Bicycle prioritized streets Suggested bicycle paths Bicycle paths shared with motorized traffic	1.00 0.66 0.41 0.63 0.14 0.00
	CMF02	Asphalt paved Concrete paved Paving slabs Cobblestones paved	1.00 0.79 0.42 0.00
Comfort	CMF03	Unidirectional wide (\geq 2 meters) Unidirectional narrow (< 2 meters) Double direction wide (\geq 3 meters) Double direction narrow (< 3 meters) Shared	1.00 0.40 0.93 0.00 0.30
	CMF04	Buffered from sidewalk Adjacent to sidewalk Shared with pedestrians	1.00 0.48 0.00
	CMF05	Low (1–3%) Medium (3–6%) High (>6%)	1.00 0.57 0.00
	SFT01	Solitary bike Path Physically separated (by height or space) bicycle lane Bicycle lane Bicycle prioritized streets Suggested bicycle paths Bicycle paths shared with motorized traffic	1.00 0.80 0.44 0.60 0.21 0.00
Safety	SFT02	Shared with motorized traffic Adjacent cycle paths next to a road with a speed limit of 30 km/h Adjacent cycle paths next to a road with a speed limit of 50 km/h Adjacent cycle paths next to a road with a speed limit of 70 km/h	0.91 1.00 0.67 0.00
2	SFT03	Availability of traffic signals at intersections Non-availability of traffic signals	1.00 0.00
	SFT04	Good street Lighting (not exceeding 60 m apart from one another) Limited street lighting (the distances between the light poles are longer) No street lighting	1.00 0.38 0.00
	SFT05	No car parking Car parking with a buffer area Car parking without a buffer area	1.00 0.65 0.00
	ATR01	Bicycle route/lane along trees and landscaping or water area Bicycle route/lane without trees and landscaping or water area	1.00 0.00
Attractiveness	ATR02	Parking facilities at key destinations (e.g., shops, stations, etc.) No parking facilities at key destinations (e.g., shops, stations, etc.)	1.00 0.00
	DC01	Presence of bicycle facilities at intersections Partial presence of bicycle facilities at intersections Non-presence of bicycle facilities at intersections	1.00 0.88 0.00
Directness and Coherence	DC02	Well signposted Partial signposted/signage missing at key location No signage available	1.00 0.47 0.00
	DC03	1 or no interruption 2 or more interruptions	1.00 0.00

4.4. Bikeability of Streets and Lanes in Hasselt

The developed BI framework was tested based on the criteria weightage and indicators scores and weightage. Using the developed method, we estimated BIs for the bicycle lanes and streets in Hasselt, the capital and largest city of the Limburg province in the Flemish Region of Belgium. Hasselt has excellent bicycle infrastructure facilities, including separated bicycle lanes, routes, bicycle-prioritized streets, bicycle signals at intersections, and shared bicycle lanes with pedestrians. In addition, the city also offers varied contexts, including different types of paved streets, diverse bicycle prioritization at traffic signals, and a range of bicycle facilities, making it a suitable case study for applying the methodology. Table 7 shows the calculation of BI for the inner inner-ring Hasselt bicycle path.

Criteria	Criteria Weight (1)	Indicators (2)	Indicators Weight (3)	Score of Indicators (4)	Indicators Weighed Score (5) = (3) × (4)	BI_{MS} (6) = (3) $ imes$ 1	BI _W (7) = ∑(5)	$BI_{MP} (8) = \sum (6)$	<i>BI%</i> = ∑(7)/∑(8) × 100
		CMF01	0.595	1.00	0.595	0.595		2.403	
		CMF02	0.646	1.00	0.646	0.646	1.849		
Comfort	0.86	CMF03	0.653	0.93	0.607	0.653			
		CMF04	0.598	0.00	0.000	0.598			
		CMF05	0.302	1.00	0.302	0.302			
		SFT01	0.753	1.00	0.753	0.753		2.848	86.26
	1	SFT02	0.640	1.00	0.640	0.640	2.848		
Safety		SFT03	0.561	1.00	0.561	0.561			
		SFT04	0.471	1.00	0.471	0.471			00.20
		SFT05	0.423	1.00	0.423	0.423			
A 11	07	ATR01	0.477	1.00	0.477	0.477	0 (74	0 (74	
Attractiveness	0.7	ATR02	0.486	1.00	0.486	0.486	0.674	0.674	
Directness and Coherence		DC01	0.658	1.00	0.658	0.658			
	0.76	DC02	0.555	0.00	0.000	0.555	0.754 1.176	1.176	
		DC03	0.334	1.00	0.334	0.334			

Table 7. Example of the BI calculation.

