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Co-pyrolysis of chicken feathers and macadamia nut shells, a promising strategy to create nitrogen-enriched electrode materials for supercapacitor applications

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24 Abstract

25 Global food waste emits large quantities of nitrogen (6.3 Mtons annually) into our environment, 26 acidifying surface waters and reducing the air quality. Among the nitrogen-rich waste streams, waste 27 chicken feathers (CF) stand out with an annual production of 7-10 Mtons. Instead of incinerating or 28 landfilling CF an alternative approach involves pyrolysis converting it into biochar, hereby 29 incorporating nitrogen in a carbon structure and reducing nitrogen emissions. As such, this biochar 30 can serve as a valuable building block for the production of high-quality nitrogen-enriched activated 31 carbons, which find applications as electrode materials in supercapacitors. One strategy to improve 32 the extent of nitrogen incorporation during thermochemical conversion is through co-pyrolysis of nitrogen-rich and lignocellulosic waste streams. As such, this study will investigate the co-pyrolysis of 33 34 CF with macadamia nut shells (MNS) to create highly porous and nitrogen-rich activated carbons. 35 Additionally, demineralization of the resulting activated carbon will be assessed as a means to 36 improve its electrochemical performance. Co-pyrolysis increased the nitrogen retention during the pyrolysis from 9% to 18% compared to CF pyrolysis. Moreover, the porous characteristics of the 37 38 blended activated carbons were comparable to pure MNS activated carbon. Demineralization 39 increased both meso-and microporosity of the co-pyrolyzed activated carbon, leading to a specific 40 capacitance of 66 F/g at 1 mV/s in a symmetric supercapacitor. Additionally, this activated carbon outperformed a commercial benchmark when using higher scan rates (20 mV/s) delivering 43 F/g 41 42 compared to 30 F/g. This superior performance was attributed to the abundance of mesopores in the 43 co-pyrolysis activated carbon, facilitating rapid charge transport. Finally, cycling stability tests 44 demonstrated good stability with 73% of capacitance retention after 10 000 cycles.

46 **1 Introduction**

47 Global food waste emits 6.3 Mtons of nitrogen on an annual basis [1], leading to eutrophication, 48 acidification of surface waters and reductions in air quality that negatively impact our human health 49 [2]. Around 30% of the globally produced food waste originates from meat production [3], poultry 50 production in particular is the source of a large fraction of nitrogen-rich side streams, a substantial 51 fraction of which are chicken feathers (7-10 Mtons annual production [4]). Recently, the scientific 52 community proposed thermochemical conversion (pyrolysis) as a feasible strategy to reduce the 53 nitrogen emission of food waste [3] as an alternative to incineration or landfilling, by incorporating 54 nitrogen into a solid residue, biochar. As such, a valuable product would be created which could be 55 used as a building block for high-value nitrogen enriched activated carbons [5].

56 Previous research has shown that chicken feathers (CF) can be used as a feedstock for nitrogen-rich

- 57 activated carbon production. Moreover, it was found that these could be effectively used as
- adsorbents [6], as anode material in Li-ion batteries [7] or as active material in supercapacitors [6].
- 59 However, the direct thermochemical conversion of CF (or other nitrogen-rich biomass streams [8]) is
- always correlated with a high release of nitrogen (>90%). Therefore, thermochemical conversion
- 61 strategies which mitigate the emission of nitrogen during the thermochemical conversion of
- 62 nitrogen-rich biomass feedstocks need to be further investigated.
- 63 Co-pyrolysis of nitrogen-rich feedstocks with lignocellulosic biomass is a promising strategy to
- 64 increase biochar yields [9] and nitrogen retention [10], [11] during pyrolysis. Therefore, co-pyrolyzing
- 65 CF with a lignocellulosic biomass stream would be a promising strategy to create nitrogen-rich
- activated carbons, with the intent of applying them for electrochemical energy storage.
- 67 Another limitation of biomass-derived activated carbons is the presence of inherent biomass
- 68 minerals in the activated carbons [12]. Their presence would block pores, which results in decreased
- 69 adsorption capacities [13], limiting their applicability in supercapacitive devices where large
- 70 electrolyte sorption capacities are required. Nevertheless, the role of biomass inherent minerals on
- 71 the capacitive performance is often overlooked in current scientific literature [14] and requires
- 72 further in-depth study.
- The lignocellulosic biomass of choice for co-pyrolysis would be macadamia nut shells (MNS), another
 type of food waste, as these have proven to be perfectly suitable for the production of highly porous
 activated carbons which can be applied in high power density supercapacitors [15], [16], [17].
- 76 However, conventional MNS-based activated carbons entirely rely on electrochemical-double layer
- capacitance (EDLC) as charge storage mechanisms their total energy density is therefore limited [18].
- 78 As such, nitrogen-rich activated carbons are under investigation, as the presence of the heteroatom

- 79 (nitrogen) in the carbon framework has positive effects on the material's pseudocapacitance [19] and
- 80 electrical conductivity [20]), which results in an increased energy density [21]. Moreover, creating
- 81 nitrogen-rich activated carbon from nitrogen-rich biomass sources has the additional advantage that
- 82 a chemical nitrogen doping step can be omitted [22], which improves the inherent sustainable nature
- 83 of the activated carbon production process [23].
- 84 Building on the knowledge obtained in a previous study (ref myself when published), where a highly
- 85 porous activated carbon was produced from MNS and a highly nitrogenous activated carbon was
- 86 derived from CF, the symbiosis between both processes and materials is targeted in this follow-up
- 87 study. Hence, the co-pyrolysis of CF and MNS and activation followed by demineralization to create
- 88 highly functional activated carbons is explored, followed by a thorough electrochemical evaluation of
- 89 the created activated carbons.
- 90

91 2 Materials & Methods

92 2.1 Biomass streams

- 93 The biomass streams investigated in this study were CF and MNS. MNS were obtained from Act&Sorb
- 94 BV (Genk, Belgium). CF were collected from chicken slaughterhouse Schildermans Pludis NV (Bree,
- 95 Belgium). Whereupon they were dried to contstant weight at 105 °C. After drying, the biomasses
- 96 were shredded to 2x2mm using a Retsch SM100 shredder (Retsch, Haan, Germany).
- 97 A reference activated carbon commonly applied in supercapacitor electrodes was used in this
- 98 investigation for comparison (SuperCarb EL-103, Jacobi Carbons AB). Its key properties are described
- 99 in the table below, Table 1.

100Table 1: Reference activated carbon properties of commercial reference material (O calculated by difference,101dry basis, $\bar{x} \pm s/\sqrt{n}$, $n \ge 3$)

Property	Commercial activated carbon		
N (wt%)	0.54 ± 0.09		
C (wt%)	99.4 ± 0.4		
H (wt%)	0.7 ± 0.1		
O (wt%)	< 0.5		
Ash (wt%)	0.1 ± 0.1		
S _{BET} (m²/g)	1285		
V _{micro} (cm ³ /g)	0.61		
V _{meso} (cm ³ /g)	0.05		

102

103 **2.2 Thermochemical conversion**

104 The pyrolysis and activation experiments were done in an identical set-up as used in previous studies 105 [24,25]. The utilized carbonization and activation parameters are explained in detail in a previous 106 study [26]. In short, the pyrolysis temperature was 700 °C. Physical activation was done using steam 107 at 800 °C, with a steam:biomass ratio of 1:1. All pyrolysis experiments were carried out at least in 108 triplicate using biomass loadings of 40 g (MNS and M50-C50) or 30 g (CF), activations were done in duplicate, using a biochar input of 10 g. After thermochemical conversion, the activated carbons 109 110 were demineralized using (10% HCl) using an identical methodology as described in a previous study [26]. Activated carbon:solvent mixing ratios were 1:20 (mass activated carbon: vol. solvent) and 111 stirred for 60 min at 80 °C. Next, samples were filtered and washed with hot water until neutral pH to 112 113 remove residual solvent. Hereafter, the washed activated carbons were dried at 105 °C.