Figure 4 shows the bikeability map of Hasselt City. It was evident from applying the developed method that it can be utilized in different contexts. Hasselt has various streets, including bicycle lanes, bicycle prioritized streets, bicycle paths, and shared bicycle streets. Different bikeability scores and categories resulted from bicycle street or lane characteristics. It was observed that most of the inner-city streets—with most of the streets prioritizing bicycles—were rated as B. The inner ring of the newly constructed bicycle path was rated as A (Extremely bikeable), as almost all the indicators were present along the path. The Kempische Steenweg bicycle lane, graded as C, could see an improved bikeability score by prohibiting car parking where allowed without a buffer from the cycle lane and adding a buffer between the bicycle lane and the sidewalk.



Figure 4. Bikeability map of Hasselt.

5. Discussion and Conclusions

Although several studies have found that adequate and well-designed cycling facilities effectively ensure safe and comfortable cycling [4,12,14,78], integrating bicycle infrastructure design principles (safety, comfort, attractiveness, directness, and coherence) in cities can encourage more people to cycle [6,79]. However, studies rarely incorporate all five bicycle infrastructure principles into developing metrics for assessing the bikeability of lanes and streets in urban areas. Therefore, this study explores the micro level of necessary bicycle facilities and introduces a framework to evaluate urban bikeability. The bicycle facilities and infrastructure are taken as indicators in this study, which are needed to ensure an enjoyable environment for cyclists. Safety is a critical component, with the presence of bicycle paths and the absence of intersections enhancing cyclists' safety perception [80]. Comfort is influenced by various factors, including infrastructure elements such as road width and traffic volume [81]. Attractiveness is linked to environmental features; greenery and recreational areas are associated with a more attractive cycling experience [82]. Cohesiveness refers to the continuous and connected nature of cycling infrastructure, which is important for perceived safety and the overall quality of the cycling experience [10]. The overall cycling experience can be improved by incorporating them in designing bicycle paths or streets.

Studies have proposed evaluating a bikeable environment in urban areas for cyclists on street segments, zones, and intersections [57,58,63]. However, some shortcomings prevent them from accurately evaluating bicycle streets and suggesting improvements. Some of these models are complex, and some methods require technical skills. For example, the need for technical skills in GIS-based clustering, mapping, fuzzification [66], OSM data handling [69], and advanced statistical modeling [57] makes some BI methods more complex and challenging to implement. Moreover, some methods do not cover the bicycle infrastructure design principles for selecting a wide range of cycling facility indicators at a micro level (with details), and linking them to the design process is complicated. These methods often

focus on aggregated or macro-level assessments, lacking the details needed to evaluate diverse infrastructure elements such as pavement quality, lane width, or bicycle facility at intersections, which are crucial for effective micro-level planning. For instance, the BI model was developed at the city level at a 100×100 m scale and majorly considered safety indicators [52]. Other BI methods have considered very few bikeability indicators, limiting their practical use, for example, methods developed by Ros-McDonnell et al. (2020) [62], Winters et al. (2016) [43], and Hardinghaus et al. (2021) [54].

Thus, we present a new practical tool of BI that complements previous research by providing a practical and score-based tool that is easily understandable and replicable. Indicators are extracted from a five-bicycle infrastructure design principle acknowledged in the literature and city authorities for suggesting improvement or planning new facilities for cyclists. Our method emphasizes the importance of bicycle infrastructure design principles and micro-level bicycle facility design indicators, ensuring a more detailed and practical evaluation. More importantly, our approach integrates cyclist opinions by weighing and scoring these indicators based on their perspective. This aspect was not fully addressed in past methods.

A limitation of this study is the skew towards a younger population, with a significant proportion of students (57.4%) among the respondents. This demographic bias may affect the generalizability of the findings to older age groups or non-student populations. Additionally, while the criteria for comfort, safety, attractiveness, directness, and coherence provide a comprehensive framework, they may be influenced by additional indicators not covered in this study. Future research could explore a wider range of indicators to enhance the robustness and inclusivity of the bikeability assessment.

Because this study attempts to assess the bikeable environment in the cities for cyclists, urban and transportation planners can plan biking routes that are safe, comfortable, and more enjoyable and improve the existing routes. The proposed BI results are easily interpreted and helpful in providing practical suggestions for improvements in urban street conditions. Although this study was conducted in Hasselt, the proposed methodology is adaptable to other cities. However, for applicability to other regions, some adjustments might need to be made to capture the different socioeconomic, cultural, and infrastructural characteristics. For example, the weighing of indicators is based on cyclist opinions in this study, which may reflect a certain degree of homogeneity in perception. Future studies could refine the model further by incorporating varied cyclist demographics, cultural factors, and urban infrastructure characteristics. The preference might differ in other regions and localities. Cultural, environmental, and sociodemographic characteristics can influence users' preferences and priorities regarding indicators.

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Appendix B. Structure of the CFA Model



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