114 **2.3 Sample characterization**

- 115 Ultimate analysis of the biomass, biochars and activated carbons was performed using a Thermo
- 116 Electron Flash EA1112 elemental analyzer (ThermoFisher Scientific, Waltham, USA). Calibration was
- 117 carried out using BBOT ((2,5-bis (5-tert-butyl-benzoxazol-2-yl) thiophene) (pure, ThermoScientific).
- Ash contents of all samples were determined following ASTM D2866 94 [27]. Finally, oxygen
- 119 content was calculated by difference: O (wt%) = 100 % C (wt%) N (wt%) H (wt%) S (wt%) Ash
- 120 (wt%). Samples were measured at least in triplicate.
- 121 Activated carbon's porosity and surface area was determined via N₂ adsorption and desorption
- 122 experiments physisorption (N₂-isotherms in supplementary information, Figure S1). The
- 123 measurements were performed at 77 K using a Tristar II 3020 surface area analyzer (Micromeritics,
- 124 Norcross, USA). The sample was degassed under nitrogen flow at 150 °C for 16 h prior to
- 125 measurement to remove any residual moisture and residual volatiles. The specific surface area,
- 126 micropore volume and meso/macro pore volume were correspondingly estimated via the Brunauer-
- 127 Emmett-Teller (BET), t-plot method (Carbon Black STSA thickness curve) and Barrett-Joyner-Halenda
- 128 (BJH) methods.
- 129 XPS measurements were performed on powdered activated carbon samples (secured onto a clean
- aluminum foil) using a commercial electron spectrometer (Physical Electronics, PHI-5600LS, USA).
- 131 Core-level XPS spectra were obtained using Al-k_a photons (1486.6 eV) provided by a small-spot
- 132 monochromator system (1 mm spot-size). High-resolution spectra were acquired using a total energy
- resolution of the spectrometer (photons and electrons) of 0.36 eV full- width at half maximum
- 134 (FWHM). The spectrometer's binding energy scale was calibrated utilizing an independent Au bulk
- reference sample (Au4f_{7/2}: 84.0 eV). The high-resolution spectra were analyzed using CasaXPS
- 136 software package accounting for a Shirley-type of background. A numerical least-squares fitting
- 137 procedure [28] was used for peak fitting. Peak annotation was done following earlier published
- 138 literature [29].

X-ray fluorescence (XRF) analysis of the activated carbon was done using an S4 Explorer wavelengthdispersive XRF spectrometer (Bruker, Billerica, USA). Powdered samples were measured under Heatmosphere. The observed intensities of the analyzed minerals were compared to a set of universal calibration standards. Elemental concentrations were calculated by applying a correction to the sample matrix (for carbon, based on the CHNS-analysis) and using the EVAL-software (standard less calibration). The reported elements include Al, Ca, Fe, K, Mg, Na, P and S, as these would have the highest impact on the electrochemical performance of the activated carbons due to their relative

abundance in the investigated biomass streams.

147 **2.4 Electrochemical evaluation**

148 The activated carbons were tested as electrode materials in symmetrical coin cells using a two-149 electrode set-up. The slurry composition in this study was 85% activated carbon, 5% carbon black (C-NERGY[™] SUPER C45 carbon black, Imerys), and 10% PVDF (Polyvinylidene fluoride powder, Alfa 150 151 Aesar). After weighing, the electrode components were homogenized by ball milling (Emax ball mill, 152 Retsch GmbH, Haan, Germany) using the following milling protocol: 15 min at 300 RPM, followed by 5 min at 500 RPM. Subsequently, the coatings were blade coated (MSK-AFA-II-220, MTI, Richmond, 153 154 USA) onto Al-foil using 200 µm wet thickness. Hereafter, coatings were dried (Heratherm AP GH60, 155 Thermo Fisher, Waltham, USA) at 110 °C overnight. All electrode porosities were similar (65-70%) 156 after drying. Coin cells were assembled symmetrically using punches (MSK T-06, MTI, Richmond, 157 USA) with a diameter of 1.5 cm. The used electrolyte was 1 M LiPF₆ in EC/DEC. A commercial 158 supercapacitor separator (Dreamweaver Titanium GT 0.45/40) was utilized in the two-electrode coin 159 cells. A reference coconut-shell based commercial activated carbon (SuperCarb EL-103, Jacobi 160 Carbons AB) was incorporated in a reference coin cell as a benchmark. 161 The coin cells were tested using a biologic battery tester module. Cyclic voltammetry (CV) was done 162 using scan rates of 1, 5, 10, 20, 30, 40, 50, 75 and 100 mV/s from 0 to 2.5 V for 10 cycles. The tenth 163 cycle was used to assess the specific capacitance of the coin cells as in this case a steady-state was 164 assumed. Galvanostatic charge discharge experiments were done in the same voltage window (0-2.5V) and using currents 0.1, 0.2, 0.5, 1, 2 and 5 mA. From these measurements, an alternative value 165 166 for the specific capacitance of the different coin cells was calculated. Electrochemical impedance 167 spectroscopy (EIS) was recorded over the frequency range of 0.01 to 10 kHz with a voltage amplitude 168 of 5 mV. The cycling stability of the most promising activated carbons was tested for 10 000 cycles at 169 a current density of 1 A/g.

170 **3 Results & Discussion**

171 The pyrolysis experiments showed that the biochar yield of CF was lower (13%) than for MNS (27.5%) 172 and M50-C50 (25.9%), Figure 1. This indicates that the co-pyrolysis of CF and MNS has a positive 173 impact on the retention of solid matter, as the theoretical interpolated retention would have been 20.3% if both biomass streams were pyrolyzed without any interaction. These increased yields are in 174 175 line with other studies for the co-pyrolysis of nitrogen-rich (microalgae) and lignocellulosic biomass 176 (bamboo) [11]. After pyrolysis, the chars were activated using steam. M50-C50 seemed to have the 177 lowest AC-yields (52% compared to 55% for MNS and 58% for CF). The total process yields ranged 178 therefore from 7.6 for CF to 13.4 for M50-C50 and 15.2% for MNS.





180

Figure 1: Biochar yields of MNS, M50-C50 and CF

181 All biomass, biochars and activated carbons were analyzed for their respective elemental

182 composition and ash-contents, Table 2. This was done to assess the effect of co-pyrolysis and

activation on the nitrogen-content of the resulting biochar and activated carbons.

186

Table 2: Ultimate analysis of biomass, biochar and activated carbon (O calculated by difference, dry basis, $\bar{x} \pm$

187

s/√n, n ≥ 3)

Biomass	N (wt%)	C (wt%)	H (wt%)	S (wt%)	O (wt%)	Ash (wt%)
MNS	0.76 ± 0.04	52.8 ± 0.7	6.1 ± 0.1	n.d.	39.0 ± 0.8	1.3 ± 0.1
M50-C50	7.5 ± 0.3	53.5 ± 0.2	6.92 ± 0.01	1.48 ± 0.06	29.1 ± 0.4	1.51 ± 0.06
CF	14.6 ± 0.1	51.4 ± 0.4	7.53 ± 0.05	2.20 ± 0.05	23.3 ± 0.4	1.02 ± 0.02
Biochar	N (wt%)	C (wt%)	H (wt%)	S (wt%)	O (wt%)	Ash (wt%)
MNS	0.87 ± 0.04	90.56 ± 0.02	1.34 ± 0.3	n.d.	1.4 ± 0.4	5.8 ± 0.1
M50-C50	5.4 ± 0.1	82.53 ± 0.06	1.04 ± 0.8	n.d.	5 ± 1	6.0 ± 0.1
CF	10.80 ± 0.06	79.05 ± 0.03	1.33 ± 0.2	n.d.	1.5 ± 0.2	7.34 ± 0.01
AC	N (wt%)	C (wt%)	H (wt%)	S (wt%)	O (wt%)	Ash (wt%)
MNS	0.22 ± 0.01	88.7 ± 0.9	1.33 ± 0.1	n.d.	0.3 ± 1	9.4 ± 0.2
M50-C50	2.61 ± 0.03	83.3 ± 0.7	1.43 ± 0.5	n.d.	2.2 ± 0.9	10.47 ± 0.08
CF	5.19 ± 0.09	81 ± 1	1.27 ± 0.04	n.d.	0.1 ± 1	12.82 ± 0.04
AC-W	N (wt%)	C (wt%)	H (wt%)	S (wt%)	O (wt%)	Ash (wt%)
MNS-W	0.61 ± 0.03	85.9 ± 0.5	1.34 ± 0.04	n.d.	8.0 ± 0.5	4.1 ± 0.2
M50-C50-W	2.76 ± 0.04	79.9 ± 0.8	2.02 ± 0.06	n.d.	11.6 ± 0.8	3.7 ± 0.1
CF-W	4.48 ± 0.02	73.7 ± 0.2	1.25 ± 0.03	n.d.	18.2 ± 0.2	2.40 ± 0.08

188

189 The nitrogen retention for M50-C50 during the pyrolysis process doubled compared to the CF 190 pyrolysis, from 9.6 to 18.6% (calculated based on biochar yields and nitrogen contents, data 191 displayed in supplementary material, Figure S2). This could have been caused by Maillard reactions 192 [30] between lignocellulose fragmentation products (e.g., glucose) and protein nitrogen 193 functionalities. The nitrogen retention for the co-pyrolysis was significantly lower than the retention 194 in MNS (31.5%) however, in this case, nitrogen was only present in small quantities which would 195 increase the chances of the occurrence of nitrogen recombination reactions during the pyrolysis of 196 MNS [8]. Ultimately the pyrolysis experiments yielded nitrogen-rich biochar in M50-C50 (5.4% N) and 197 CF (10.8% N). The carbon contents of all biochar increased after pyrolysis, the highest biochar carbon 198 contents were found in MNS (90.6%), followed by M50-C50 (82.5%) and CF (79.1%). These high 199 carbon contents came with low hydrogen contents (<1.5%), indicating that all carbonization and 200 aromatization processes were complete [31]. Moreover, the ash contents of the biochars (5.8 - 7.4

wt%) increased after pyrolysis compared to biomass (1.3 - 1.02 wt%), as ash is not volatized during
the pyrolysis process [32].

203 During the physical activation a large fraction of the nitrogen present in the activated carbons was

- removed (for CF this was 72%, while for M50-C50 the nitrogen removal increased to 75%). For MNS,
- 205 only 14% of the biochar N was retained, resulting in a relatively nitrogen-poor activated carbon.
- 206 Nevertheless, the activated carbons produced from CF and M50-C50 had a higher quantity of

nitrogen (4.5 and 2.8% N) compared to the commercial reference (0.5%; Table 1). To discover the

speciation of the remaining N-species XPS analyses on the activated carbons were performed, Figure2092.



Figure 2: A) N 1s and B) C 1s XPS spectra of activated carbons, the speciation is reported relative to the total measured nitrogen and carbon in de biochar surface

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214 Only heterocyclic nitrogen species were detected in the activated carbons, the other more 215 thermolabile nitrogen-species would be removed during the high-temperature pyrolytic conversion 216 [33] or after physical activation with steam [34]. With increasing quantities of CF in the feedstock the 217 relative amount of graphitic nitrogen in the activated carbons increased, Figure 2A. The largest peak 218 in the N 1s spectrum was attributed to pyrrolic nitrogen for all three activated carbons. Lastly, the 219 content of pyridinic nitrogen was the inverse of graphitic nitrogen, it increased when more 220 lignocellulosic biomass was present in the biomass feedstock. The fixation of nitrogen during thermochemical conversion of lignocellulosic biomass and nitrogen-rich biomass would yield a
 respectively larger quantity of pyridinic nitrogen and less graphitic nitrogen [30]. It can be concluded
 that combining MNS and CF leads to an increased nitrogen retention and a relative lower quantity of
 graphitic N.

225 The carbon content of the activated carbons, Table 2, was similar compared to their corresponding 226 biochars. Hence, it is assumed that all activated carbons are completely aromatic at this stage of the 227 thermochemical conversion. The speciation of the carbon functionalities was also investigated with XPS, Figure 2B. The largest fraction of carbon (>74% for all of the activated carbons) was of the C-C 228 229 variety. Next to this, contributions of C-O and C=O species were found for CF, MNS and M50-C50. 230 These could have originated from the activation process which introduces oxygen species on the 231 activated carbon's surface [35]. This heightened degree of oxygen functionality could have either 232 positive (improved pseudocapacitance [36]) and negative effects (decreased conductivity and 233 occurrence of side-reactions [37]) on the performance of the activated carbon in electrode materials.

234 Another important activated carbon property is the ash content, i.e., the presence of inorganic 235 compounds. In general, for electrochemical applications very pure (low ash-content) activated 236 carbons are desired, as the present biomass ash could block activated carbon's pores, which would 237 lead to a lower specific capacitance [13]. Moreover, the presence of inorganic ash can have several 238 negative consequences in activated carbon electrodes, e.g., increased self-discharge, decreased 239 overall gravimetric capacitance or undesired additional charge shuttling effects [14]. CF activated 240 carbon has the highest ash-content, 12.8%, of the three biomass streams, followed by M50-C50 241 (10.5%) and MNS (9.4%). Therefore, it would be a promising strategy to improve the activated 242 carbon's future applicability to demineralize the CF-MNS activated carbons using dilute HCl, as this 243 proved to have the highest demineralization efficiency.

244 After washing of the activated carbons, the activated carbon ash content decreased (>60% removal) 245 significantly. The largest effects were observed for CF where an ash content of 2.4% was achieved 246 after washing, yet the demineralization treatment has also a strong beneficial influence on the M50-247 C50 and MNS ash contents after washing, respectively 3.7 and 4.1. However, treating the activated 248 carbons with dilute HCl introduced also a large quantity of oxygen functionalities on the carbon 249 surface [38] as a side effect (O contents of respectively 8.0, 11.6 and 18.2% for MNS, M50-C50 and 250 CF). Only small relative decreases in N-content occurred, most likely due to the relative increase in 251 oxygen functionalities rather than extensive removal of nitrogen species in the activated carbons as 252 treatment of activated carbons with HCl, does not affect the organic N-species to a large extent [39].

The ultimate purpose of the physical activation was to create porosity by removing carbon species
from the biochar carbon framework. To assess this a nitrogen physisorption experiment of the

activated carbons was carried out, Figure 3.



256

257

258 Figure 3: Porous characteristics of the activated carbons as determined by N₂-physisorption experiments 259 The specific surface area of MNS was highest of the three tested activated carbons with 707 m²/g, 260 however M50-C50 showed a marginally lower BET surface area of 670 m²/g. CF had a lower specific 261 surface area of 463 m²/g. Hence, co-pyrolyzing CF and MNS did not significantly decrease the specific 262 surface area of the activated carbons. The activated carbons were mostly microporous (around 60% 263 of the total pore volume), but also a significant fraction of mesoporosity was present (40%). This 264 distribution could be beneficial for capacitive applications as both pore sizes play a distinctive role in 265 charge-storage processes [40].

266 After washing the porosity of all activated carbons increased, as observed from the nitrogen 267 physisorption isotherms (Figure S1), the greatest improvements were observed for MNS and M50-268 C50, for CF the increases were less pronounced. In terms of specific surface area only minor changes 269 were observed after washing, for MNS it increased from 707 to 752 m²/g, for M50-C50 from 670 to 676 m²/g and decreased for CF from 463 to 452 m²/g. However, investigating the total pore volumes 270 271 of the activated carbons shows a different phenomenon, these were all increased after washing. 272 From respectively 0.402, 0.403 and 0.262 cm³/g for MNS, M50-C50 and CF to 0.628, 0.602 and 0.316 273 cm³/g after washing. For MNS and M50-C50 this was mostly driven by an increase in mesoporosity, 274 while for CF microporosity increased after washing. Compared with the commercial benchmark 275 (Table 1) the specific surface area and microporosity of all the washed and unwashed activated 276 carbons was significantly lower. However, their mesoporosity, especially in the case of MNS-W and 277 M50-C50-W, was increased.

- 278 To elucidate the different types of porosity development after washing, XRF analysis was done to
- 279 determine which metal species were removed from the activated carbons.





Figure 4: Composition of the ash fraction of pristine and demineralized activated carbons

282 In terms of mineral composition, the most abundant inorganic compounds in the activated carbons 283 are displayed in Figure 4. For MNS, these were in decreasing order of abundance Fe, K, Al, Ca, S, P, 284 Mg and Na. For CF, the composition was slightly different, with Ca, P, K, Na, Mg, Fe, S and Al. M50-285 C50 showed a combination of both CF and MNS, which was expected as most minerals do not 286 volatize during the thermochemical conversion processes [32]. For all activated carbons the removal 287 of the different fractions of ash are high (>60% removal of total ash), which explains the heightened 288 porosity for all three activated carbons. The demineralization of MNS and M50-C50 increased their 289 mesoporosity significantly, as this could be due to the opening of blocked pores which were 290 previously not accessible [41]. The large removal of the mineral cations for MNS (AI 71%, Ca 89%, Fe 291 84%, K 97% and Na 100%) indicated that blocked pores are opened by the removal of the inorganic 292 salts. Similar removals were observed for M50-C50 although the retention was slightly higher for Ca 293 (85% removal), Fe (73% removal) and K (93% removal). For CF, the retentions are slightly higher 294 compared to MNS and M50-C50 for some minerals (AI, Fe and K) or similar for others (Ca, P). 295 Moreover, for Mg the retention decreases significantly with increasing contents of CF in the activated 296 carbon from 47.5% retention for MNS, to 11.6% for Mg to 2.6% for CF. S was removed to the smallest 297 extent as retentions of 61, 72 and 91% were found for MNS, M50-C50 and CF respectively, which is 298 attributed to the incorporation of S heteroatoms in the aromatic carbon structure, limiting its 299 solubility in inorganic acids. However, the difference, the increase in mesoporosity for MNS and M50-

- 300 C50 and in microporosity for CF cannot be explained by the retention of certain inorganic species.
- 301 Porosity during activation would be created by the inorganic compounds acting as hard templates on
- 302 the carbon structures which would be removed after washing, leaving imprints (mesopores) behind
- 303 [42]. One possibility would be that the chemical nature and crystallographic size of the present
- 304 minerals would be different which would result in different behavior, however further research
- 305 would be required to answer this question.
- 306 The demineralization of the activated carbons successfully removed large fractions of the ash.
- 307 Moreover, increases in mesoporosity were observed for MNS and M50-C50. Ultimately this led to
- 308 three activated carbons which had varying properties, the demineralized MNS and M50-C50 had
- 309 well-developed micro-and meso-porous structure. Moreover, CF and M50-C50 contained substantial
- 310 quantities of nitrogen after demineralization. This made the activated carbons interesting subjects
- 311 for testing as an electrode material in a supercapacitor.
- 312 Cyclic voltammetry (CV) measurements were performed to assess the specific capacitance of the
- 313 electrode materials against that of a reference commercial coconut shell based activated carbon
- 314 (Comm). The specific capacitances of the washed and unwashed activated carbons were measured
- over a wide range of scan rates (1-100 mV/s), Figure 5.
- 316





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Figure 5: A) Specific capacitance versus scan rate for symmetric coin cells B) Cyclic voltammograms for (I) M50-C50-W and (II) Comm at different scan rates

322 At low scan rates the commercial activated carbon performed best, culminating in a specific 323 capacitance of 159 F/g at a scan rate of 1 mV/s. At the same scan rate, the unwashed activated 324 carbons were ranked from high to low as MNS 66 F/g, M50-C50 54 F/g and CF 50 F/g. Washing the 325 activated carbons increased their specific capacitances, the greatest effects were observed for the 326 nitrogen-containing activating carbons, for CF the specific capacitance increased up to 66 F/g, for 327 M50-C50 the increase was up to 74 F/g. For MNS no increase in the specific capacitance was 328 observed and the specific capacitance remained at 66 F/g at a scan rate of 1 mV/s, which indicated 329 that the electrochemically active surface area for MNS did not change after washing. This contrasts 330 with the behavior of nitrogen-containing carbons where an increase of micropore volume led to an 331 increased specific capacitance at a scan rate of 1 mV/s (Figures 3 and 4). This result identifies the 332 washed co-pyrolysis activated carbon as the best performing sample thanks to its well-developed 333 porosity and favorable nitrogen-content increasing the electrochemically available active surface 334 area.

335 Increasing the scan rates lowered the overall specific capacitance, this is due to the charge transport 336 limitations which scales with the scan rate [43]. The activated carbons derived from CF and MNS 337 showed both a meso- and microporous structure. This large meso-porosity would facilitate the flux of 338 ions towards the mesopores at higher scan rates which results in the observed larger capacitance 339 compared to other samples. Commercial devices are tested and utilized using higher currents or scan 340 rates [44] (scan rates > 10 mV/s) at which all demineralized CF and MNS derived activated carbons 341 demonstrate a better compared to the commercial activated carbon [44]. Specific capacitances of 43, 39 and 38 F/g were measured for M50-C50, MNS and CF after washing, respectively, compared to 30 342 343 F/g for the commercial activated carbon at 20 mV/s. Moreover, the shape of the CV-curve is less slanted for the meso-and microporous carbons compared to the microporous commercial 344 345 benchmark, which indicates an increased contribution of capacitive charge storage (Figure 5B).

- 346 Lastly, the unwashed activated carbons all performed worse than the commercial reference, this
- 347 would be due to the inorganic compounds blocking the pores and impeding an efficient charge
- 348 transport [13].
- 349 Galvanostatic charge-discharge experiments were performed using different currents to further
- verify the finding that the washed activated carbons performed better than the commercial
- 351 reference, (Figure 6).





354Figure 6: Specific capacitance versus current measured in the galavanostatic (GCD) tests for the samples X355and Y, A) over the current range of 0.1-5 mA B) used current 1mA

- A similar trend regarding decreased specific capacitance with faster charge/discharge is observed for
- 357 the charge-discharge curves, similarly as observed in cyclic voltammetry. When the current is
- increased above 1 mA (corresponding to around 0.1 A/g), the specific capacitance of the washed
- activated carbons exceeded those of the commercial activated carbon, measured capacitances were
- 360 16.2 F/g for Comm, 17.6 F/g for CF, 19.2 F/g for MNS and 20 F/g for M50-C50. In this case a small
- 361 improvement in specific capacitance was observed for the co-pyrolysis activated carbons, owing to
- its well-developed porosity and adequately large nitrogen content. In future practical applications, a
- higher charge-rate is required, as typically supercapacitors are charged and discharged in a matter of
- 364 seconds to at most several minutes, therefore the very low scan rates and current densities are
- appropriate to uncover maximal specific capacitances of a certain material but they do not reflect
- 366 practical device behavior [45]. From the ratio of voltage drop (ΔV) over current change upon
- discharge (21) the Internal resistance of the coin cells could be calculated. These were 40.8, 34.7 and
- 368 31.5 Ω for CF, M50-C50 and MNS, respectively, after demineralization, being significantly lower than
- the internal resistance of the commercial activated carbon (185 Ω at 1 mA). To obtain more in-depth
- 370 information on the impedance characteristics of the supercapacitor coin cells, electrochemical
- 371 impedance spectroscopy was carried out (Figure 7).



373 Figure 7: Potentiostatic electrochemical impedance spectroscopy (amplitude 5 mV) 374 Three types of resistance limitations could be observed from the impedance spectra. Firstly, the 375 equivalent series resistance at high frequency (the ohmic resistance of the complete cell with all its 376 parts) was found to be similar for the three carbons (5.8, 9.9 and 5.7 Ω for CF, M50-C50 and MNS 377 respectively) and smaller compared to the commercial activated carbon 21 Ω . Moreover, all three 378 demineralized activated carbons showed good compatibility with the EC/DEC electrolyte surface as 379 the interfacial impedance is low, evidenced by the absence of the characteristic semi-circle [46], 380 which is clearly pronounced for the commercial activated carbon (Figure 7). The interfacial 381 impedance of activated carbon is determined by the diffusion rate of the ions inside electrolyte 382 towards the micropores, hence this could be improved by the presence of mesopore channels in the 383 activated carbons or by the presence of heteroatoms on the activated carbon surface which 384 increases the wettability of the electrodes [22]. At low frequencies the impedance is dominated by 385 the more sluggish phenomena such as diffusion within the micropores reflected in the steady rise of 386 imaginary part of the impedance [46]. This is similar for all four tested activated carbons as all

387 samples contain a certain quantity of accessible micropores. One of the most important

388 supercapacitor properties is their cycling stability, which was tested for 10 000 cycles (Figure 8).



389

Figure 8: Cycling stability of MNS-W and M50-C50-W using a current density of 1 A/g and a voltage window
 0-2.5 V

392 The cycling stability of the washed activated carbons was assessed over 10 000 cycles at 1 A/g. The washed CF activated carbon malfunctioned after 120 cycles, therefore this sample is not displayed in 393 394 Figure 8 but added in supplementary material (Figure S3). One of the possible reasons for its 395 malfunctioning is its high oxygen content (18 wt%) which could have caused the formation of 396 irreversible redox reactions with the organic electrolyte, resulting in electrolyte degradation and 397 formation of gaseous products, ultimately leading to device failure [47]. M50-C50 and MNS-based 398 supercapacitors could be effectively cycled for the desired testing period. Both showed moderate 399 capacitance retentions of 73.5% and 76.2% for M50-C50 and MNS, respectively, after 10 000 cycles. 400 In terms of specific capacitance this corresponds to 5.9 F/g and 6.6 F/g for MNS and M50-C50, 401 respectively. The decrease in the specific capacitance over the cycling period might be associated 402 with the irreversible charge transfer reactions happening, also due to the presence of oxygen on the 403 carbon surface. Previous research has shown that cycling oxygen-rich activated carbons in organic 404 electrolytes leads to the electrolyte degradation. The resulting degradation products would

- 405 accumulate in the activated carbon's pores which would lower the electrochemically available
- 406 surface area and subsequently the specific capacitance of the material [48]. One of the proposed
- 407 strategies which could have improved the functionality of the activated carbon's in organic
- 408 electrolytes would have been a high-temperature annealing step to remove surface oxygen groups.
- 409 Ultimately, CF-MNS based activated carbons have shown promising initial potential to be used as
- 410 electrode materials in activated carbons, due to a good combination of meso- and micro-porosity.

412 **4 Conclusions**

- 413 Co-pyrolyzing and physically activating CF and MNS yields promising nitrogen-rich activated carbon 414 which can be applied in supercapacitor devices. The co-pyrolysis increased the nitrogen retention 415 during the pyrolysis from 9% to 18% compared to CF pyrolysis. Moreover, the porous characteristics 416 of the blended activated carbons were comparable to those of MNS, yielding a good mix of micro-417 and mesopores. Moreover, demineralization increased both meso-and microporosity of this 418 activated carbon, which resulted in a specific capacitance of 66 F/g at 1 mV/s, which was lower than 419 a commercial activated carbon 159 mV/s. Nevertheless, at higher scan rates (20 mV/s) the co-420 pyrolysis activated carbon outperformed the commercial, 43 versus 30 F/g, thanks to its abundance 421 of mesopores which enabled fast charge delivery. Lastly, cycling stability tests showed a moderate 422 stability of 73% of capacitance retention over 10000 cycles at 1 A/g for ? sample. The addition of an 423 annealing step to remove oxygen functionalities was proposed as a strategy to improve the cycling
- 424 stability.

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575 Supplementary information



578 Figure S1: Nitrogen physisorption isotherms of demineralized and pristine activated carbons











Figure S3: Cycling stability of CF-W (1 A/g, voltage window 0-2.5 V)